

21st September 2020

RE: Physical Education Lessons

Dear Parents/Carers

Following a review of our current practices and procedures, we are delighted to inform you that we are able to resume PE lessons for Years 8-11 from Monday 21st September, and for Year 7 students from Friday 25th September. The importance of social distancing, cleaning changing rooms between year group bubbles, and sterilising equipment has been our main priority. We can now assure you that this is fully supported.

We have ensured the following procedures are in place to minimize any health and safety risk related to COVID-19:

- Changing rooms will be sanitized and sterilised between every bubble.
- One-way entry and exit procedures to avoid year group bubbles crossing over.
- Sanitizer, soap and paper towels provided for use before and after PE.
- All equipment (including bibs) will not be shared across year group bubbles. Equipment will also be sanitized and sterilised at the end of every day.
- PE teachers will follow the guidance of the relevant NGBs when teaching all sports and activities. Unnecessary physical contact will be reduced as much as possible.

Students will be expected to come into school in normal school uniform, with their PE kit in their bags, and will be able to get changed as usual. As stated, changing rooms will be thoroughly sanitized before each use. We believe this is far more hygienic than students arriving in PE kit and potentially sitting in damp, sweaty kit all day.

Students will be given one week's grace to ensure they have the correct PE kit (as long as Rivals have stock back in by next week). If students don't have the correct kit they will be expected to bring in an alternative that is as close to our school kit as possible (for the first week only). If they have no kit, they will be sent to Reflection.

We advise you to consult your child's timetable to see what days they have PE as they differ depending on T/J band and Week A/B. If students have PE during Period 5 (or Period 4 on Thursdays) they will be released from PE at the end of the school day (3.20 Monday-Wednesday and Friday, and 2.30 on Thursdays) and not necessarily at the same time as their year group bubble. Rest assured, PE teachers will be on hand outside the Sports Hall to usher students off-site as quickly as possible.

We hope your child is looking forward to resuming their PE lessons as much as we are.

Yours sincerely



Mr J Nuttall
Director of Sport