



The Abbey School

"BE THE BEST YOU CAN BE"

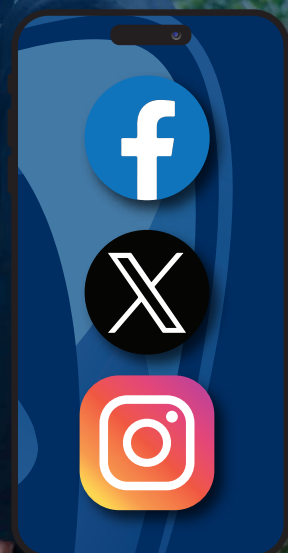
Weekly Newsletter 2024/25

Issue Number: 27

Date: 09/05/25



THE HOWARD
Academy Trust



BOOK A TOUR TODAY!

Choosing the right school for your child is one of the most important decisions you'll make. At The Abbey School, we provide a supportive, inclusive, and high-achieving environment where every student is encouraged to reach their full potential.

What You Can Expect to See on Your Visit:

- Engaging Lessons & Inspiring Teaching – See our dedicated staff in action, delivering high-quality education.
- Excellent Facilities – Modern classrooms, specialist subject areas, a well-equipped sports hall, and vibrant social spaces.
 - Strong Pastoral Care – A nurturing and inclusive community where every child is supported.
 - Enriching Opportunities – A variety of clubs, trips, and extracurricular activities that enhance learning and personal development.
- A Safe and Welcoming Environment – High expectations, respect, and ambition at the heart of everything we do.

Accessibility & Inclusivity

We are committed to making The Abbey School accessible for all visitors. Our site offers:

- Step-free access and wheelchair-friendly pathways.
 - On-site parking, including accessible bays.
- Easily accessible location with good transport links.

Come and see The Abbey School in action! Book a tour today and experience firsthand why we are the perfect choice for your child's future.



EXAM TIMETABLE

Below are all the exams that will be taking place next week!

Exam	Date	Subject	Level	Start Time	Finish Time
English Literature Paper 1	Mon, 12 May 2025	English Lit	GCSE	09:00	10:45
Markets & Bus. Behaviour	Mon, 12 May 2025	Economics	A Level	09:00	11:00
Human Lifespan Development	Mon, 12 May 2025	H & S Care	BTEC L3	13:30	15:00
Geography Adv Paper 1	Tue, 13 May 2025	Geography	A Level	09:00	11:30
"Religious Studies A P1 1 Buddhism 3 Christianity "	Tue, 13 May 2025	R.S	GCSE	09:00	10:45
Combined Sci Trilogy Biology P1f	Tue, 13 May 2025	Science	GCSE	13:30	14:45
Combined Sci Trilogy Biology P1h	Tue, 13 May 2025	Science	GCSE	13:30	14:45
Biology Paper 1 Tier H	Tue, 13 May 2025	Biology	GCSE	13:30	15:15
Business Adv Paper 1	Wed, 14 May 2025	Business	A Level	09:00	11:00
Geography Paper 1	Wed, 14 May 2025	Geography	GCSE	09:00	10:30
English Literature A Adv P1	Wed, 14 May 2025	English Lit	A Level	13:30	16:30
Anatomy And Physiology	Wed, 14 May 2025	Sport	BTEC L3	13:30	15:00
Non Calculator (F)	Thu, 15 May 2025	Maths	GCSE	09:00	10:30
Non Calculator (H) (1MA1 1H)	Thu, 15 May 2025	Maths	GCSE	09:00	10:30
Criminology Unit 2: Paper Based	Thu, 15 May 2025	Criminology	A Level	13:30	15:00
Personal And Business Finance	Thu, 15 May 2025	Business	BTEC L3	13:30	15:30
Psychology Adv Paper 1	Fri, 16 May 2025	Psychology	A Level	09:00	11:00
Investigating Business In Sport & Th	Fri, 16 May 2025	Sport	BTEC L3	09:00	12:00
Medicine In Britain	Fri, 16 May 2025	History	GCSE	09:00	10:20
Information Technology Systems	Fri, 16 May 2025	ICT	BTEC L3	13:30	15:30





CELEBRATING YOUR ACHIEVEMENTS!

