



The Abbey School

"BE THE BEST YOU CAN BE"

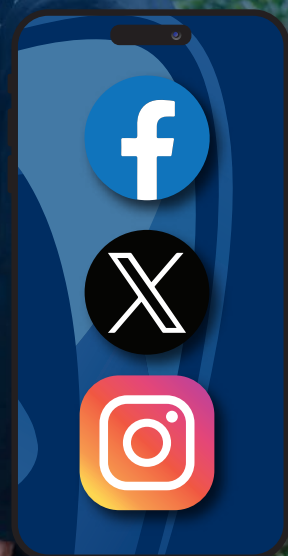
Weekly Newsletter 2024/25

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Date: 16/05/25



THE HOWARD
Academy Trust



BOOK A TOUR TODAY!

Choosing the right school for your child is one of the most important decisions you'll make. At The Abbey School, we provide a supportive, inclusive, and high-achieving environment where every student is encouraged to reach their full potential.

What You Can Expect to See on Your Visit:

- Engaging Lessons & Inspiring Teaching – See our dedicated staff in action, delivering high-quality education.
- Excellent Facilities – Modern classrooms, specialist subject areas, a well-equipped sports hall, and vibrant social spaces.
 - Strong Pastoral Care – A nurturing and inclusive community where every child is supported.
 - Enriching Opportunities – A variety of clubs, trips, and extracurricular activities that enhance learning and personal development.
- A Safe and Welcoming Environment – High expectations, respect, and ambition at the heart of everything we do.

Accessibility & Inclusivity

We are committed to making The Abbey School accessible for all visitors. Our site offers:

- Step-free access and wheelchair-friendly pathways.
 - On-site parking, including accessible bays.
- Easily accessible location with good transport links.

Come and see The Abbey School in action! Book a tour today and experience firsthand why we are the perfect choice for your child's future.



EXAM TIMETABLE

Below are all the exams that will be taking place next week!

Exam	Date	Subject	Level	Start Time	Finish Time
Combined Sci Trilogy Chemistry P1f	Mon, 19 May 2025	Science	GCSE	09:00	10:15
Combined Sci Trilogy Chemistry P1h	Mon, 19 May 2025	Science	GCSE	09:00	10:15
Chemistry Paper 1 Tier H	Mon, 19 May 2025	Chemistry	GCSE	09:00	10:45
National & Global Economy	Mon, 19 May 2025	Economics	A Level	13:30	15:30
Dance Adv Written	Tue, 20 May 2025	Dance	A Level	09:00	11:30
Business Adv Paper 2	Tue, 20 May 2025	Business	A Level	09:00	11:00
English Literature Paper 2	Tue, 20 May 2025	English Lit	GCSE	09:00	11:15
Uk Politics	Tue, 20 May 2025	Politics	A Level	13:30	15:30
Listening (F)	Wed, 21 May 2025	French	GCSE	09:00	09:35
Listening (H)	Wed, 21 May 2025	French	GCSE	09:00	09:45
Psychology Adv Paper 2	Wed, 21 May 2025	Psychology	A Level	09:00	11:00
Reading (F)	Wed, 21 May 2025	French	GCSE	09:45	10:30
Reading (H)	Wed, 21 May 2025	French	GCSE	09:55	10:55
Religious Studies A P2a Excl Text	Wed, 21 May 2025	R.S	GCSE	13:00	14:45
"Religious Studies SC 8061 (P1 Buddhism, P2 Christianity, P5 Themes)"	Wed, 21 May 2025	R.S	GCSE	13:30	15:15
English Literature A Adv P2 Opt A	Thu, 22 May 2025	English Lit	A Level	09:00	11:30
Combined Sci Trilogy Physics P1f	Thu, 22 May 2025	Science	GCSE	09:00	10:15
Combined Sci Trilogy Physics P1h	Thu, 22 May 2025	Science	GCSE	09:00	10:15
Children's Development	Thu, 22 May 2025	Child Dev	BTEC L3	09:00	10:45
Physics Paper 1 Tier H	Thu, 22 May 2025	Physics	GCSE	09:00	10:45
Geography Adv Paper 2	Thu, 22 May 2025	Geography	A Level	13:30	16:00
Sprt Sci: Rdcng Risk Sprts Injry Wtn	Thu, 22 May 2025	Sport	GCSE	13:30	14:45
English Language Paper 1	Fri, 23 May 2025	English Lan	GCSE	09:00	10:45
Germany 1918 89	Fri, 23 May 2025	History	A Level	09:00	11:15



SPOTLIGHT ON PE

Sport Science Exam Season Underway – Good Luck to All!

