



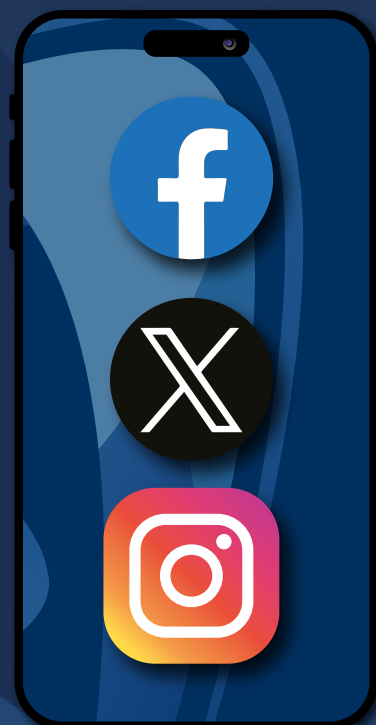
"Be The Best You Can Be"

Weekly Newsletter

2026/27

Issue Number: 3

Date: 18/09/2026



STARS OF THE WEEK

Well done to the following students for collecting the most house points this week!
AMAZING WORK EVERYONE!



Jamie-Leigh D
Year 9
45HP



Frederick B
Year 9
43HP



Molly C
Year 10
40HP



Ezra W-T
Year 7
45HP

#WAKE UP WEDNESDAY

CANTEEN MENU 2026/27

Click the image below to view the canteen menu for Term 1!



What Parents & Educators Need to Know about **CHARACTER.AI**

Character.AI is an entertainment platform where users create and chat with AI-powered characters. These chatbots can act like existing favourite characters from movies or books, or like friends, mentors, or even romantic partners, responding in an emotional, personally engaging way. Although this can encourage creativity, it can also make a generated conversation feel like a genuine relationship, which is concerning if it takes the place of human relationships.

WHAT ARE THE RISKS?

INAPPROPRIATE CONTENT
AI replies are generated in real time rather than chosen from a fully checked script. Even with safety filters on, conversations can still contain sexual, violent, discriminatory, or self-harm material. These AI characters are often made by users, so a character name or child-friendly description does not guarantee that every response from the character will be suitable for a young person.

BLURRED BOUNDARIES
Characters on Character.AI can use the language of friendship, love, and empathy without ever feeling anything. It's possible young people will attempt to separate this simulation from genuine relationships. Romantic play or a character that demands attention, loyalty, or secrecy could also lead to young people's expectations around consent, disagreement, and the give-and-take involved in healthy human relationships.

UNRELIABLE ADVICE
Characters, like other chatbot platforms, are at risk of providing false or giving inappropriate advice while sounding completely confident. Characters may also act in a way that is extremely helpful, leading young people to trust them more than they should. This can become particularly risky when users rely on a character for guidance about health, mental wellbeing, relationships, money, or personal safety instead of checking with a credible source or trusted adult.

EMOTIONAL DEPENDENCY
Character.AI chatbots can appear endlessly attentive, supportive, and affectionate, which is one of the hallmarks of the generative AI models that such companions are built on. A young person may start turning to a character chatbot whenever they feel lonely or upset and believe that it understands them better than the humans in their life. This can become more concerning when chatbots start to replace things, such as friends, hobbies and friendships.

PRIVACY CONCERNS
Character.AI chats may feel private, especially when chat happens privately and during, but they take place on a company's online systems. Users could unintentionally or intentionally reveal their name, school, location, routines, images, or intimate concerns. Character.AI says some data may be retained to improve its services and AI models, so young people should never treat a chatbot like a confidential diary.

UNHEALTHY ENGAGEMENT
In some of our testing, young people with social difficulties, including using restrictions, using phone use from school, and using the app at night, often became attached to the platform or character stops, withdrawing from other people. If you are interested in using or believing the character is convincing, increased use may also signal that the young person is already lonely, anxious, or seeking help.

Advice for Parents & Educators

KEEP CONVERSATIONS OPEN
Ask what the young person enjoys about Character.AI and invite them to show you how the platform and their favourite characters work. Useful questions include: "Has it ever said something that felt wrong?" and "Have you said 'I don't have feelings'?" Avoid allowing them to use platforms like Character.AI for making them feel there is something wrong with them for doing so.

