



**The Abbey
School**

"Be The Best You Can Be"

Weekly Newsletter

2026/27

Issue Number: 6
Date: 09/10/2026



THE HOWARD
Academy Trust

**FOLLOW OUR
SOCIALS!**



"supported"

*"the curriculum
is ambitious"*

*"inclusive
culture"*

*"significant
positive change"*

*"broad range
of enrichment"*



*"meaningful
opportunities"*

"calm"
"safe"

*"motivated to
succeed"*

OFSTED RESULTS

"Pupils feel part of a community that believes in them, challenges them and helps them to succeed."

The Abbey School is proud to share our latest Ofsted Report, following our January inspection, which took place under the new Ofsted framework.

Inspectors noted that "the school has been through significant positive change", judging Personal Development and Wellbeing and Post-16 Provision to be Strong Standard, and confirming that Curriculum and Teaching, Attendance and Behaviour, Inclusion, and Leadership and Governance are operating at the Expected Standard.

Particular praise was given to our Pastoral Support Team, with inspectors commenting that "Pastoral support is a strength. Pupils trust staff to help them manage worries, and... feel safe and supported."

"We are pleased that Ofsted recognised the strength of our work in personal development, safeguarding and sixth-form provision, which reflects the values and culture we work hard to build every day.

Inspectors recognised that pupils are learning well, feel safe, and are prepared for their next stage, including strong sixth-form retention and positive destinations. Our priority now is to continue strengthening Key Stage 4 outcomes so they fully reflect the learning and progress we see across the school."

Dr Speller, Principal

"I would like to recognise the commitment of the leadership team and staff who have led this work with determination and care. Together, they have focused on ensuring that pupils feel safe, supported and that they truly belong within their school community."

Owen McColgan, Former Chief Executive of THAT

Read the full report by clicking the image below!



STARS OF THE WEEK

Well done to the following students for collecting the most house points this week!

AMAZING WORK EVERYONE!



Delyan N
Year 10
91HP



Corbin C-F
Year 10
79 HP



Scarlett-Rose W
Year 10
76HP



Frankie H
Year 7
44HP

**#WAKEUP
WEDNESDAY**

**SENECA
CHAMPIONS**



Year Group	Learning Time	Average Score	Time Champion	Score Champion
12 & 13	9h 23m	75%	Henry H	Alex R
11	196h 18m	67%	Alfie L	Lily-May S
10	253h 33m	65%	Isabella P	Neryah J, Aiyone R
9	192h 43m	67%	Ellie M	Lillie A, Teddy B
8	15h 38m	67%	Ikmat M	Isabelle S
7	40h 5m	58%	Annabelle C	Freddie G, Frederick B-F



IN CASE YOU MISSED IT, CLICK
HERE TO SEE OUR PREVIOUS
NEWSLETTER



**CANTEEN
MENU
TERM 1**

CLICK HERE TO SEE VIEW
OUR LUNCH MENU!



OPEN EVENTS!

A huge thank you to all the families who joined us for our Open Evening and Open Mornings!

It was fantastic to welcome so many prospective students and their families to The Abbey School. This year's events were some of our busiest yet, and we hope you enjoyed exploring our school, meeting our staff and students and getting a taste of life at The Abbey.

A special thank you also goes to all our staff and students who played their part in making these events such a success. From welcoming families and showcasing our subjects to helping behind the scenes, your hard work and enthusiasm made a real difference.

Thank you to everyone who joined us!

INSPIRING FUTURE DOCTORS!

We were delighted to welcome representatives from Kent and Medway Medical School (KMMS) to The Abbey School to deliver careers assemblies to our Year 9 and Sixth Form students, inspiring them to think ambitiously about their futures and explore the opportunities available within medicine and healthcare.

A collaboration between Canterbury Christ Church University and the University of Kent, KMMS is committed to training the next generation of doctors while widening access to medical education. Central to its work is the belief that talented young people from all backgrounds should have the opportunity to pursue a career in medicine.