As we enter exam season, we'd like to wish all our students the very best of luck in the weeks ahead. This is a crucial time of year, and we're proud of how hard everyone has been working in preparation.

Our Year 12 students are sitting important external exams this month. The Anatomy and Physiology exam takes place on Wednesday 14th May, followed by the Business in Sport exam on Friday 16th May. We know they've been revising thoroughly and are ready to show what they can do.

Some of our Year 11 students will be retaking their R180 Cambridge National in Sport Science exam on Thursday 22nd May. This is a great opportunity for them to improve on their previous performance. Year 10 students are also working hard behind the scenes.

Their coursework for Unit R181 (Cambridge National in Sport Science) is due in on Thursday 15th May. They are expected to demonstrate strong understanding and practical application of their learning.

We kindly ask parents and carers to continue encouraging students to revise regularly and stay focused. Every bit of preparation helps.

Good luck to all students – you've got this!

Extra-Curricular Sport – Get Involved!

We're thrilled to offer a wide range of extra-curricular sports clubs this term, and we encourage every student in Years 7–9 to take part in at least one! Whether you want to try something new, improve your skills, or just have fun with friends, there's something for everyone.

Badminton Club runs every Monday for boys and girls in Years 7–9 – see Miss Chapman to get involved. On Tuesdays, join Football Club (Years 7–9, boys and girls) with Mr. Nuttall. For our budding softball stars, Year 8 Softball is on Mondays with Mr. Long, and Year 7 Softball takes place Thursdays with Mr. Johnson. Also on Thursdays, all girls in Years 7–9 are welcome at Rounders Club with Miss Muckian.

All clubs run from 3:30pm to 4:30pm, and selected students may take part in fixtures that. These clubs are a brilliant way to stay active, meet new people, and have fun outside of the classroom.

So, grab your kit and get involved – we can't wait to see you there!

SPOTLIGHT ON MATHS

SPARX SUCCESS

1,000,000

1 Million - $10 \times 10 \times 10 \times 10 \times 10 \times 10$ - 1×10^6

1,000,000 questions answered this year by students on the maths homework platform!

Nearly 15,000 hours of independent study.

That is an average of 30 minutes per student per week.

Top 5 Students for Independent Study

Students earn XP for completing tasks in their homework or doing additional work in Independent Learning and as we reach the 1,000,000 milestone, we wish to congratulate the following individuals for their hard work and efforts this year. As recognition of your hard work, you will receive the Sparx Award and badge for 24/25.

Whole school ranking	Name	Year	Points
1	Maxwell SF	7	34,787 XP
2	Brandon H	8	32,072 XP
3	Tinashe K	10	31,191 XP
4	Mitchell J	7	31,190 XP
5	Colton Owen	8	30,903 XP



GCSE MATHS REVISION BREAKFAST

 π \div \sqrt{x}

Fuel your brain with
food and formulas!



Thursday 15th May
Wednesday 4th June
Wednesday 11th June
7:45 – 8:30



Year 11
students



Maths corridor

CULTURE DIVERSITY DAY

Next Friday, The Abbey School will be having a cultural dress day to celebrate the wide variety of cultures and customs we have.

This event is open to all staff and students!

Every student can wear something that expresses their cultural heritage, either through a symbol, or items of clothing. This could range from a kilt or sari, to an African dress or a Poncho. Alternatively, students may want to wear a t-shirt or jumper with a symbol of their culture on it, such as a flag.

Whatever they choose to wear, we need to ensure that all students are also able to partake in the usual activities for school on that day.

Therefore, the below MUST be followed:

- Ø The Abbey bag MUST be used throughout the day, no other bags are acceptable
- Ø Sensible footwear – no sandals or crocs or flip flops or unsafe footwear
- Ø Items that students can move around in and can be worn for activities such as science and design and food technology
- Ø No offensive logos or anything which suggests that one culture is superior to another
- Ø No dressing in costumes or anything unsuitable for school activities
- Ø The same rules for jewellery apply – one ring and one small set of ear studs
- Ø No sports shirts for a particular team, it must be the nation
- Ø If a pupil has PE on the day they have a choice of what they do:
 - 1) Wear their normal PE kit
 - 2) Take part in cultural clothing and BRING their PE kit
 - 3) Wear something cultural that can be worn for PE – However, proper trainers for PE MUST be worn for PE lessons, no exceptions

There is no obligation for students to take part in this day, and if they choose not to, then they will just wear their usual school uniform.

If students would like to partake of this opportunity, we ask that they bring in £1. As this is a cultural day, the money raised from this event will go towards creating a new Well-being space for the students.