PAUSE, CHECK AND ASK
Teach young people to pause before accepting an answer from characters on Character.AI. Encourage them to check important claims against a trustworthy source and ask a safe adult when the issue matters. Never use a character as the sole source of medical, mental health, legal, financial, or safeguarding advice. Avoided even use where passwords, contact details, school information, location, or personal images are shared.

CHECK AGE, SETTINGS & LIMITS
Character.AI's minimum age is 18 in the UK, but open-ended companion chat is restricted to adults aged 18 or over. There is a 16+ filter in the settings. Check that content settings, report help or percentage as young people to give a false age, and apply the same safety rules to other chatbot apps.

NOTICE AND RESPOND
Take action if chats involve sexual content, threats, coercion, abuse, self-harm or danger. Save relevant evidence, report the character and follow the setting's safeguarding process. Educators should involve the designated safeguarding lead. If there is an immediate danger, contact emergency services. Character.AI is available on 0800 111 and the NSPCC helpline on 0800 800 5000.

Meet Our Expert
Doreen Cresson is an educator with almost 30 years' experience across teaching, school leadership and governance. She is also an experienced safeguarding expert and collaborates with AI leadership and governance and (Digital) NCET (Digital Trust) experts.

The National College

See references in our website
@wake_up_weds /www.thenationalcollege @wake.up.wednesday @wake.up.wednesday

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.09.2026

SENECA CHAMPIONS

Year Group	Learning Time	Average Score	Time Champion	Score Champion
12 & 13	8h 9m	78%	Charlie K	Davidson D
11	73h 30m	63%	Rufus VDR	Alfie L, Scott W, Natalie C
10	90h 8m	68%	Isabella P	Isabella G, Sedef Z
9	88h 42m	68%	Amira A	Savanna D, Oliver S, Mili S, Maddison H, Sonny D
8	3h 57m	76%	Isla S	Isla S
7	10h 33m	65%	Joey B	Trajan G, Leo H, Darcy M

IN CASE YOU MISSED IT,
CLICK HERE TO SEE OUR PREVIOUS
NEWSLETTER!



"supported"

*"motivated to
succeed"*

"safe"

"calm"

*"inclusive
culture"*

*"broad range
of enrichment"*



*"meaningful
opportunities"*

*"significant
positive change"*

*"the curriculum
is ambitious"*

OFSTED RESULTS!

"Pupils feel part of a community that believes in them, challenges them and helps them to succeed."
The Abbey School is proud to share our latest Ofsted Report, following our January inspection,
which took place under the new Ofsted framework.

Inspectors noted that "the school has been through significant positive change", judging Personal Development and Wellbeing and Post-16 Provision to be Strong Standard, and confirming that Curriculum and Teaching, Attendance and Behaviour, Inclusion, and Leadership and Governance are operating at the Expected Standard.

Particular praise was given to our Pastoral Support Team, with inspectors commenting that "Pastoral support is a strength. Pupils trust staff to help them manage worries, and... feel safe and supported".
"We are pleased that Ofsted recognised the strength of our work in personal development, safeguarding and sixth-form provision, which reflects the values and culture we work hard to build every day."

Inspectors recognised that pupils are learning well, feel safe, and are prepared for their next stage, including strong sixth-form retention and positive destinations. Our priority now is to continue strengthening key stage 4 outcomes so they fully reflect the learning and progress we see across the school." - Dr Speller, Principal

"I would like to recognise the commitment of the leadership team and staff who have led this work with determination and care. Together they have focused on ensuring that pupils feel safe, supported and that they truly belong within their school community." - Owen McColgan, Chief Executive of THAT

Read the full report by clicking the image below!





WELL DONE SYLVIE!

A huge well done to Sylvie B in Year 7, who ran her very own tombola stall at Macknade over the weekend and raised an incredible £422 for the Meningitis Research Foundation!

What an amazing achievement and a fantastic way to give back to the community. We are incredibly proud of you Sylvie!

CHARLIE'S PROMISE!

Our Chosen Charity for 2026–27: Charlie's Promise

We are proud to announce that Charlie's Promise will be our chosen charity for this academic year.

Charlie's Promise works to educate young people about the devastating impact of knife crime on families and communities, while supporting those affected and campaigning for positive change.

Throughout the year, we will be raising money and awareness to support this important cause and help spread Charlie's story and message.

We look forward to getting our whole school community involved in making a difference.

