



# The Abbey School

"BE THE BEST YOU CAN BE"

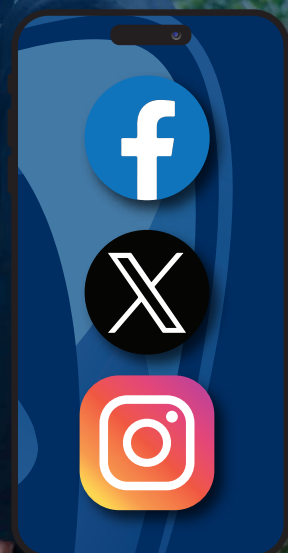
## Weekly Newsletter 2024/25

Issue Number: 29

Date: 23/05/25



THE HOWARD  
Academy Trust



# A message from our Principal

As we approach the end of this shorter but incredibly busy term, I want to take a moment to thank all our students and staff for their continued hard work and commitment.

A special mention must go to our students who have started their external exams this term – we are proud of how you've approached this important period with focus and resilience. Keep going – you're doing brilliantly.

It's also been an exciting time for our Year 8 students, who have recently selected the subjects they wish to pursue in Year 9. This marks an important step in their learning journey, and we're looking forward to seeing them thrive in the next stage of their education.

We've now started visiting our local primary schools to meet the Year 6 students who will be joining us in September. It's been a pleasure getting to know them, and we are already planning for a smooth and supportive Transition Week next term.

This Friday, 23rd May, we are looking forward to celebrating Cultural Diversity Day, a fantastic opportunity to recognise and honour the rich variety of cultures within our school community.

Finally, I'd like to wish all our students a safe and restful break. Please note that Monday 2nd June is an INSET day, so students will return to school on Tuesday 3rd June.

Thank you once again for a positive and productive term.

*Kind Regards,*





# BOOK A TOUR TODAY!

Choosing the right school for your child is one of the most important decisions you'll make. At The Abbey School, we provide a supportive, inclusive, and high-achieving environment where every student is encouraged to reach their full potential.

## What You Can Expect to See on Your Visit:

- Engaging Lessons & Inspiring Teaching – See our dedicated staff in action, delivering high-quality education.
- Excellent Facilities – Modern classrooms, specialist subject areas, a well-equipped sports hall, and vibrant social spaces.
  - Strong Pastoral Care – A nurturing and inclusive community where every child is supported.
  - Enriching Opportunities – A variety of clubs, trips, and extracurricular activities that enhance learning and personal development.
- A Safe and Welcoming Environment – High expectations, respect, and ambition at the heart of everything we do.

## Accessibility & Inclusivity

We are committed to making The Abbey School accessible for all visitors. Our site offers:

- Step-free access and wheelchair-friendly pathways.
  - On-site parking, including accessible bays.
- Easily accessible location with good transport links.

Come and see The Abbey School in action! Book a tour today and experience firsthand why we are the perfect choice for your child's future.



# EXAM TIMETABLE

Below are all the exams that will be taking place the first week after the half term!

Exam	Date	Subject	Level	Start Time	Finish Time
Dance Written Paper	Mon, 02 Jun 2025	Dance	GCSE	13:30	15:00
Calculator (F)	Wed, 04 Jun 2025	Maths	GCSE	09:00	10:30
Calculator (H)	Wed, 04 Jun 2025	Maths	GCSE	09:00	10:30
Micro & Macro Economics	Thu, 05 Jun 2025	Economics	A Level	09:00	11:00
Superpower,saxon,norman	Thu, 05 Jun 2025	History	GCSE	09:00	10:50
Criminology Unit 4: Paper Based	Thu, 05 Jun 2025	Criminology	A Level	13:30	15:00
Writing (F)	Thu, 05 Jun 2025	French	GCSE	13:30	14:45
Writing (H)	Thu, 05 Jun 2025	French	GCSE	13:30	14:50
Uk Government	Thu, 05 Jun 2025	Politics	A Level	13:30	15:30
English Language Paper 2	Fri, 06 Jun 2025	English Lan	GCSE	09:00	10:45
Listen,read. & Translation	Fri, 06 Jun 2025	French	A Level	09:00	11:00
Geography Paper 2	Fri, 06 Jun 2025	Geography	GCSE	13:30	15:00
Italy & Spain	Fri, 06 Jun 2025	History	A Level	13:30	15:00



# SPOTLIGHT ON PERFORMING ARTS

## Highlights this week!

Year 9 GCSE Dance students have been deepening their theoretical and practical understanding of dance by engaging in a series of structured ballet lessons. These sessions have introduced students to the foundational techniques, discipline and expressive qualities of classical ballet, enriching their overall appreciation of dance as an art form and physical discipline.