WE ARE RECRUITING!

APPLY NOW

The Local Academy Board at The Abbey School is seeking to recruit new parent governor, preferably with experience or knowledge in education, safeguarding, careers, or other public sector organisations.

We welcome applications from individuals with a genuine interest in school improvement, and training will be provided.

Local Academy Board members are typically involved in monitoring activities aligned with the School Development Plan and current improvement priorities.

The Board meets four times per year, with a mixture of face-to-face and virtual sessions. Meetings focus on key areas such as student progress and attainment, attendance and engagement, well-being, teaching and learning, community links, finance, personnel, and site management.

In addition to attending meetings, Local Academy Board members are encouraged to support the school through formal and informal visits, with opportunities to participate in events throughout the academic year.

If you would be interested in being a Local Academy Board member, please contact the school on 01795 532633 or email Clair Foskett, PA to Principal cfoskett@abbeyschoolfaversham.co.uk for more information.



**The Abbey
School**



Abbey School Sixth Form

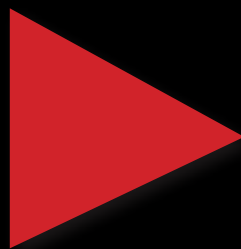
Are you ready to take the next step in your academic journey?

At The Abbey School, our Sixth Form offers an outstanding opportunity for you to thrive, not just in your studies, but as an individual.

We are a vibrant and inclusive community which supports our young people to develop the knowledge and skills necessary to make the successful transition to the next stage of their education or employment.

Find out more about our Sixth Form here:

<https://www.theabbey-that.org.uk/sixthform>



PASTORAL SPOTLIGHT ON.... HEALTHY CHOICES

Sleep Routines

We all lead busy and stressful lives, and young people in particular can spend a significant amount of time using screens and technology.

Many of our students are studying for exams which can have an effect on the downtime they have in the evenings and weekends.

There is a great deal of evidence to show that some time spent relaxing, and away from screens, can be beneficial for good quality sleep. Stress is disruptive to sleep, and the blue light and brain stimulation from screens and devices disrupts the chemicals in the body – melatonin in particular – which then disrupts the natural circadian rhythms of the body.

Sleep deprivation can lead to a range of difficulties such as poor focus, low energy, poor cognition and recall, and physical health problems.

There are things we can all do to ensure good quality sleep.

- Try to keep to a routine involving switching off devices
 - Spend some time relaxing away from devices
 - Listen to music
 - Read a book
 - Gentle exercise such as walking or yoga
 - Journaling or drawing
 - Avoiding stimulants such as caffeine
- Use a mindfulness app such as Headspace

Making small adjustments to your routine can lead to improvements in wellbeing, setting us up for a positive day.

Online help can be found at –

www.nhs.uk
www.calm.com
www.headspace.com



ATTENDANCE REWARDS

WHAT DO I NEED TO DO TO BE IN WITH A CHANCE TO WIN?

BE IN 100% OF THE YEAR. BE IN 100% FROM 03/03/2025. ATTENDANCE GOLDEN TICKETS. YEAR 11 BE IN 100% UNTIL END OF TERM 5. YOU COULD BE ENTERED INTO ALL OF THESE IF YOU MEET EVERY ONE OF THE ATTENDANCE LEVELS! YOU'VE GOT TO BE IN TO WIN!

THE LINK BETWEEN ATTENDANCE & ATTAINMENT

THE IMPACT ABSENCE HAS ON YOUR ATTENDANCE RATE:

TOTAL NUMBER OF DAYS OFF IN A SCHOOL YEAR	ATTENDANCE RATE %	ACTUAL ATTENDANCE	LEARNING HOURS LOST
0	100%	190 DAYS	0
10	95%	180 DAYS	475
20	90%	170 DAYS	95
30	85%	160 DAYS	142.5
40	80%	150 DAYS	190



ABOVE 95% ATTENDANCE =

VERY GOOD CHANCE OF 5 GCSEs

ABOVE 94% ATTENDANCE =

GOOD CHANCE OF 5 GCSEs

ABOVE 92% ATTENDANCE =

FAIR CHANCE OF 5 GCSEs

ABOVE 90% ATTENDANCE =

LESS THAN 50% CHANCE OF 5 GCSEs

88% ATTENDANCE =

LESS THAN 35% CHANCE OF 5 GCSEs

LESS THAN 85% ATTENDANCE =

LESS THAN 30% CHANCE OF 5 GCSEs

Easy Fundraising Initiative

Supporting our Schools Together

The Howard Academy Trust has launched a new fundraising initiative to benefit all schools within the Trust, including The Abbey School. The Easy Fundraising platform provides an effortless way for parents, carers, staff, and the wider community to raise funds simply by shopping with participating retailers.

