

"BE THE BEST YOU CAN BE" Weekly Newsletter 2024/25

Issue Number: 30 Date: 06/06/25

THE HOWARD Academy Trust

Welcome Back!

We all hope you have a fantastic break and have a great final term of the school year!

There is a lot happening this term, please see some key dates below:

District Athletic Championships	Tuesday 10th June
DoE Bronze (Year 9)	Friday 13th - Saturday 14th June
Year 7 & 8 Internal Exams	Monday 16th - Friday 20th June
Year 10 Mock NEA	Monday 16th June - Thursday 19th June
Year 9, 10 & 12 Internal Exams	Monday 23rd - Friday 27th June
FA Spain Trip	Saturday 21st - Friday 27th June
Year 13 Prom	Friday 27th June
Year 8 HPV Vaccinations	Monday 30th - Tuesday 1st July
Sports Personality of the Year Assembly	Wednesday 2nd July
Sports Day	Friday 4th July
Year 11 Prom	Friday 4th July
End of Year Prizegiving	Thursday 10th July
Fate / Last Day of Term	Friday 18th July



BOOK A TOUR TODAY!

Choosing the right school for your child is one of the most important decisions you'll make. At The Abbey School, we provide a supportive, inclusive, and highachieving environment where every student is encouraged to reach their full potential.

What You Can Expect to See on Your Visit:

- Engaging Lessons & Inspiring Teaching See our dedicated staff in action, delivering highquality education.
- Excellent Facilities Modern classrooms, specialist subject areas, a well-equipped sports hall, and vibrant social spaces.
 - Strong Pastoral Care A nurturing and inclusive community where every child is supported.
 - Enriching Opportunities A variety of clubs, trips, and extracurricular activities that enhance learning and personal development.
 - A Safe and Welcoming Environment High expectations, respect, and ambition at the heart of everything we do.

Accessibility & Inclusivity

We are committed to making The Abbey School accessible for all visitors. Our site offers:

- Step-free access and wheelchair-friendly pathways.
 - On-site parking, including accessible bays.
- Easily accessible location with good transport links.

Come and see The Abbey School in action! Book a tour today and experience firsthand why we are the perfect choice for your child's future.









EXAM TIMETABLE

Below are all the exams that will be taking place next week!

n, 09 Jun 2025 n, 09 Jun 2025 n, 09 Jun 2025 n, 09 Jun 2025	Science Science Psychology	GCSE GCSE A Level GCSE	09:00 09:00 09:00	Finish Time 10:15 10:15 11:00
n, 09 Jun 2025 n, 09 Jun 2025 n, 09 Jun 2025	Science Psychology	GCSE A Level	09:00 09:00	10:15
n, 09 Jun 2025 n, 09 Jun 2025	Psychology	A Level	09:00	
n, 09 Jun 2025				11:00
<u> </u>	Biology	GCSE		
n, 09 Jun <u>2025</u>			09:00	10:45
	Business	A Level	13:30	15:30
10 Jun 2025	Spanish	GCSE	09:00	09:35
10 Jun 2025	Spanish	GCSE	09:00	09:45
10 Jun 2025	Politics	A Level	09:00	11:00
10 Jun 2025	Applied Science	A Level	09:00	10:30
10 Jun 2025	Spanish	GCSE	09:40	10:25
10 Jun 2025	Spanish	GCSE	09:50	10:50
10 Jun 2025	R.S	A Level	13:30	16:30
10 Jun 2025	History	GCSE	13:30	15:00
l, 11 Jun 2025	Maths	GCSE	09:00	10:30
l, 11 Jun 2025	Maths	GCSE	09:00	10:30
, 12 Jun 2025	Geography	GCSE	09:00	10:30
, 12 Jun 2025	History	A Level	09:00	11:15
, 12 Jun 2025	Food Tech	GCSE	13:30	14:50
13 Jun 2025	Science	GCSE	09:00	10:15
13 Jun 2025	Science	GCSE	09:00	10:15
13 Jun 2025	Chemistry	GCSE	09:00	10:45
13 Jun 2025	Applied Science	A Level	09:00	10:30
	10 Jun 2025 10 Jun 2025 10 Jun 2025 10 Jun 2025 10 Jun 2025 10 Jun 2025 10 Jun 2025 11 Jun 2025 12 Jun 2025 12 Jun 2025 13 Jun 2025 3 Jun 2025	10 Jun 2025 Spanish 10 Jun 2025 Politics 10 Jun 2025 Applied Science 10 Jun 2025 Spanish 10 Jun 2025 Spanish 10 Jun 2025 Spanish 10 Jun 2025 R.S 10 Jun 2025 History 10 Jun 2025 Maths 11 Jun 2025 Maths 12 Jun 2025 Food Tech 13 Jun 2025 Science 3 Jun 2025 Science 3 Jun 2025 Chemistry	10 Jun 2025SpanishGCSE10 Jun 2025PoliticsA Level10 Jun 2025Applied ScienceA Level10 Jun 2025SpanishGCSE10 Jun 2025R.SA Level10 Jun 2025HistoryGCSE10 Jun 2025MathsGCSE11 Jun 2025MathsGCSE12 Jun 2025HistoryGCSE13 Jun 2025Food TechGCSE13 Jun 2025ScienceGCSE13 Jun 2025ScienceGCSE13 Jun 2025ChemistryGCSE	10 Jun 2025 Spanish GCSE 09:00 10 Jun 2025 Politics A Level 09:00 10 Jun 2025 Applied Science A Level 09:00 10 Jun 2025 Spanish GCSE 09:40 10 Jun 2025 Spanish GCSE 09:50 10 Jun 2025 Spanish GCSE 09:50 10 Jun 2025 Rs A Level 13:30 10 Jun 2025 Maths GCSE 09:00 11 Jun 2025 Maths GCSE 09:00 12 Jun 2025 History GCSE 09:00 12 Jun 2025 Food Tech GCSE 13:30 13 Jun 2025 Science GCSE 09:00 13 Jun 2025 Science GCSE 09:00 13 Jun 2025 Science GCSE 09:00