Harry began attending Fire Cadets in Year 10, and this year, he has taken on a leadership role as a Crew Manager. He was recently promoted to Watch Manager, where he now supports and mentors other cadets in the program.

This week, he was awarded the prestigious National Fire Chiefs Council Silver Cadet Certificate in recognition of his dedication. Harry compered the passing out ceremony at Rochester Fire Station — presenting awards and introducing special guests at an event attended by fellow cadets, their families, and the Chief of Kent Fire and Rescue.

Well done Harry!

A young woman, Natalie C, is standing in a large indoor swimming pool. She is wearing a grey hoodie with 'Swire England Water Polo' and 'WATER POLO TALENT GAMES' logos. The pool has blue lane lines and a diving board in the background. The text 'CELEBRATING YOUR ACHIEVEMENTS!' is overlaid in large white letters.

CELEBRATING YOUR ACHIEVEMENTS!

Natalie C in 9D-CHE has been working exceptionally hard both in and out of school with great success. In addition to studying hard at The Abbey School, she diligently trains for water polo between 7.45pm and 10.15pm each Tuesday, as well as an hour on Sundays in Faversham. Natalie continues to train for this by travelling to Croydon every other Friday to practise from 7.00pm to 9.15pm at the Talent centre. Natalie's dedication of time and energy to this sport is admirable and praiseworthy to say the least.

Water polo is a competitive team sport played in water between two teams of seven players each. The game consists of four quarters in which the teams attempt to score goals by throwing the ball into the opposing team's goal. Water polo, like many sports, involves great skill and Natalie dedicates hours every week due to her enthusiasm and motivation.

Not content with relaxing for the rest of the week, Natalie also attends swimming practice twice per week taking part in galas also. She does all of this as well as taking part in choir, dance club and Duke of Edinburgh, while maintaining good grades at school. Natalie completes this eventful timetable of extra-curricular activities with a wonderful smile on her face and great zest for the busy life she leads. We would like to congratulate her for these astounding efforts and accomplishments.

SPOTLIGHT ON SCIENCE

SOMETHING TO WATCH THE SECRET GENIUS OF MODERN LIFE

Click the here to watch!

SOMETHING TO READ

George's Secret Key to the Universe (2007)
George's Cosmic Treasure Hunt (2009)
George and the Big Bang (2011)
George and the Unbreakable Code (2014)
George and the Blue Moon (2016)
George and the Ship of Time (2018)

Lucy and Stephen Hawking co-authored a popular series of science-themed children's books that blend adventure fiction with real scientific concepts.

Available on the Libby app and from Faversham library.

STEM CLUB

This term, STEM Club are investigating sounds! Last week they produced their own music from plastic tubes. Stay tuned to see what they get up to next!



SPOTLIGHT ON SCIENCE

Murder in the School Canteen!

As part of the Year 7 culture capital day, pupils were tasked with investigating a recent murder that took place in the school canteen. Paul Brown, the school chef, was found dead, having been killed by Ms Jones's teapot in an argument over stolen custard creams. Looking over the crime scene 4 key forensic clues were identified and pupils needed to perform tests on them to find out who was responsible for the murder. Flame tests proved to be very popular with Miss Pearce and Mr Bond, to identify a metal powder found close to the victim. Mr Oyewole and Miss Pettipher used microscopes to find out the origin of a hair sample discovered at the scene, Mrs Mabb worked hard to take fingerprints from a silver tray and Miss Humphreys and Mr Brock showed how different fabrics can be identified using a burning technique.

The pupils engaged brilliantly with the activities on offer and we hope that they have enjoyed their introduction into the world of forensics.



GOLF ACADEMY TASTER SESSION

On Tuesday 6th May, Mr Long took 5 pupils for a taster session at Faversham Golf Course. They all had the opportunity to see what it would be like if they joined the academy this September.