## Extra-curricular clubs

A reminder that Dance Club runs after school every Wednesday from 3.30pm-4.30pm. Led by Natalie and Maddie in Year 9, it is open to anyone in Years 7-9 who wants to learn new dance routines, boost your confidence and fitness, make new friends, be part of a team, perform in school events, and show off your moves! Join us in the Dance Studio – no experience needed!



## Music Instrument Lessons

There are still some spaces available for instrument lessons. If you are interested in learning the drum kit, piano or guitar then please apply through the Andrew Parry Music website [www.andrewparrymusic.com](http://www.andrewparrymusic.com) where you can also find details about lessons and prices.

Congratulations to Isaac Y (Year 7) for completing his first graded examination on the drum kit this term!

Financial assistance is available through Kent Music for students learning an instrument in any Kent school (this does not have to be through a Kent Music provider. Applications for financial assistance are now open, please visit [Financial Assistance Scheme](#) - Kent Music for further information.

# Out-of-school opportunities

The APM Summer Rock Schools will be taking place this summer. They are a great opportunity for students, whether they play an instrument or not. They have courses as below, aimed at primary aged children (Year 2 and above) and secondary aged children (Year 7-10). They also have an advanced course for students aged Year 10 and above who already play an instrument and want to hone their band-playing skills.

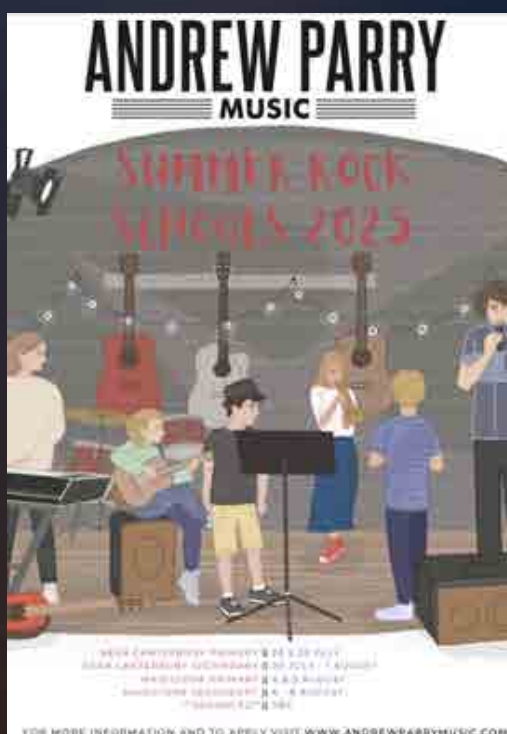
- Near Canterbury primary - Year 2-6 - Hernhill C of E Primary - Mon 28 & Tue 29 July - £100
- Near Canterbury secondary - Year 7-10 - Hernhill C of E Primary - Wed 30 July - Fri 1 Aug - £130
- Maidstone primary - Year 2-6 - MGS - Mon 4 & Tue 5 Aug - £100
- Maidstone secondary - Year 7-10 - MGS - Wed 6 - Fri 8 Aug - £130
- ADVANCED - Year 11+ - TBC - £150

If you wish to sign up your child, please visit:

[https://docs.google.com/forms/d/e/1FAIpQLScSPvUAYNZjOfR\\_ylgTlCHJ70MaU\\_2fSyjSf1RLkbSh05AwrQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLScSPvUAYNZjOfR_ylgTlCHJ70MaU_2fSyjSf1RLkbSh05AwrQ/viewform)

And for more general information visit here: <https://www.andrewparrymusic.com/rock-schools>

The aims of the days are to give children a chance to play different band instruments, but ultimately get into bands, learn some songs and do a concert at the end! They also have a great local photographer who makes professional photos available to purchase at the end of each course.