For our Year 9 students, the assembly encouraged early exploration of career pathways, helping them recognise the importance of making informed choices and keeping their future options open. For our Year 12 and 13 students, the session provided an opportunity to explore medicine as a potential career, consider routes into higher education and develop a greater understanding of the academic expectations, personal qualities and commitment involved.

A particularly important message across both assemblies was that a young person's background or circumstances should not limit their aspirations. At The Abbey, we are passionate about challenging misconceptions, broadening horizons and ensuring that every student can see themselves represented in ambitious career pathways.

Students interested in exploring medicine further can also access KMMS's Future Doctors Programme, a virtual medical society for young people in Years 9–12 across Kent and Medway.

We extend our thanks to Kent and Medway Medical School for giving their time to our students and supporting our commitment to high-quality careers education, meaningful encounters with higher education and widening opportunities for all.

I CAN'T REVISE FOR ENGLISH LANGUAGE! WRONG!

ENGLISH LANGUAGE REVISION WORKSHOP

14th October | 5.30pm – 6.30pm | The Abbey School

Come along and discover **HOW** to revise for GCSE English Language with practical:

- REVISION TIPS
- EXAM STRATEGIES
- LANGUAGE REVISION TECHNIQUES
- CGP REVISION RESOURCES

YOU CAN REVISE FOR ENGLISH LANGUAGE. WE'LL SHOW YOU HOW!

GCSE AQA English Language Revision Guide

TIPS STRATEGIES CONFIDENCE SUCCESS

WE HAVE PURCHASED CGP REVISION GUIDES!

THE ABBEY SCIENCE REVISION WORKSHOP

YEAR 11 STEP-UP EVENING

Wednesday 14th October | 5:30pm – 6:35pm | The Abbey School

Students and Parents Welcome

FIND OUT HOW TO GET THE MOST FROM YOUR CGP SCIENCE REVISION GUIDE!

DON'T JUST READ IT... REVISE IT!

- 1 RETRIEVE IT**
Close the book. What can you remember?
- 2 EXPLAIN IT**
Draw it. Label it. Explain it out loud.
- 3 APPLY IT**
Try the CGP questions and AQA exam questions.
- 4 FIX IT**
Check the answers. Correct and try again.

GCSE Biology For AQA
GCSE Chemistry For AQA
GCSE Physics For AQA

CGP

REVISION GUIDE

THE ABBEY SCHOOL

YEAR 11 STEP UP EVENING!

Join us on Wednesday 14 October, 5.30–6.30pm, for an evening of practical revision support for Year 11 students and their parents or carers.

- Short English, Maths and Science workshops
- Revision techniques to practise together
- Advice on knowledge organisers and revision planning
- A revision pack worth over £30 for every student who completes the evening
- Pens, sweets and a few extra treats!

Students who complete all three workshops will also be entered into our prize draw, with four £50 vouchers to be won!

Places must be booked in advance. Register here:

[Sign up!](#)

Let's help Year 11 feel organised, confident and ready for the year ahead.



Sentence Builders[®] FOR MFL

PRACTISE
BUILD
IMPROVE
SUCCEED 😊



More languages
brighter
futures ♥

Build better sentences. Speak with confidence. Achieve more.

Je peux
décrire ma famille.
I can describe my family.

Ich kann über
meine Hobbys sprechen.
*I can talk about
my hobbies.*

Puedo hablar de
mis planes para el futuro.
*I can talk about my
plans for the future.*

Posso dare la mia
opinione.
I can give my opinion.



PERFECT
FOR GCSE



TOPIC-BASED
PRACTICE



BUILDS
VOCABULARY



DEVELOPS
GRAMMAR



BOOSTS
CONFIDENCE

WHAT IS SENTENCE BUILDERS?

Sentence Builders is an online learning platform designed to help you create and practise high-quality sentences in French, Spanish, German and Italian.

It provides structured activities and model sentences that you can adapt and extend, helping you to:

- ✓ learn key vocabulary in context
- ✓ use accurate grammar
- ✓ build longer, more complex sentences
- ✓ prepare for speaking and writing exams
- ✓ gain confidence in using the language independently

SUPPORTS ALL KEY SKILLS



LISTENING



READING



WRITING



SPEAKING

*"Small steps.
Big progress!"*



USE IT ANYTIME, ANYWHERE



on your computer



on your tablet



on your phone

Short activities, big results – perfect for homework, revision or a quick practice session!