They were all given a brief tour of the course and then had the opportunity to go on the driving range to practise their skills as well as have a small lesson from the club pro Stuart! It was great to see the progression they made from a brief lesson from Stuart and to see the potential each student has.

We have got 2 more taster sessions coming up over the next few weeks and if you are interested in taking part, please get in touch with Mr Long.



Faversham Golf
Academy

YEAR 13 ESCAPE ROOM

The year 13 students are coming to the end of their time at The Abbey School and were treated with a celebration breakfast and trip to The Escape Rooms in Canterbury last Friday. With A Level exams just about to start, the 6th form team organised a time of reflection in the 6th form centre, with some bacon rolls and pastries for breakfast, a display of the students' year 7 photos, a poem written by Mrs Crouch, a letter written by Miss Muckian, gifts for the leadership team, and a chance to read letters that the 6th form students had written to themselves at the start of their 6th form journey.

Group photos were taken before heading off to the Escape rooms for some competitive fun. The students had a great time and we want to wish them all the best for their exams, and their futures as they leave us soon to embark on the next part of their journey into adulthood.



PEC & GARDENING CLUB

On Thursday students from PEC and the Gardening Club ventured off site to Maytree Nursery, Dunkirk. The students had the remainder of the Superbloom budget to spend on more established plants to put in their new beds outside Dr Speller's Office. The students were divided into two groups and given half the budget each to spend. They learnt about the difference between annual and perennial plants, and had decisions to make about what they could afford and what they had to sacrifice.

The staff at Maytree Nursery were really pleased to see us and gave us lots of advice of what to buy.



WE ARE RECRUITING!

APPLY NOW

The Local Academy Board at The Abbey School is seeking to recruit new parent governor, preferably with experience or knowledge in education, safeguarding, careers, or other public sector organisations.

We welcome applications from individuals with a genuine interest in school improvement, and training will be provided.

Local Academy Board members are typically involved in monitoring activities aligned with the School Development Plan and current improvement priorities.

The Board meets four times per year, with a mixture of face-to-face and virtual sessions. Meetings focus on key areas such as student progress and attainment, attendance and engagement, well-being, teaching and learning, community links, finance, personnel, and site management.

In addition to attending meetings, Local Academy Board members are encouraged to support the school through formal and informal visits, with opportunities to participate in events throughout the academic year.

If you would be interested in being a Local Academy Board member, please contact the school on 01795 532633 or email Clair Foskett, PA to Principal cfoskett@abbeyschoolfaversham.co.uk for more information.



Faversham Golf *Academy*

STARTING SEPTEMBER 2025

TASTER SESSION DATES

14th May 4PM

If you are considering our Golf Academy this September, make sure to attend one of our taster session dates coming up in term 5.

Each session is a great chance to see the course, meet the staff involved and get some coaching.

To attend you need to make sure you contact Faversham Golf Academy via golfacademy@abbey-school-faversham.co.uk or message on Instagram, you can not attend without prior contact.

We look forward to meeting you soon.



Abbey School Sixth Form

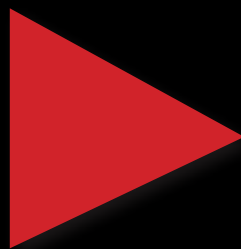
Are you ready to take the next step in your academic journey?

At The Abbey School, our Sixth Form offers an outstanding opportunity for you to thrive, not just in your studies, but as an individual.

We are a vibrant and inclusive community which supports our young people to develop the knowledge and skills necessary to make the successful transition to the next stage of their education or employment.

Find out more about our Sixth Form here:

<https://www.theabbey-that.org.uk/sixthform>



PASTORAL SPOTLIGHT ON.... HEALTHY CHOICES

Sleep Routines

We all lead busy and stressful lives, and young people in particular can spend a significant amount of time using screens and technology.

Many of our students are studying for exams which can have an effect on the downtime they have in the evenings and weekends.