Find out more about Charlie's Promise: <https://www.charliespromise.org/>



Good
People
Brighter
Futures

Weekly Extracurricular Clubs

LEARN
GROW
BELONG

MAKE TODAY COUNT

MONDAY

MAKE TODAY COUNT

History

The Historical Society
Years 7 - 10
3:30pm - 4:30pm -
Canteen
QSR
Bring film snacks

EXPLORE
DISCOVER
LEARN
HISTORY SHAPES TOMORROW

PAST IDEAS
BRIGHTER
FUTURES

Raising Standards

Homework Club
All Year Groups
3:30pm - 4:30pm
B13
Miss Marsh and Mrs Earls

Small steps...
Big results

BELIEVE
PRACTISE
IMPROVE
SUCCEED

YOU GOT THIS

✓ Plan
✓ Learn
✓ Achieve
✓ Repeat

RESPECT
KINDNESS
OPPORTUNITY

Keep going - you've got this!

A STRONGER
BRIGHTER
FUTURE TOGETHER

TUESDAY

MAKE TODAY COUNT

Science

Animal Club
Year 7 and 8
3:30pm - 4:15pm
B6
AQH
WEEK A ONLY

Curiosity
Builds
Brighter
Futures

EXPLORE
DISCOVER
QUESTION
SCIENCE CHANGES LIVES

Performing Arts

Dance Club
Year 7, 8 and 9
3:30pm - 4:15pm
SRN

Move
Express
Belong

Raising Standards

Homework Club
All Year Groups
3:30pm - 4:30pm
B13
Miss Marsh and Mrs Earls

Small Steps...
Big Results

BELIEVE
PRACTISE
IMPROVE
SUCCEED

YOU GOT THIS

✓ Plan
✓ Learn
✓ Achieve
✓ Repeat

RESPECT
KINDNESS
OPPORTUNITY

Keep going - you've got this!

A STRONGER
BRIGHTER
FUTURE TOGETHER

WEDNESDAY

MAKE TODAY COUNT

Performing Arts

School Production Rehearsals
All Year Groups
3:30pm - 4:30pm
PA1
SRN / CWA / GLB

EXPRESS
CREATE
BELONG

Business

Future CEO
Year 8 and 9
3:30pm - 4:30pm
B3
EJU

IDEAS
PEOPLE
PLANS
PROGRESS!

LEAD
INNOVATE
SOLVE
SUCCEED

Recreational

D&D Club (invite only)
All Year Groups
3:30pm - 4:30pm
B18
DEA

GOOD STORIES
GREAT PEOPLE

EXPLORE
IMAGINE
ADVENTURE
TOGETHER

Raising Standards

Homework Club
All Year Groups
3:30pm - 4:30pm
B13
Miss Marsh and Mrs Earls

YOU GOT THIS

BELIEVE
PRACTISE
IMPROVE
SUCCEED

✓ Plan
✓ Learn
✓ Achieve
✓ Repeat

RESPECT
KINDNESS
OPPORTUNITY

Keep going - you've got this!

A STRONGER
BRIGHTER
FUTURE TOGETHER

PE

Girls Netball Club
Years 7/8/9
3:30pm - 4:30pm
Sports Hall
DM/MCH/ETU

Boys Football Club
Years 7/8/9
3:30pm - 4:30pm
Sports Hall
JWL/ALW/TB

PLAY
DEVELOP
BELONG

TEAMWORK
BUILDS
BRIGHTER
FUTURES

Reading

Book Club
All Year Groups
3:30pm - 4:15pm
Library
Mr Mitchell

READ
EXPLORE
DISCOVER
BELONG

BRIGHTER
YOU

Raising Standards

Homework Club
All Year Groups
3:30pm - 4:30pm
B13
Miss Marsh and Mrs Earls

Small Steps...
Big Results

BELIEVE
PRACTISE
IMPROVE
SUCCEED

YOU GOT THIS

✓ Plan
✓ Learn
✓ Achieve
✓ Repeat

RESPECT
KINDNESS
OPPORTUNITY

Keep going - you've got this!