# GOLDEN TICKET WINNERS!

Congrats to all the students below for having your Golden Ticket drawn out!

## YR 7

*Oliver B*  
*Lottie B*  
*Henry J S*  
*Charlie C*

## YR 8

*Millie R H*  
*Paula G*  
*Marley C*  
*Matthew M*

## YR 9

*Connor F*  
*Rose N*  
*Evie W*  
*Evie K D*

## YR 10

*Jess P*  
*Edward B*  
*Stella S*  
*Jack D*

## YR 11

*Francesca M*  
*Liberty S*  
*Alex R*  
*Nuala A*

## YR 12+13

*Dylan K*  
*Lexie C*  
*Hannah E*  
*James T*

## CANTEEN MENU TERM 5

Please click either of the links below to view the food options available at lunch time during Term 5 and also a price list!



[MENU](#)

## Cultural Diversity Competition

Design something which displays your culture heritage, or one from a culture that you admire: This could be an art picture or painting; a written piece of poetry; calligraphy; jewellery; origami; bead making; masks; puppet

Please hand entries to your tutor or direct to Dr Moseley in A6  
Prizes for the winning entries.



# WE ARE RECRUITING!

## APPLY NOW

The Local Academy Board at The Abbey School is seeking to recruit new parent governor, preferably with experience or knowledge in education, safeguarding, careers, or other public sector organisations.

We welcome applications from individuals with a genuine interest in school improvement, and training will be provided.

Local Academy Board members are typically involved in monitoring activities aligned with the School Development Plan and current improvement priorities.

The Board meets four times per year, with a mixture of face-to-face and virtual sessions. Meetings focus on key areas such as student progress and attainment, attendance and engagement, well-being, teaching and learning, community links, finance, personnel, and site management.

In addition to attending meetings, Local Academy Board members are encouraged to support the school through formal and informal visits, with opportunities to participate in events throughout the academic year.

If you would be interested in being a Local Academy Board member, please contact the school on 01795 532633 or email Clair Foskett, PA to Principal [cfoskett@abbey-school-faversham.co.uk](mailto:cfoskett@abbey-school-faversham.co.uk) for more information.



**The Abbey  
School**





# Abbey School Sixth Form

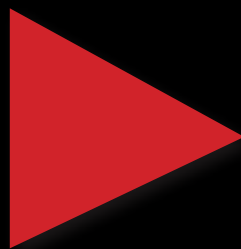
Are you ready to take the next step in your academic journey?

At The Abbey School, our Sixth Form offers an outstanding opportunity for you to thrive, not just in your studies, but as an individual.

We are a vibrant and inclusive community which supports our young people to develop the knowledge and skills necessary to make the successful transition to the next stage of their education or employment.

Find out more about our Sixth Form here:

<https://www.theabbey-that.org.uk/sixthform>



# PASTORAL SPOTLIGHT ON.... HEALTHY CHOICES

## Sleep Routines

We all lead busy and stressful lives, and young people in particular can spend a significant amount of time using screens and technology.

Many of our students are studying for exams which can have an effect on the downtime they have in the evenings and weekends.

There is a great deal of evidence to show that some time spent relaxing, and away from screens, can be beneficial for good quality sleep. Stress is disruptive to sleep, and the blue light and brain stimulation from screens and devices disrupts the chemicals in the body – melatonin in particular – which then disrupts the natural circadian rhythms of the body.

Sleep deprivation can lead to a range of difficulties such as poor focus, low energy, poor cognition and recall, and physical health problems.

There are things we can all do to ensure good quality sleep.

- Try to keep to a routine involving switching off devices
  - Spend some time relaxing away from devices
    - Listen to music
    - Read a book
  - Gentle exercise such as walking or yoga
    - Journaling or drawing
  - Avoiding stimulants such as caffeine
- Use a mindfulness app such as Headspace

Making small adjustments to your routine can lead to improvements in wellbeing, setting us up for a positive day.