There is a great deal of evidence to show that some time spent relaxing, and away from screens, can be beneficial for good quality sleep. Stress is disruptive to sleep, and the blue light and brain stimulation from screens and devices disrupts the chemicals in the body – melatonin in particular – which then disrupts the natural circadian rhythms of the body.

Sleep deprivation can lead to a range of difficulties such as poor focus, low energy, poor cognition and recall, and physical health problems.

There are things we can all do to ensure good quality sleep.

- Try to keep to a routine involving switching off devices
 - Spend some time relaxing away from devices
 - Listen to music
 - Read a book
 - Gentle exercise such as walking or yoga
 - Journaling or drawing
 - Avoiding stimulants such as caffeine
- Use a mindfulness app such as Headspace

Making small adjustments to your routine can lead to improvements in wellbeing, setting us up for a positive day.

Online help can be found at –

www.nhs.uk
www.calm.com
www.headspace.com



ATTENDANCE REWARDS

WHAT DO I NEED TO DO TO BE IN WITH A CHANCE TO WIN?

BE IN 100% OF THE YEAR. BE IN 100% FROM 03/03/2025. ATTENDANCE GOLDEN TICKETS. YEAR 11 BE IN 100% UNTIL END OF TERM 5. YOU COULD BE ENTERED INTO ALL OF THESE IF YOU MEET EVERY ONE OF THE ATTENDANCE LEVELS! YOU'VE GOT TO BE IN TO WIN!

THE LINK BETWEEN ATTENDANCE & ATTAINMENT

THE IMPACT ABSENCE HAS ON YOUR ATTENDANCE RATE:

TOTAL NUMBER OF DAYS OFF IN A SCHOOL YEAR	ATTENDANCE RATE %	ACTUAL ATTENDANCE	LEARNING HOURS LOST
0	100%	190 DAYS	0
10	95%	180 DAYS	47.5
20	90%	170 DAYS	95
30	85%	160 DAYS	142.5
40	80%	150 DAYS	190



ABOVE 95% ATTENDANCE =

VERY GOOD CHANCE OF 5 GCSEs

ABOVE 94% ATTENDANCE =

GOOD CHANCE OF 5 GCSEs

ABOVE 92% ATTENDANCE =

FAIR CHANCE OF 5 GCSEs

ABOVE 90% ATTENDANCE =

LESS THAN 50% CHANCE OF 5 GCSEs

88% ATTENDANCE =

LESS THAN 35% CHANCE OF 5 GCSEs

LESS THAN 85% ATTENDANCE =

LESS THAN 30% CHANCE OF 5 GCSEs

Easy Fundraising Initiative

Supporting our Schools Together

The Howard Academy Trust has launched a new fundraising initiative to benefit all schools within the Trust, including The Abbey School. The Easy Fundraising platform provides an effortless way for parents, carers, staff, and the wider community to raise funds simply by shopping with participating retailers.

Getting involved is easy:

Visit the Easy Fundraising page for The Abbey School:

<https://www.easyfundraising.org.uk/causes/the-abbey-school-faversham/>
or click the QR code below.



Register and select The Abbey School as your cause.
Shop as usual with participating retailers, and donations will be made automatically.

We would also greatly appreciate your help in spreading the word about this initiative to your networks. Every contribution, no matter how small, makes a real difference across the Trust.

If you have any questions about this initiative, please visit the link below which will take you to a FAQ page.



The Abbey
School

HIRE OUR FACILITIES

CLICK THE QR CODE TO BOOK NOW!



HISTORY REVISION

As we approach the exam season there are a couple of key announcements from the History Department.

Revision Breakfasts

With exams around the corner, it means the return of the popular 'Revision Breakfasts' that the History Department will be running throughout the exam period. On the morning of each exam, students are invited to come to A1 – from 7:30am – to have some light breakfast snacks and go over key content and exam skills to fuel up and calm their nerves before the big event.