HELPFUL FOR ALL ABILITIES



Builds confidence for beginners



Helps you develop and extend your ideas



Supports you to aim higher at GCSE and beyond



BETTER SENTENCES BRIGHTER OPPORTUNITIES

The more you can say, the more doors you can open – in your studies, your career and your future.



LOG IN TO
SENTENCE BUILDERS
TODAY!

*Same great language.
A brighter you.*



Explore
Learn
Communicate
Belong ♥

LANGUAGES FOR A BRIGHTER TOMORROW





YEAR 9 SAFETY ROADSHOW!

A big thank you to the team who visited The Abbey School on Thursday 8th October to deliver the Swale Young Persons Safety Roadshow to our Year 9 students!

The roadshow brought together partners from Kent Police, Swale Borough Council, Clarion Housing domestic abuse services, Uprising Youth and Community, and the NHS, covering important topics including health and social care, drugs and alcohol, antisocial behaviour, exploitation, knife crime and transport safety.

The session was hosted by local singer and actor Robbie White, who helped bring the different presentations together and keep our students engaged.

It was a really valuable opportunity for our students to hear important advice and information to help them stay safe and make positive choices.

But perhaps the most powerful feedback came from the students themselves.

Jimmy reflected on what he had learnt:

"That I shouldn't get tangled up in drugs, exploitation and knife crime, plus other stuff which could put me and my family at risk."

Libby shared what she would take away from the day:

"I will take away the information that when you see something wrong, you should not be scared to tell, because it will save the victim of the incident you saw."

Arthur reflected on the importance of personal safety:

"I just feel I need to be more aware of my surroundings when I'm out late. I also need to be cautious of who I get involved with and just more aware generally."

Callum highlighted an important message about railway safety:

"Be careful on train tracks, never trespass. They are very dangerous."

Four reflections, four different messages, but all demonstrating the importance of giving young people the knowledge and confidence to recognise risks, make informed decisions, look out for others and speak up when something isn't right.

This is exactly what personal development is about: equipping our students with the knowledge and skills they need beyond the classroom.

Thank you to everyone involved in delivering such an important and informative day!

SIXTH FORM OPEN EVENING!

Is your child starting to think about their next steps after Year 11?

Join us for our Sixth Form Open Evening at The Abbey School:

Thursday 26 November | 5pm - 7.30pm
The Abbey School, London Road, Faversham, Kent, ME13 8RZ

- Meet our staff and current Sixth Form students
- Find out more about our A-level and vocational courses
- Discover our Football and Golf Academies
- Explore our facilities and find out more about Sixth Form life at The Abbey School and beyond!

There will also be talks in our Main School Hall:

6pm – Sixth Form Talk
6.30pm – Football Academy Talk

Book your place and come along to discover what The Abbey School Sixth Form has to offer.

Click the image below to book your place!



NON-UNIFORM DAY!

Next Friday is our first Non-Uniform Day! Students can leave the uniform at home and come to school in their own clothes.

Cost: £5 for the year which covers all non-uniform days, payments have to be made today!

This is optional for all students, you can wear your school uniform if do not wish to participate.

Payment can only be made via Arbor → School Shop. We do not accept cash.

Please make sure students follow these rules:

- **Abbey School bag and equipment must be brought in – no other bags are acceptable**
 - No short, low-cut, strappy or vest tops
 - No hot pants or short skirts
 - No offensive logos
 - No tummies on show
 - No open-toed shoes or Crocs
 - Football shirts are allowed
- **Clothing must not be dangerous or unsuitable for walking around school**
 - The usual rules apply to jewellery and make-up

YEAR 10 AND 12 WORK EXPERIENCE EVENT

Thinking ahead to Work Experience? Join us Thursday 15 October, 5:00-6:00pm for a live online session via Microsoft Teams.