Getting involved is easy:

Visit the Easy Fundraising page for The Abbey School:

<https://www.easyfundraising.org.uk/causes/the-abbey-school-faversham/>
or click the QR code below.



Register and select The Abbey School as your cause.
Shop as usual with participating retailers, and donations will be made automatically.

We would also greatly appreciate your help in spreading the word about this initiative to your networks. Every contribution, no matter how small, makes a real difference across the Trust.

If you have any questions about this initiative, please visit the link below which will take you to a FAQ page.



HIRE OUR FACILITIES

CLICK THE QR CODE TO BOOK NOW!



HISTORY REVISION

As we approach the exam season there are a couple of key announcements from the History Department.

Revision Breakfasts

With exams around the corner, it means the return of the popular 'Revision Breakfasts' that the History Department will be running throughout the exam period. On the morning of each exam, students are invited to come to A1 – from 7:30am – to have some light breakfast snacks and go over key content and exam skills to fuel up and calm their nerves before the big event.

We have run these revision breakfasts for four years now, and they have been well received by students every time. It is a great opportunity to calm the nerves, and past students have consistently remarked on how helpful it was to have that final push before going into the exams hall.

Dates for each of the sessions are below:

- Friday 16th May – Medicine Through Time
- Thursday 5th June – Anglo-Saxon & Norman England + Cold War Superpower Relations
- Tuesday 10th June – Weimar & Nazi Germany

There is no need to confirm attendance, however if you have any questions then please do not hesitate to get in touch by email:

wkenning@abbey-school-faversham.co.uk

Resources Return

You may recall that earlier in the year I wrote to inform you of the Revision Pack that students were given – comprising a resource booklet and Pearson Edexcel GCSE History Flashcards. Firstly, I'd like to take this opportunity to say that if they have been gathering dust across the past couple of months – now is the time to get stuck in to them! They are a fantastic resource, and save students hours of crucial revision time as well as meaning that they can do revision on the go.

Secondly, as we look toward preparing revision packs for next year's cohort, we kindly ask that these flash cards and folders be returned by the end of the history exams. I will be able to collect them at the final revision breakfast (10th June), but will also keep an amnesty box in my classroom for students to drop them off.

If you have any questions, please don't hesitate to get in touch.

Consideration In The Community

Most of you are wonderful ambassadors of the school through your kind and considerate actions towards others in our local community, especially when travelling to and from school.

Remember its **not fair** for anyone to be allowed to deliberately make life miserable for others. **We will never tolerate nasty behaviour or bullying towards those in our school community.** Always ask an adult for help if you are being treated unkindly or if you feel frustrated about the ways others are treating you.

DO

Move aside on the pavement to allow to use it.

Speak using appropriate tone and at a sensible level to those you are with, using language that is not offensive or swearing.

Cross roads safely, using the bridge to navigate the A2 and by looking up and checking the traffic for all other streets where there are no pedestrian crossing facilities

DO NOT

Monopolise the whole pavement space by walking in a group forcing elderly, those with prams or indeed anyone from the community into the road.

Shriek, shout, threaten or swear to those around you, be they friends, members of the public or students who attend other schools - this is intimidating behaviour brings our school into disrepute and this will be followed up and dealt with.

Run across the A2, this is a busy road with TWO speed cameras on it for a reason - the number of accidents. DO NOT become a statistic (injured or worse). Do not walk out directly in front of cars and expect them to stop.

Knowledge Organiser

The Abbey School

Please click on what year group you are in below to access all of the Knowledge Organisers for Term 5!

Year 7

Year 8

Year 9

Year 10

Year 11

Year 12

Year 13



STARS OF THE WEEK

Well done to our Stars of the Week for w/c 12th May 2025!
KEEP UP THE AMAZING WORK!



Jamie L
Year 7
35HP



Matthew M
Year 8
36HP



Jaden K
Year 8
48HP



Chantilly
Year 10
80HP



STAGGERED DISMISSAL TIMES W/C 19TH MAY

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Mon, Tues, Thurs	3.20	3.25	3.30	3.15	4.30	3.30	3.30
Friday Only	1.55	1.50	1.45	1.40	2.00	2.00	2.00

#WAKE UP WEDNESDAY

Celebrating Your Achievements



Email us your child's achievement
info@abbeyschoolfaversham.co.uk

What Parents & Educators Need to Know about MINECRAFT

And the best-selling game of all time, Minecraft is a bastion of creativity and community, with hundreds of millions of players building and crafting in its vibrant endless world. The popularity of Minecraft among gamers of all ages means it's important to remain informed about the game, including how to play it safely and whether it's suitable for the children in your care. That's why we've created this guide explaining the risks associated with Minecraft and how to ensure a purely enjoyable gaming experience.