We have run these revision breakfasts for four years now, and they have been well received by students every time. It is a great opportunity to calm the nerves, and past students have consistently remarked on how helpful it was to have that final push before going into the exams hall.

Dates for each of the sessions are below:

- Friday 16th May – Medicine Through Time
- Thursday 5th June – Anglo-Saxon & Norman England + Cold War Superpower Relations
- Tuesday 10th June – Weimar & Nazi Germany

There is no need to confirm attendance, however if you have any questions then please do not hesitate to get in touch by email:

wkenning@abbey-school-faversham.co.uk

Resources Return

You may recall that earlier in the year I wrote to inform you of the Revision Pack that students were given – comprising a resource booklet and Pearson Edexcel GCSE History Flashcards. Firstly, I'd like to take this opportunity to say that if they have been gathering dust across the past couple of months – now is the time to get stuck in to them! They are a fantastic resource, and save students hours of crucial revision time as well as meaning that they can do revision on the go.

Secondly, as we look toward preparing revision packs for next year's cohort, we kindly ask that these flash cards and folders be returned by the end of the history exams. I will be able to collect them at the final revision breakfast (10th June), but will also keep an amnesty box in my classroom for students to drop them off.

If you have any questions, please don't hesitate to get in touch.

Consideration In The Community

Most of you are wonderful ambassadors of the school through your kind and considerate actions towards others in our local community, especially when travelling to and from school.

Remember its **not fair** for anyone to be allowed to deliberately make life miserable for others. **We will never tolerate nasty behaviour or bullying towards those in our school community.** Always ask an adult for help if you are being treated unkindly or if you feel frustrated about the ways others are treating you.

DO

Move aside on the pavement to allow to use it.

Speak using appropriate tone and at a sensible level to those you are with, using language that is not offensive or swearing.

Cross roads safely, using the bridge to navigate the A2 and by looking up and checking the traffic for all other streets where there are no pedestrian crossing facilities

DO NOT

Monopolise the whole pavement space by walking in a group forcing elderly, those with prams or indeed anyone from the community into the road.

Shriek, shout, threaten or swear to those around you, be they friends, members of the public or students who attend other schools - this is intimidating behaviour brings our school into disrepute and this will be followed up and dealt with.

Run across the A2, this is a busy road with TWO speed cameras on it for a reason - the number of accidents. DO NOT become a statistic (injured or worse). Do not walk out directly in front of cars and expect them to stop.

Knowledge Organiser

The Abbey School

Please click on what year group you are in below to access all of the Knowledge Organisers for Term 5!

Year 7

Year 8

Year 9

Year 10

Year 11

Year 12

Year 13



STARS OF THE WEEK

Well done to our Stars of the Week for w/c 5th May 2025!

KEEP UP THE AMAZING WORK!



Jayden G
Year 7
38HP



Gvidas A
Year 7
56HP



Diamond M
Year 8
132HP



Precious W
Year 7
47HP



STAGGERED DISMISSAL TIMES W/C 12TH MAY

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Mon, Tues, Thurs	3.15	3.20	3.25	3.30	4.30	3.30	3.30
Friday Only	1.55	1.45	1.40	1.50	2.00	2.00	2.00

#WAKE UP WEDNESDAY

Celebrating Your Achievements



Email us your child's achievement
info@abbeyschoolfaversham.co.uk

10 Top Tips for Parents and Educators
FOSTERING A SENSE OF BELONGING

Feeling a genuine sense of belonging is essential for the emotional and social development of children and young people. Belonging significantly boosts self-worth, resilience, and mental wellbeing, reducing feelings of isolation and anxiety. This guide provides practical strategies to help parents and educators cultivate inclusive environments, enhancing both academic outcomes and overall happiness among young people.