A STRONGER
BRIGHTER
FUTURE TOGETHER



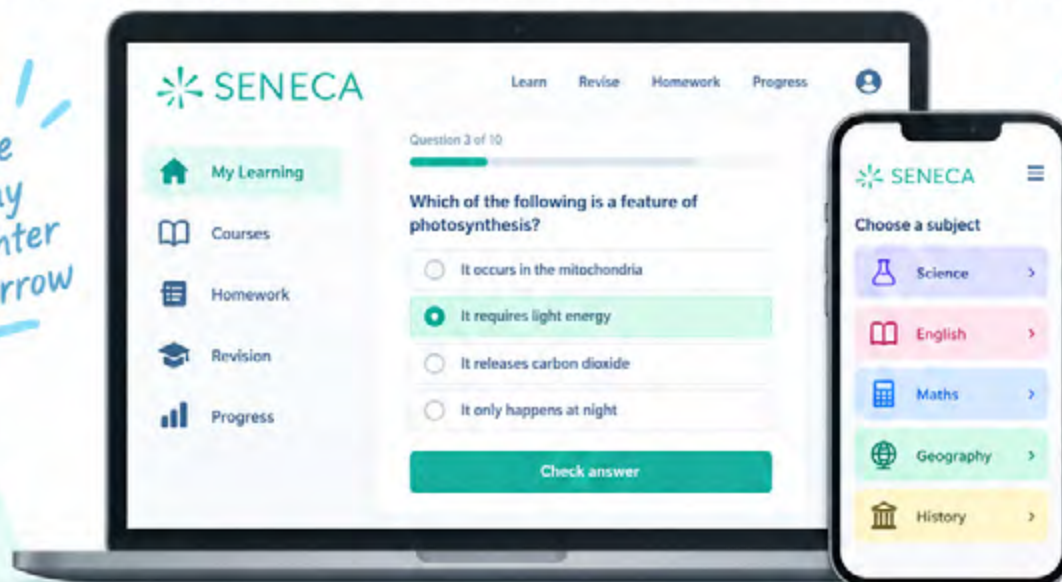
SENECA

Learn
2x faster

Free Online Homework & Revision

Seneca is a free online learning platform that helps students revise, practise and complete homework with interactive, exam-focused courses.

Revise
today
Brighter
tomorrow



Small
steps
Big progress

Why use Seneca?



Free for
students



GCSE, A Level
and KS3 courses



Adaptive questions
with instant
feedback



Teacher-set
homework and
revision tasks



Works on phone,
tablet and laptop



Join over 14 million students

Get Started

Scan the QR code or visit
senecalearning.com



Better
learning
brighter
futures

Ask your teacher for details or create your free account today.





**The Abbey
School**

OPEN EVENT

"Be the Best You Can Be"

Open Evening with Principal's Talk:
Thursday, 1st October 2026

5pm till 8pm

Book your place online

www.theabbey-that.org.uk



SCHOOL PHOTOS REMINDER!



Our annual school photography day will take place on Monday 21 September 2026, with our school photographer, Vancols, visiting to take photographs of all Year 7 and Year 10 students.

Although both year groups have PE scheduled on this day, students should attend school in their full school uniform and bring their PE kit with them to change into for their lesson.

Vancols uses a Photo Ticketing system, meaning proofs will no longer be sent home. Instead, each student will receive a unique photo ticket number, which parents and carers can use to access their child's photographs online. Photos are expected to be available within the next few weeks for families to view and purchase directly from Vancols, should they wish to do so.

We appreciate that students will want to look their best for their photograph, so please ensure they attend school in the correct full school uniform as usual.

If you have any questions regarding the school photographs, please contact ryoung@abbeyschoolfaversham.co.uk.

FA YOUTH CUP!

Big congratulations to our Academy side who are into the next round of the of the FA Youth Cup after a 3-1 victory on Monday night!

Well done to everyone involved and we wish you best in the next round!



LUNCHTIME CLUBS!