FAREWELL **YEAR 11**

On the last day of term, Year 11 students had the opportunity to sign their classmates' shirts and attend a leaving assembly to look back on the time they had at The Abbey School.

As they get ready to embark on the next stage in their lives, whether that be Sixth Form, College, apprenticeships etc. We would like to wish you all the best! You have made us proud, and we wish you every success in the years ahead.

Go forward with confidence, and never forget—you are capable of achieving great things.





CULTURAL DIVERSITY DAY 2025

On Friday 23rd June the Abbey School community celebrated World Cultural Diversity Day, by wearing clothing which represented their identity/cultural heritage.

It was so lovely to see a whole range of cultural clothing worn by staff and students, and this provoked dialogues and the sharing of cultural traditions. We thank you all for your generous donations towards our new mental health and wellbeing space.

Throughout the last week of term, all students in years 7-10 attended a house assembly celebrating different cultural traditions around the world, ranging from Kite flying, to Mandala making, to Morris dancing. Students also learned about the mixed heritages of many celebrities, from actors, to footballers, to singers. The house team highlighted the consequences of being ignorant of other people's cultures, and how the UN works for intercultural dialogue, in order to achieve peace and sustainable development.

Next year we hope to build on this day and engage in other ways to share cultural traditions, perhaps in terms of food, and learning different languages. We thank everyone for supporting this venture and hope to see it go from strength to strength, as the importance of understanding different cultures and customs and engaging in positive and open dialogue becomes ever more important in our multicultural society.



YEAR 7 AND 8 **RESIDENTIAL TRIP**

The recent residential trip for Year 7 and 8 students was a fantastic experience filled with adventure, teamwork, and learning. Over the course of the trip, students took part in a wide range of exciting outdoor activities including gokarting, mountain biking, paddle sports, raft building, orienteering, archery, and bushcraft.

These activities not only provided plenty of fun and excitement, but also helped students develop valuable life skills such as resilience, communication, leadership, and problem-solving. Being away from the classroom gave them the chance to connect with nature, work together in new ways, and build lasting memories with their peers.

Overall, the trip was a great success and a rewarding experience for everyone involved.





WE ARE RECRUITING! APPLY NOW

The Local Academy Board at The Abbey School is seeking to recruit new parent governor, preferably with experience or knowledge in education, safeguarding, careers, or other public sector organisations.

We welcome applications from individuals with a genuine interest in school improvement, and training will be provided.

Local Academy Board members are typically involved in monitoring activities aligned with the School Development Plan and current improvement priorities.

The Board meets four times per year, with a mixture of face-to-face and virtual sessions. Meetings focus on key areas such as student progress and attainment, attendance and engagement, well-being, teaching and learning, community links, finance, personnel, and site management.