WHAT ARE THE RISKS?

SCARY ELEMENTS
While Minecraft is a family-friendly game, it does contain some scary elements. These include: dark, atmospheric music; a creepy, low-pitched voice; and a dark, atmospheric music. These elements are designed to create a sense of mystery and adventure, but they can be unsettling for some children.

GRIEVING
Grieving is a natural part of life, and it's important to acknowledge it. In Minecraft, players can lose their hard-earned items and structures, which can be frustrating and even lead to griefing (the act of destroying other players' work). It's important to teach children how to handle griefing and to encourage them to build back up.

ADDICTIVENESS
Minecraft is a highly addictive game, and it's important to monitor your child's playtime. Excessive playtime can lead to sleep deprivation, lack of exercise, and other health issues. It's important to set boundaries and encourage a balanced lifestyle.

PUBLIC SERVERS AND COMMUNICATIONS
Minecraft has a large online community, and many players join public servers. These servers can be a great way to meet new friends and play with others, but they can also be a source of risk. Public servers can be unmoderated, and players can be exposed to inappropriate language, behavior, and even harassment. It's important to teach children how to use public servers safely and to encourage them to report any problems.

ADDITIONAL PURCHASES
Minecraft is available on a variety of platforms, and it's important to be aware of the costs involved. The game itself is a one-time purchase, but there are many additional purchases available, including skins, mods, and server hosting. It's important to teach children how to make responsible purchasing decisions and to encourage them to use their money wisely.

Advice for Parents & Educators

CHOOSE THE RIGHT MODE
Minecraft has two main modes: Survival and Creative. Survival mode is more challenging and involves managing resources, while Creative mode is more relaxed and allows for unlimited building. It's important to choose the mode that is most appropriate for your child's age and interests.

HOST A PRIVATE SERVER
If you want to ensure that your child is playing with friends and family, you can host a private server. This allows you to control who can join the game and to set rules and guidelines. It's important to teach children how to use a private server safely and to encourage them to report any problems.

TALK ABOUT STRANGERS
Minecraft has a large online community, and it's important to teach children how to interact with strangers. Strangers can be a great way to meet new friends, but they can also be a source of risk. It's important to teach children how to use public servers safely and to encourage them to report any problems.

RESEARCH CONTENT CREATORS
Minecraft has a large online community, and it's important to research content creators. Some creators are known for their positive and educational content, while others are known for their inappropriate behavior. It's important to teach children how to use public servers safely and to encourage them to report any problems.

Meet Our Expert
David Coleman is a former teacher and a Minecraft expert. He has written several books and articles about the game, and he is a frequent speaker at Minecraft conferences. He is a great resource for parents and educators who want to learn more about Minecraft.

Wake Up Wednesday
The National College

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IN CASE YOU MISSED IT,
CLICK HERE TO SEE OUR PREVIOUS
NEWSLETTER!





NHS



**SPORTS
CONNECT**



kooth



SATEDA
Empowering women, ending domestic abuse



**citizens
advice**



ageUK



**Kent
Family
Hub**



**SOUTHERN
HOUSING**



**SHEPPEY
MATTERS**



withyou



Swale
BOROUGH COUNCIL



**SUNDAY
8TH
JUNE**

SWALE POLICE COMMUNITY DAY

**APPLEYARD SPORTS GROUND
CORE COURT RD. ME10 1QN
10AM - 3PM**



**FREE
ENTRY**

COME ALONG TO LEARN ALL ABOUT SERVICES AND SUPPORT AVAILABLE IN SWALE!

- Free NHS health checks available on site
- Domestic abuse support
- Housing support
- Drug and alcohol services
- Animal welfare support
- Mental Health Support
- Support for the elderly
- Fire safety advice
- Youth engagement
- Community Projects
- Come have a go at Archery, Football and more
- Music by Sheppey FM

**BBQ, DRINKS, ICE CREAM AND FACEPAINTING
AVAILABLE ON SITE
DISPLAYS TO WATCH THROUGHOUT THE DAY**



NO EXCUSE FOR ABUSE

At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.





The Abbey School
Faversham
Kent
ME13 8RZ

www.theabbey-that.org.uk

info@abbeyschoolfaversham.co.uk

01795 532733



Attendance Office

01795 542477

attendance@abbeyschoolfaversham.co.uk

“BE THE BEST YOU CAN BE”



The Abbey
School