MONDAY



Sparx Drop-in
Mr McCormack
Week B only
B15 / P3A



David Attenborough /
Geography
Miss Hutchins
S11 / P3A

Dance Rehearsals
Miss Nunn
Dance Studio
P3A



Coding/Gaming
Mrs Kusi
C16 / P3B



Sparx Drop-in
Mr McCormack
Week A only
B15 / P3B

TUESDAY



Coding/Gaming
Mr Kusi
Week B
C16 / P3A



Games Club
Miss Wilson
B17 / P3A

Dance Rehearsals
Miss Nunn
Dance Studio / P3B



Creative Writing Workshop
Mr Crewe
A14 / P3B



Y7 Choir
Mrs Ward
ODC / P3B

WEDNESDAY



The Royal
Shakespeare
Company Y8
Mrs Ward & Mrs
Head-Rapson
A15 / P3A



Production Dance Rehearsals
Miss Nunn
Dance Studio / P3A

Games Club
Miss Wilson
B17 / P3B



Drama Club
Miss Bevan
PA1 / P3B

THURSDAY



Crochet
Miss East
B18 / P3A



Y7 Choir
Mrs Ward
ODC / P3A



Beyond Boundaries
Mrs Slack
C5 / P3A



Coding/Gaming
Mr Kusi
Week A
C16 / P3A



STEM Club
Mr Hollands
B6 / P3B



David Attenborough /
Geography
Miss Hutchins
S11 / P3B

FRIDAY



Sparx Drop-in
Mr McCormack
Week B only
B15 / P3A



Creative Writing Workshop
Mr Crewe
A14 / P3A



STEM Club
Mr Hollands
Week A Only
B6 / P3B



GCSE Rehearsal
Mrs Ward
ODC / P3B

Beyond Boundaries
Mrs Slack
C5 / P3B



Crochet
Miss East
Week A Only
B18 / P3B

EVERYDAY



Library -
Reading/
Homework
Mr Mitchell



Football (Weather
Dependent)
Playground Staff
Pitch next to C Block



Table Tennis
Playground Staff
Starting Term 2



Kent Family

is here for your child's growth,
happiness and health.

family.kentcht.nhs.uk

A message on behalf of Kent School Health

The Kent School Health Service would like to take this opportunity to remind you of two key resources available to support the health and wellbeing of pupils in your school.

ChatHealth: Confidential text support

ChatHealth is a confidential texting service available to all young people aged 11 to 19. It provides a safe and anonymous way for them to seek advice and support from a qualified member of our team on a wide range of physical and emotional health concerns.

Available: Monday to Friday, 9am–5pm
Text: 07520 618850

Health for Teens: Award-winning website

We would also like to highlight our award-winning Health for Teens website, co-designed with young people with young people. It has bite-sized information on a range of physical and emotional health topics including healthy eating, body image, managing stress, advice on relationships, puberty and sexual health alongside a directory of local services suitable for 11 to 19-year-olds.

Kent Family has a suite of resources for parents of 0 to 19-year olds to support their child's development and to help them be happy and healthy.

You can download assets to promote Chathealth to your pupils and their parents from our website.
Emotional health and wellbeing and resilience - Kent family

Health for Teens: www.healthforteens.co.uk
Kent Family: <https://family.kentcht.nhs.uk/>
Facebook: @kentcommunityhealth
Instagram: @nhskentchft



PERSONAL DEVELOPMENT AT THE ABBEY: PREPARING STUDENTS FOR LIFE!

Personal Development at The Abbey has a simple but ambitious purpose: to prepare our students for life beyond the classroom.

From healthy relationships and wellbeing to careers, enrichment, financial education and active citizenship, Personal Development helps students develop the knowledge, skills and experiences they need for the wider world.

Our programme brings together Relationships, Sex and Health Education (RSHE), safeguarding, citizenship, careers, financial education, online safety, enrichment and preparation for adult life. We want students to be able to make informed decisions, build healthy relationships, recognise risk, know when and where to ask for help and understand the positive contribution they can make to their communities.

What's Changed This Year?

We have made some significant changes to strengthen Personal Development across the school.

Students in Years 7–10 now take part in extended 1.5-hour Personal Development sessions. The additional time allows us to do much more than simply deliver information. Students can discuss real-life scenarios, ask questions, challenge misconceptions, practise important skills and reflect on what they have learned.

Year 11 students continue their Personal Development through a planned programme of assemblies and targeted sessions, alongside careers education and wider Personal Development opportunities.

Our Sixth Form programme continues this journey into adulthood, with students receiving eight core Personal Development sessions across each two-week cycle, covering the knowledge and skills they need for relationships, wellbeing, citizenship, careers, finance, leadership and greater independence.

We are also changing the way we evaluate our work. Following sessions, students are given opportunities to

reflect on their learning so that we can identify what they have understood, remembered and can apply, as well as any misconceptions or areas that need revisiting.

Student voice is central to this work. We want students to tell us what has been useful, what they want to understand better and where they feel they need more support. This helps us continually review and develop our provision in response to the needs of our students.

For us, the important question isn't simply "Did we teach it?" but:

"What difference did it make?" Keeping Our Curriculum Current

The Department for Education's updated statutory guidance for Relationships, Sex and Health Education came into effect this September, and we have reviewed our curriculum and applied the relevant updates.

This includes strengthening learning around areas such as healthy and respectful relationships, consent and coercion, misogyny, sexual harassment and sexual violence, online safety, pornography and sexualised content, AI and deepfakes, misinformation, mental wellbeing and recognising unhealthy or abusive behaviour.