In addition to attending meetings, Local Academy Board members are encouraged to support the school through formal and informal visits, with opportunities to participate in events throughout the academic year.

If you would be interested in being a Local Academy Board member, please contact the school on 01795 532633 or email Clair Foskett, PA to Principal cfoskett@abbeyschoolfaversham.co.uk for more information.



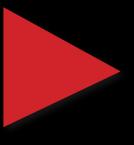


Abbey School Sixth Form

Are you ready to take the next step in your academic journey? At The Abbey School, our Sixth Form offers an outstanding opportunity for you to thrive, not just in your studies, but as an individual.

We are a vibrant and inclusive community which supports our young people to develop the knowledge and skills necessary to make the successful transition to the next stage of their education or employment.

> Find out more about our Sixth Form here: https://www.theabbey-that.org.uk/sixthform







PASTORAL SPOTLIGHT ON.... HEALTHY CHOICES

Sleep Routines

We all lead busy and stressful lives, and young people in particular can spend a significant amount of time using screens and technology.

Many of our students are studying for exams which can have an effect on the downtime they have in the evenings and weekends.

There is a great deal of evidence to show that some time spent relaxing, and away from screens, can be beneficial for good quality sleep. Stress is disruptive to sleep, and the blue light and brain stimulation from screens and devices disrupts the chemicals in the body – melatonin in particular – which then disrupts the natural circadian rhythms of the body.

Sleep deprivation can lead to a range of difficulties such as poor focus, low energy, poor cognition and recall, and physical health problems.

There are things we can all do to ensure good quality sleep.

- Try to keep to a routine involving switching off devices
 Spend some time relaxing away from devices
 Listen to music
 Read a book
 Gentle exercise such as walking or yoga
 Journaling or drawing
 - Avoiding stimulants such as caffeine
 - Use a mindfulness app such as Headspace

Making small adjustments to your routine can lead to improvements in wellbeing, setting us up for a positive day.

Online help can be found at -

www.nhs.uk www.calm.com www.headspace.com



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ENDANCE REWARDS

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WHAT DO I NEED TO DO TO BE IN WITH A CHANCE TO WIN?

BE IN 100% OF THE YEAR. BE IN 100% FROM 03/03/2025. ATTENDANCE GOLDEN TICKETS. YEAR 11 BE IN 100% UNTIL END OF TERM 5. YOU COULD BE ENTERED INTO ALL OF THESE IF YOU MEET EVERY ONE OF THE ATTENDANCE LEVELS! YOU'VE GOT TO BE IN TO WIN!

THE LINK BETWEEN ATTENDANCE & ATTAINMENT THE IMPACT ABSENCE HAS ON YOUR ATTENDANCE RATE:

1

TOTAL NUMBER OF DAY OFF IN A SCHOOL YEA		DANCE TE %	ACTUAL ATTENDANCE	LEARNING HOURS LOST
0		0%	190 DAYS	
10	95	5%	180 DAYS	47.5
20	90)%	170 DAYS	95
30	85	5%	160 DAYS	
40	80)%	150 DAYS	190
	19	0 D	AYS	0
	18	0 D	AYS	47.5
	17	0 D	AYS	95



BOVE 95% ATTENDANCE = ABOVE 94% ATTENDANCE = ABOVE 92% ATTENDANCE = FAIR CHANCE OF 5 GCSEs ABOVE 90% ATTENDANCE = LESS THAN 50% CHANCE OF 5 GCSEs LESS THAN 85% ATTENDANCE =

£100 SWIMMING VOUCHER





ATTENDANCE **REWARDS TERM 5**

For each full week a student attends school, they receive an Attendance Golden Ticket. At the end of the term, the names of every student who has received an Attendance Golden Ticket is entered into a prize draw - the more weeks you have 100%, the more entries you get. Winners are picked at random and those selected enjoy a reward - this changes each term.

Last term, the reward was an Attendance Field Party where students enjoyed music, games, snacks and sweets on the field. Some students decided to play some football with Mr Green while others listened to music, danced and sang along to their favourite tunes.





Year 11 are now on study leave. They had their 100% prize draw during their leavers assembly and the winners of the laptops were Daniel F and Lydia M - well done!

Ensuring good attendance

As we start the last term of this academic year, we would like to remind everyone of the importance of good attendance to school.