Online help can be found at –

[www.nhs.uk](http://www.nhs.uk)  
[www.calm.com](http://www.calm.com)  
[www.headspace.com](http://www.headspace.com)





# ATTENDANCE REWARDS

## WHAT DO I NEED TO DO TO BE IN WITH A CHANCE TO WIN?

BE IN 100% OF THE YEAR. BE IN 100% FROM 03/03/2025. ATTENDANCE GOLDEN TICKETS. YEAR 11 BE IN 100% UNTIL END OF TERM 5. YOU COULD BE ENTERED INTO ALL OF THESE IF YOU MEET EVERY ONE OF THE ATTENDANCE LEVELS! YOU'VE GOT TO BE IN TO WIN!

### THE LINK BETWEEN ATTENDANCE & ATTAINMENT

THE IMPACT ABSENCE HAS ON YOUR ATTENDANCE RATE:

TOTAL NUMBER OF DAYS OFF IN A SCHOOL YEAR	ATTENDANCE RATE %	ACTUAL ATTENDANCE	LEARNING HOURS LOST
0	100%	190 DAYS	0
10	95%	180 DAYS	475
20	90%	170 DAYS	95
30	85%	160 DAYS	142.5
40	80%	150 DAYS	190



**ABOVE 95% ATTENDANCE =**

VERY GOOD CHANCE OF 5 GCSEs

**ABOVE 94% ATTENDANCE =**

GOOD CHANCE OF 5 GCSEs

**ABOVE 92% ATTENDANCE =**

FAIR CHANCE OF 5 GCSEs

**ABOVE 90% ATTENDANCE =**

LESS THAN 50% CHANCE OF 5 GCSEs

**88% ATTENDANCE =**

LESS THAN 35% CHANCE OF 5 GCSEs

**LESS THAN 85% ATTENDANCE =**

LESS THAN 30% CHANCE OF 5 GCSEs

# Easy Fundraising Initiative

## Supporting our Schools Together

The Howard Academy Trust has launched a new fundraising initiative to benefit all schools within the Trust, including The Abbey School. The Easy Fundraising platform provides an effortless way for parents, carers, staff, and the wider community to raise funds simply by shopping with participating retailers.

Getting involved is easy:

Visit the Easy Fundraising page for The Abbey School:

<https://www.easyfundraising.org.uk/causes/the-abbey-school-faversham/>  
or click the QR code below.



Register and select The Abbey School as your cause.  
Shop as usual with participating retailers, and donations will be made automatically.

We would also greatly appreciate your help in spreading the word about this initiative to your networks. Every contribution, no matter how small, makes a real difference across the Trust.

If you have any questions about this initiative, please visit the link below which will take you to a FAQ page.





# HIRE OUR FACILITIES

CLICK THE QR CODE TO BOOK NOW!



# HISTORY REVISION

As we approach the exam season there are a couple of key announcements from the History Department.

## Revision Breakfasts

With exams around the corner, it means the return of the popular 'Revision Breakfasts' that the History Department will be running throughout the exam period. On the morning of each exam, students are invited to come to A1 – from 7:30am – to have some light breakfast snacks and go over key content and exam skills to fuel up and calm their nerves before the big event.

We have run these revision breakfasts for four years now, and they have been well received by students every time. It is a great opportunity to calm the nerves, and past students have consistently remarked on how helpful it was to have that final push before going into the exams hall.

## Dates for each of the sessions are below:

- Friday 16th May – Medicine Through Time
- Thursday 5th June – Anglo-Saxon & Norman England + Cold War Superpower Relations
- Tuesday 10th June – Weimar & Nazi Germany

There is no need to confirm attendance, however if you have any questions then please do not hesitate to get in touch by email:

[wkenning@abbey-school-faversham.co.uk](mailto:wkenning@abbey-school-faversham.co.uk)

## Resources Return

You may recall that earlier in the year I wrote to inform you of the Revision Pack that students were given – comprising a resource booklet and Pearson Edexcel GCSE History Flashcards. Firstly, I'd like to take this opportunity to say that if they have been gathering dust across the past couple of months – now is the time to get stuck in to them! They are a fantastic resource, and save students hours of crucial revision time as well as meaning that they can do revision on the go.

Secondly, as we look toward preparing revision packs for next year's cohort, we kindly ask that these flash cards and folders be returned by the end of the history exams. I will be able to collect them at the final revision breakfast (10th June), but will also keep an amnesty box in my classroom for students to drop them off.