Our curriculum is carefully sequenced so that students encounter these issues in an age-appropriate way, with important knowledge revisited and developed as they mature.

Students also learn about the Equality Act 2010 and the nine protected characteristics: age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.



Personal Development is also an important part of our wider safeguarding work, helping students recognise risk, understand when something may be wrong and know how to seek help for themselves or somebody else.

A message we reinforce throughout the curriculum is the importance of having a trusted adult. We want every Abbey student to know who they can turn to, what makes someone a trusted adult, how to ask for help and that they should speak up when something doesn't feel right.

We also recognise the important role that parents and carers play in these conversations. We will continue to communicate about key areas of the curriculum and help families understand what is being taught and why.

What Are Students Learning This Term?

Our curriculum grows with our students. Topics become increasingly sophisticated as young people develop, while important messages around safety, relationships, respect, equality, wellbeing and seeking help are revisited and strengthened.

Year 7 – Belonging, friendships and staying safe

Connecting with Your Teachers • From Strangers to Friends • How to Have Healthy Relationships • Tackling Cyberbullying • Understanding Bullying • Safe & Healthy Relationships

Year 8 – Healthy relationships and making good choices

The Many Forms of Relationships • Managing Unhealthy Relationships • Repairing Relationships • Peer Pressure Survival Guide • Together Against Bullying • Online Relationships

Year 9 – Looking after ourselves and others

The Happiness Trap • Managing Anxiety • Combatting Negative Self-Talk • Expressing Gratitude • Character Strengths in Focus • Positive vs Negative Humour

Year 10 – Trust, respect and personal safety

Inclusivity & Belonging • Who Should You Trust? • Self-Esteem and Respect • R.E.S.P.E.C.T. • Safety Instincts • Managing Emergencies

Year 11 – Equality, rights and contemporary risks

Discrimination and the Equality Act • Stereotypes and Prejudice • Respecting Human Rights • Gender Biases • Criminal Exploitation • The Questions Around Deepfakes

Year 12 – Rights, democracy and society

Democracy v Autocracy • Gay Rights • Religious Freedom in the UK • Separation of Power • Gang Violence • Illegal and Imitation Weapons

Year 13 – Preparing for independence

The Advanced Economy • Mortgages • Financial Potholes • Taxation • Embracing the Present Moment • Flow & PERMA

Learning Beyond the Classroom

Our taught curriculum is complemented by opportunities to learn from specialist external organisations and speakers throughout the year.

These sessions allow students to hear from people with real expertise in areas such as road safety, healthy relationships, sexual health, fire safety, knife crime, gangs and exploitation. They provide another opportunity to reinforce key safeguarding messages and help students understand how their learning connects with situations they may encounter in the wider world.

Alongside this, our careers, enrichment and community action programmes give students opportunities to explore future pathways, discover new interests, develop skills, take on responsibility and contribute to school and community life.

A Little Extra for Year 7

Over the next few weeks, Year 7 students will also take part in additional age-appropriate sessions focusing on puberty, body changes, periods and menstrual health. These sessions are designed to provide clear and factual information, normalise conversations about growing up and give students the confidence to ask questions. Girls will also be able to take away a free pack of period products following the session. Parents and carers have already received further information about this additional provision.

Active Citizenship: Making a Difference

This year, we also want to challenge our students to think beyond themselves.

Active citizenship is a major focus for Personal Development. Whether through volunteering, fundraising, leadership, community action or simply choosing to help someone else, we want students to recognise that they have the ability to make a difference.

Our students and staff have chosen Charlie's Promise as our school charity for 2026/27, and we have set ourselves a rather ambitious challenge:
£21,000 in one school year.

Through our 21 for 21 Challenge, marking the year Charlie would have turned 21, students and staff will be encouraged to take on their own challenges, raise awareness, fundraise and give something back.

There will be plenty of whole-school opportunities throughout the year, but the message behind it is bigger than fundraising:

What can you do for someone else?
What can you give back?
What difference could you make?

We want active citizenship to be something Abbey students do, not simply something they learn about.

Families can follow our progress, support the challenge or set up their own fundraising page as part of The Abbey School team here:



Meet the Personal Development Team

Personal Development doesn't end when a lesson or assembly finishes. It is woven through the wider experiences and opportunities we provide for our students.