We understand that at times, children do feel a little under the weather. 90% of the time, when students attend school even if feeling a little off colour, they start to feel a bit better within themselves quickly once they are moving around and with their friends.

EVERY SCHOOL DAY COUNTS -

(:)Every single day a child is absent from school equates to a day of lost learning

Attendance percentages can be misleading

100% Attendance	0 Days Missed	Excellent
95% Attendance	9 Days of Absence 1 Week and 4 Days of Learning Missed	Substactory
90% Attendance	19 Days of Absence 3 Weeks and '4 Days of Learning Missed	Poor
85% Atlandance	28 Days of Absence 5 Weeks and 3 Days of Learning Missed	Very Poor
80% Attendance	38 Days of Absence 7 Weeks and 3 Days of Learning Missed	Unacceptable
75% Atlendance	45 Days of Absence 9 Weeks and 1 Day of Learning Missed	Unacceptable

For some parents, 90% may seem like an acceptable level of attendance, but the reality is that 90% attendance means that your child will miss half a school day each week or 19 days of school during the school year - that's nearly 4 school weeks.



Persistent lateness

A lot of students are becoming persistently late to school. We understand that some students do rely on public transport, which can at times cause them to be unexpectedly late to school. Where this has happened a lot, we would encourage you to check for earlier bus and train times - we do have free breakfast club available every day in the canteen for those arriving early.

Being late to school does have an impact on both your attendance and your academic progression.

Amount	mins late	Hours missed by end of year	School Days lost
1Late per week	10	6.5 Hours missed	1.3 days
2 Lates per week	10	13 Hours missed	2.6 days
3 Lates per week	10	19.50 Hours missed	3.9 days
4 Lates per week	10	26 Hours missed	4.2 days
5 Lates per week	10	32.5 Hours missed	6.5 days
Amount	mins late	Hours missed by end of year	School Days lost
Late per week	20	13 Hours missed	2.6 days
2 Lates per week	20	26 Hours missed	4.2 days
3 Lates per week	20	39 Hours missed	7.8 days
4 Lates per week	20	52 Hours missed	10.4 days
5 Lates per week	20	65 Hours missed	13 days
Amount	mins late	Hours missed by end of year	School Days lost
1Late per week	30	19.5 Hours missed	3.9 days
2 Lates per week	30	39 Hours missed	7.8 days
3 Lates per week	30	58.5 Hours missed	11.7 days
4 Lates per week	30	78 Hours missed	15.6 days
5 Lates per week	30	97.5 Hours missed	19.5 days

Term 6 Attendance Rewards

For this last term of the year, we have a trip for 40 students to visit Wingham Wildlife Park for the Attendance Golden Ticket reward.

Remember that for each week a student is in school, they will receive an Attendance Golden Ticket. This term is 7 weeks long, this means that if a student is in school 100% of the term, they will have their name entered 7 times into the draw.

The more you are in the more chance you have to win!



CELEBRATING YOUR ACHIEVEMENTS

2011

27 November ts on sale now

Alice has gained grade 2 in ballet with the royal academy of dance which will lead to formal qualifications. She gained high merit in this grade and is now studying for grade 3.

She also took part in the Kent club champion cup qualifier competition for gymnastics in which she came second for her age and level - this allows her to enter the inter county championship between Kent, Sussex and Surrey later on in the year.

Well done Alice!



Easy Fundraising Initiative

Supporting our Schools Together

The Howard Academy Trust has launched a new fundraising initiative to benefit all schools within the Trust, including The Abbey School. The Easy Fundraising platform provides an effortless way for parents, carers, staff, and the wider community to raise funds simply by shopping with participating retailers.

Getting involved is easy:

Visit the Easy Fundraising page for The Abbey School: https://www.easyfundraising.org.uk/causes/the-abbey-school-faversham/ or click the QR code below.



Register and select The Abbey School as your cause. Shop as usual with participating retailers, and donations will be made automatically.

We would also greatly appreciate your help in spreading the word about this initiative to your networks. Every contribution, no matter how small, makes a real difference across the Trust.

If you have any questions about this initiative, please visit the link below which will take you to a FAQ page.





HIRE OUR FACILITES

CLICK THE QR CODE TO BOOK NOW!



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www.theabbey-that.org.uk

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HISTORY REVISION

As we approach the exam season there are a couple of key announcements from the History Department.