- 1. CELEBRATE INDIVIDUAL DIFFERENCES**
Acknowledge and celebrate the uniqueness of every child. Promoting diversity and inclusion creates an environment where all children feel valued and accepted. Encourage children to share their experiences and perspectives, fostering a sense of community and belonging.
- 2. CONSISTENT COMMUNICATION**
Regularly communicate and actively listen to your child. Encourage open dialogue about their thoughts and experiences. Creating open communication channels allows you to understand your child's needs and concerns, fostering a sense of trust and belonging.
- 3. MEANINGFUL PARTICIPATION**
Give children opportunities to actively participate in decisions that affect them. Encourage them to share their ideas and opinions, fostering a sense of ownership and belonging. Involve them in planning and decision-making processes, ensuring their voices are heard.
- 4. FOSTER STRONG RELATIONSHIPS**
Support and encourage positive relationships between children. Encourage them to work together, share, and support each other. Building strong relationships creates a sense of community and belonging.
- 5. CREATE INCLUSIVE SPACES**
Design environments that reflect diversity and inclusivity. Ensure all children feel welcome and valued. Create spaces where all children can thrive, regardless of their background, abilities, or interests.
- 6. MODEL POSITIVE BEHAVIOUR**
Adults play a crucial role in demonstrating positive behaviour, empathy, and respect. Encourage children to emulate these behaviours, creating a positive and inclusive environment.
- 7. BUILD EMOTIONAL LITERACY**
Teach and encourage emotional expression and understanding. Encourage children to identify and name their emotions, fostering self-awareness and empathy. This helps them understand their own feelings and those of others.
- 8. SUPPORT PEER MENTORSHIP**
Encourage peer mentorship to build positive relationships and support. Encourage older children to mentor younger children, fostering a sense of community and belonging.
- 9. RECOGNISE EFFORTS REGULARLY**
Consistently acknowledge children's contributions and achievements. Celebrate their successes, no matter how small. This reinforces their sense of belonging and encourages them to continue striving for excellence.
- 10. ADDRESS BULLYING PROMPTLY**
Quickly address any incidents of bullying. Promote a culture of respect and kindness. Ensure all children feel safe and supported, creating a positive and inclusive environment.

Meet Our Expert
Avea Edwards is a Specialist of Education at The Abbey School. With extensive experience in supporting and mentoring children, she is passionate about fostering a sense of belonging and achievement. Avea is also the Head of the Wake Up Wednesday initiative at The Abbey School.

The National College

Wake Up Wednesday

Follow us on social media:
@wake_up_weds | www.thenationalcollege.co.uk | @wakeupwednesday | @wakeupweds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 07.05.2025

IN CASE YOU MISSED IT,
CLICK HERE TO SEE OUR PREVIOUS
NEWSLETTER!





NHS



**SPORTS
CONNECT**



kooth



SATEDA
Empowering women, ending domestic abuse



**citizens
advice**



ageUK



**Kent
Family
Hub**



**SOUTHERN
HOUSING**



**SHEPPEY
MATTERS**



withyou



Swale
BOROUGH COUNCIL



**SUNDAY
8TH
JUNE**

SWALE POLICE COMMUNITY DAY

**APPLEYARD SPORTS GROUND
CORE COURT RD. ME10 1QN
10AM - 3PM**



**FREE
ENTRY**

COME ALONG TO LEARN ALL ABOUT SERVICES AND SUPPORT AVAILABLE IN SWALE!

- Free NHS health checks available on site
- Domestic abuse support
- Housing support
- Drug and alcohol services
- Animal welfare support
- Mental Health Support
- Support for the elderly
- Fire safety advice
- Youth engagement
- Community Projects
- Come have a go at Archery, Football and more
- Music by Sheppey FM

**BBQ, DRINKS, ICE CREAM AND FACEPAINTING
AVAILABLE ON SITE
DISPLAYS TO WATCH THROUGHOUT THE DAY**



NO EXCUSE FOR ABUSE

At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.



The Abbey School
Faversham
Kent
ME13 8RZ

www.theabbey-that.org.uk

info@abbeyschoolfaversham.co.uk

01795 532733



Attendance Office

01795 542477

attendance@abbeyschoolfaversham.co.uk

“BE THE BEST YOU CAN BE”



The Abbey
School