Mrs A. Le Brunn-Healey – Assistant Principal, Personal Development

Miss S. Nunn – Enrichment

Mrs G. Bevan – Careers Lead

Mrs S. Priestley – Careers Support Co-ordinator

Dr A. Moseley – Community Action Manager

Our Door Is Always Open

We want Personal Development to be a partnership with our students, parents and carers, and we welcome your involvement.

Whether you have a question about our Personal Development or RSHE curriculum, would like more information about something your child is learning, need advice or support, or have a suggestion or opportunity that you think our students could benefit from, please get in touch.

Our door is always open.

Contact A. Le Brunn-Healey, Assistant Principal – Personal Development:

alebrunn-healey@abbey-school-faversham.co.uk

Ultimately, our ambition is for every Abbey student to leave us prepared not only for their next exam or next destination, but for life – able to keep themselves safe, ask for help, build healthy relationships, respect and understand others, make informed choices, contribute to their community and recognise that their actions matter.

NEW GOLF SEASON!

A great start to the Faversham Golf Academy's season on Wednesday!

It was great to see some strong scores being posted by both our experienced Year 13 golfers and our exciting new Year 12 recruits. A brilliant early indication of the talent, commitment and potential within this year's group.

With 17 golfers in the academy, we're looking forward to a very promising year ahead. It looks set to be a busy, competitive and exciting season as the team continues to develop and build on this positive start.

Be sure to give @favershamgolfacademy a follow to see how the group gets on this year!



Faversham Golf
Academy

A photograph of four students sitting around a large wooden table in a meeting room. They are looking at papers and talking. The room has a whiteboard, a computer monitor, and some books on a shelf in the background.

UCAS STATEMENTS!

We were delighted to welcome Canterbury Christ Church University to the Sixth Form. Students had the opportunity to gain expert perspectives on their UCAS personal statements in preparation for their next steps.

There were many positive conversations throughout the session, and students left feeling more confident about their future applications and the next stage of their educational journey.

A wide-angle photograph of a large, modern main hall. The room has a high ceiling with exposed steel beams and large windows on the right side. The floor is made of light-colored wood. In the center, there is a stage with a blue backdrop and a projector screen. The hall is filled with rows of blue chairs, arranged in a semi-circle facing the stage.

MAIN HALL UPGRADES!

The main hall has had a fantastic upgrade!

With a brand-new sound system, projector and lighting now installed, our main hall is ready to host assemblies, performances, celebrations and everything in between.

We can't wait to see the space being used by our students and staff for all the exciting events ahead!

SUPPORT INFORMATION



It is okay not to be okay



Everyone responds differently to difficult situations and emotions.

Whatever you are feeling, support is available,
and you do not have to cope on your own.

Please reach out and access the support that feels right for you.



ONLINE SUPPORT



Kooth

www.kooth.com

Free online mental health and wellbeing support for young people.



YoungMinds

www.youngminds.org.uk

Information, advice and support for young people.



Child Bereavement UK

www.childbereavementuk.org/Listing/Category/teenagers

Specialist support and guidance for teenagers affected by bereavement and loss.



TELEPHONE HELPLINES



Cruse Bereavement Support

0808 808 1677

Support for anyone experiencing bereavement.



TEXT SUPPORT



SHOUT

Text 85258

Free, confidential support available 24 hours a day via text message.



SUPPORT IN SCHOOL

Support is available through:

- Form Tutors
- Heads of Year
- Pastoral Support Team
- Safeguarding Team
- any Trusted Adult



There will also be drop-in opportunities available if you would like to talk to someone informally.



IN AN EMERGENCY

If you feel unable to keep yourself safe, or are in immediate danger:



Call 999



Attend your nearest Accident & Emergency (A&E) Department



Tell a trusted adult

You do not need to manage a crisis on your own.



REMEMBER



You are not alone.



Support is available.



There are people who care and want to help.



Please reach out if you need support.

The Abbey School ♥



Join Book Club for our newest read:

Vita's beloved grandfather, Jack, has been cheated out of everything he owns.

Vita is determined to set things right, she meets a pickpocket and two boys with unusual skills. Each will play their part in her death-defying plan.

Thursday
3:30 - 4:15

THE GOOD THIEVES

BY KATHERINE RUNDELL



FREE SCHOOL MEAL CHECKER!

Check if Your Child Could Receive Free School Meals

We encourage all parents and carers to take a few moments to see if their child is eligible for Free School Meals.