If you have any questions, please don't hesitate to get in touch.



## Consideration In The Community

Most of you are wonderful ambassadors of the school through your kind and considerate actions towards others in our local community, especially when travelling to and from school.

Remember its **not fair** for anyone to be allowed to deliberately make life miserable for others. **We will never tolerate nasty behaviour or bullying towards those in our school community.** Always ask an adult for help if you are being treated unkindly or if you feel frustrated about the ways others are treating you.

### DO

**Move aside** on the pavement to allow to use it.

**Speak using appropriate tone and at a sensible level** to those you are with, using language that is not offensive or swearing.

**Cross roads safely**, using the bridge to navigate the A2 and by looking up and checking the traffic for all other streets where there are no pedestrian crossing facilities

### DO NOT

**Monopolise the whole pavement** space by walking in a group forcing elderly, those with prams or indeed anyone from the community into the road.

**Shriek, shout, threaten or swear to those around you**, be they friends, members of the public or students who attend other schools - this is intimidating behaviour brings our school into disrepute and this will be followed up and dealt with.

**Run across the A2**, this is a busy road with TWO speed cameras on it for a reason - the number of accidents. DO NOT become a statistic (injured or worse). Do not walk out directly in front of cars and expect them to stop.

## Knowledge Organiser

The Abbey School

Please click on what year group you are in below to access all of the Knowledge Organisers for Term 5!

Year 7

Year 8

Year 9

Year 10

Year 11

Year 12

Year 13



# STARS OF THE WEEK

Well done to our Stars of the Week for w/c 19<sup>th</sup> May 2025!

KEEP UP THE AMAZING WORK!



**Charlie G**  
Year 9  
62HP



**Isabella J**  
Year 9  
96HP



**Callum B**  
Year 7  
76HP



**Kimi B**  
Year 9  
36HP



## STAGGERED DISMISSAL TIMES W/C 3<sup>RD</sup> JUNE

	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Mon, Tues, Thurs	3.25	3.30	3.15	3.20	4.30	3.30	3.30
Friday Only	1.55	1.40	1.50	1.45	2.00	2.00	2.00

# #WAKE UP WEDNESDAY

## Celebrating Your Achievements



Email us your child's achievement  
[info@abbeyschoolfaversham.co.uk](mailto:info@abbeyschoolfaversham.co.uk)



IN CASE YOU MISSED IT,  
CLICK HERE TO SEE OUR PREVIOUS  
**NEWSLETTER!**







**NHS**



**SPORTS  
CONNECT**



**kooth**



**SATEDA**  
Empowering women, ending domestic abuse



**citizens  
advice**



**ageUK**



**Kent  
Family  
Hub**



**SOUTHERN  
HOUSING**



**SHEPPEY  
MATTERS**



**withyou**



**Swale**  
BOROUGH COUNCIL



**SUNDAY  
8TH  
JUNE**

# SWALE POLICE COMMUNITY DAY

**APPLEYARD SPORTS GROUND  
CORE COURT RD. ME10 1QN  
10AM - 3PM**

**FREE  
ENTRY**

## COME ALONG TO LEARN ALL ABOUT SERVICES AND SUPPORT AVAILABLE IN SWALE!

- Free NHS health checks available on site
- Domestic abuse support
- Housing support
- Drug and alcohol services
- Animal welfare support
- Mental Health Support
- Support for the elderly
- Fire safety advice
- Youth engagement
- Community Projects
- Come have a go at Archery, Football and more
- Music by Sheppey FM

**BBQ, DRINKS, ICE CREAM AND FACEPAINTING  
AVAILABLE ON SITE  
DISPLAYS TO WATCH THROUGHOUT THE DAY**



# NO EXCUSE FOR ABUSE

At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.







The Abbey School  
Faversham  
Kent  
ME13 8RZ

[www.theabbey-that.org.uk](http://www.theabbey-that.org.uk)

[info@abbeyschoolfaversham.co.uk](mailto:info@abbeyschoolfaversham.co.uk)

01795 532733



Attendance Office

01795 542477

[attendance@abbeyschoolfaversham.co.uk](mailto:attendance@abbeyschoolfaversham.co.uk)

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School