Revision Breakfasts

With exams around the corner, it means the return of the popular 'Revision Breakfasts' that the History Department will be running throughout the exam period. On the morning of each exam, students are invited to come to A1 - from 7:30am - to have some light breakfast snacks and go over key content and exam skills to fuel up and calm their nerves before the big event.

We have run these revision breakfasts for four years now, and they have been well received by students every time. It is a great opportunity to calm the nerves, and past students have consistently remarked on how helpful it was to have that final push before going into the exams hall.

Dates for each of the sessions are below:

- Friday 16th May Medicine Through Time
- Thursday 5th June Anglo-Saxon & Norman England + Cold War Superpower Relations Tuesday 10th June – Weimar & Nazi Germany

There is no need to confirm attendance, however if you have any questions then please do not hesitate to get in touch by email: wkenning@abbeyschoolfaversham.co.uk

Resources Return

You may recall that earlier in the year I wrote to inform you of the Revision Pack that students were given – comprising a resource booklet and Pearson Edexcel GCSE History Flashcards. Firstly, I'd like to take this opportunity to say that if they have been gathering dust across the past couple of months - now is the time to get stuck in to them! They are a fantastic resource, and save students hours of crucial revision time as well as meaning that they can do revision on the go.

Secondly, as we look toward preparing revision packs for next year's cohort, we kindly ask that these flash cards and folders be returned by the end of the history exams. I will be able to collect them at the final revision breakfast (10th June), but will also keep an amnesty box in my classroom for students to drop them off.

If you have any questions, please don't hesitate to get in touch.



Consideration In The Community

Most of you are wonderful ambassadors of the school through your kind and considerate actions towards others in our local community, especially when travelling to and from school

Remember its not fair for anyone to be allowed to deliberately make life miserable for others. We will never tolerate nasty behaviour or bullying towards those in our school community. Always ask an adult for help if you are being treated unkindly or if you feel frustrated about the ways others are treating you.

DO

DO NOT

Move aside on the pavement to allow to use it.

Speak using appropriate tone and at a sensible level to those you are with, using language that is not offensive or swearing.

Cross roads safely, using the bridge to navigate the A2 and by looking up and checking the traffic for all other streets where there are no pedestrian crossing facilities

Monopolise the whole pavement space by walking in a group forcing elderly, those with prams or indeed anyone from the community into the road.

Shriek, shout, threaten or swear to those around you, be they friends, members of the public or students who attend other schools - this is intimidating behaviour brings our school into disrepute and this will be followed up and dealt with.

Run across the A2, this is a busy road with TWO speed cameras on it for a reason - the number of accidents. DO NOT become a statistic (injured or worse). Do not walk out directly in front of cars and expect them to stop.



Strawberries

The Craft and Gardening Club have had their first harvest for this summer. I can assure you that they were delicious! We are looking forward to lots more over the term. Our tomatoes are doing well and the beans have begun to get going too. The flowers in the beds are looking good and we have high hopes for the remaining strawberry plants!

Craft and Gardening Club meet on Tuesday after school, initially in C11 for registration and all are welcome to join. If the weather is wet, we have a range of crafts as a wet weather alternative.





Staggered Dissmisal Times

Staggered dissmisal times have now been replaced with afternoon line up on the playground. Each year will then be dissmissed one at a time in no particular order. In the event of wet weather, afternoon line up will be cancelled and we will revert to dismissing each year group one at a time form their classrooms.





SATEDA

ageuk

SPORTS

citizens advice

keeth

Kent Family Hub

SHEPPEY MATTERS





SWALE POLICE COMMUNITY DAY

APPLEYARD SPORTS GROUND CORE COURT RD. ME10 1QN 10AM - 3PM

COME ALONG TO LEARN ALL ABOUT SERVICES AND SUPPORT AVAILABLE IN SWALE!

- Free NHS health checks available on site
- Domestic abuse support
- Housing support
- Drug and alcohol services
- Animal welfare support
- Mental Health Support

Support for the elderly

FREE

ENTRY

- Fire safety advice
- Youth engagement
- Community Projects
- Come have a go at Archery, Football and more
- Music by Sheppey FM

BBQ, DRINKS, ICE CREAM AND FACEPAINTING AVAILABLE ON SITE DISPLAYS TO WATCH THROUGHOUT THE DAY



At The Abbey School, we strive to create a safe and secure environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any threatening, abusive or violent behaviour and action will be taken when necessary.









Kent ME13 8RZ

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"BE THE BEST YOU CAN BE"