You can complete the quick online eligibility check here:

<https://fsm.lgfl.net/app>

The process only takes a couple of minutes, and you'll just need your National Insurance number. Recent changes to the eligibility criteria mean that some families who were not previously entitled to Free School Meals may now qualify. Even if you've applied before, it's worth checking again.

Registering for Free School Meals could provide valuable support for your family and also helps The Abbey School receive additional funding, allowing us to continue providing extra resources and opportunities for our students.

Thank you for taking the time to complete the check and for your continued support.

#BeTheBestYouCanBe

STUDENT SHOUTOUT!

We love celebrating our amazing students and their achievements!

Parents and carers, we'd love to hear from you! If your child has achieved something they're proud of (big or small!), send it in and we will share this with our school community.

Achievements could include:

- Academic successes
- Sporting achievements
- Creative talents
- Personal milestones
- Acts of kindness or resilience

To take part, simply email us with:

Your child's achievement

Their name

A photo (optional)

info@abbeyschoolfaversham.co.uk

Let's work together to celebrate our students and recognise their hard work!

#BeTheBestYouCanBe



We have worked with you
listened to your ideas and made lots of changes
over the last few years.

You asked.....

"Why do we have to wait outside the canteen before lunch for so long?"

We did.....

"We have now got some good walkie talkies, so your HOY only calls you over to the canteen when it is virtually time for you to go in, so you get more time outside"



THE WORRY BOX

Checked daily during school hours

www.theabbey-that.org.uk/worrybox

Not checked at the weekends or evenings. For urgent help, contact NSPCC, Action for Children or Childline





The Abbey
School

HIRE OUR FACILITIES

CLICK THE QR CODE TO BOOK NOW!



NO EXCUSE FOR ABUSE



At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.



Secondary School of the Year

Recognising the exemplary use of STEER to proactively safeguard children and young people, and your role in supporting proactive safeguarding across your sector.

2025

A handwritten signature in black ink, appearing to read 'Simon Walker'.

Simon Walker
STEER Founder



**The Abbey
School**

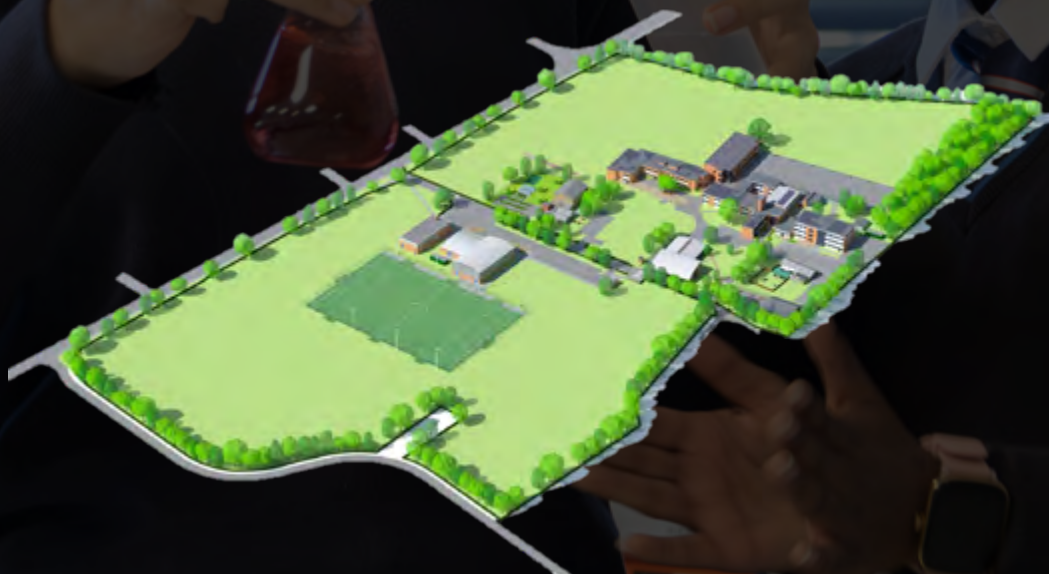
A handwritten signature in black ink, appearing to read 'Jo Walker'.

Jo Walker
STEER Founder



The Abbey School
Faversham
Kent
ME13 8RZ

www.theabbey-that.org.uk
info@abbeyschoolfaversham.co.uk
01795 532633



Attendance Office
01795 542477
attendance@abbeyschoolfaversham.co.uk

"BE THE BEST YOU CAN BE"



The Abbey
School