We'll cover everything parents and carers need to know, including:

Finding and securing a placement
Key dates and deadlines
Using Unifrog and completing paperwork
Safeguarding and staying safe on placement
How you can support your child
Where to get help and answers to your questions



Work Experience takes place in Term 6, but placements and paperwork need to be sorted before the end of March.

Please note: You will need to download Microsoft Teams onto your phone, tablet or computer to access the meeting.

If you need any IT support, please do get in touch with us.

The Teams link will be shared nearer the time.

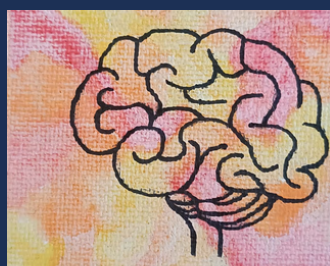
ENYA ART THERAPY!

Drawing on her impressive artistic skills, she created a thoughtful and visually engaging design that reflects the calming, expressive, and supportive nature of art therapy. The logo captures the importance of creativity as a tool for wellbeing.

Enya demonstrated not only exceptional artistic ability but also a genuine understanding of how art can support emotional wellbeing. She worked carefully to develop a design that is both professional and meaningful, showing great commitment throughout the process.

Art therapy provides young people with an opportunity to express themselves creatively, build confidence, and explore their thoughts and feelings in a safe and supportive environment. Having a bespoke logo designed by one of our own students makes this provision even more special.

We are incredibly proud of her achievement and grateful for the time, effort, and talent she has contributed. Her work is a fantastic example of the creativity, initiative, and community spirit that we value within our Sixth Form.





SAFEGUARDING CONCERNS

We want to remind you about how to seek help if you have a safeguarding concern about a child, particularly outside of school hours.

Our Safeguarding and Pastoral Team are available from 8.30am to 4.30pm, Monday to Thursday & Friday until 3.30pm, during term time. We are always happy to listen, support families and respond to concerns raised with us during these hours.

Please be aware that school email inboxes are not monitored outside of these hours, particularly during evenings and weekends. If you email the school with a safeguarding concern after 4.30pm or over the weekend, your message may not be seen until the next working day. This means that emailing the school should not be relied upon where a child may need immediate help or protection. If you are worried about a child's immediate safety or welfare, please contact the appropriate service directly:

If a child is in immediate danger or there is an immediate risk of serious harm: please call 999 and ask for the Police. For a non-emergency concern requiring Police assistance: please call Kent Police on 101.

For concerns about a child's safety or welfare: contact Kent Children's Services (The Front Door) on 03000 41 11 11.

Outside normal hours, including evenings and weekends: Kent Children's Services can be contacted on 03000 41 91 91.

We appreciate that knowing who to contact can sometimes feel difficult, particularly when you are worried about a child. Our priority is to make sure that concerns reach the right professionals as quickly as possible, so please use the appropriate service rather than waiting for the school to respond to an email.

Of course, if your concern is not urgent and you would like to speak to a member of our Safeguarding or Pastoral Team, please contact us during our normal school hours. We are here to listen and support you.

Thank you for working with us to help keep our children and young people safe.

Safeguarding and Pastoral Team 8.30am to 4.30pm, Monday to Thursday & Friday until 3.30pm, during term time only

DOVER ATHLETIC FOOTBALL ACADEMY

IN PARTNERSHIP WITH THE ABBEY SCHOOL SIXTH FORM

FOOTBALL ACADEMY TRIALS

Tuesday 16th February 2027

IF YOU ARE INTERESTED IN ATTENDING THE TRIAL OR WANT TO
FIND OUT MORE INFORMATION, PLEASE SCAN THE QR CODE
BELOW AND FILL OUT THE FORM.



- Excellent coaching from UEFA A Licence Coaches
- Full time training whilst studying a full range of A Level or BTEC Courses
- Full Fixture Schedule played on Wednesday afternoons
- Represent Dover Athletic Football Club
- Play in the FA Youth Cup
- Compete in International Tournaments
- Excellent progression route

If you have any questions, please contact Academy
Manager Mike Sandmann
msandmann@abbeyschoolfaversham.co.uk



**The Abbey
School**

SPORTS CRAFTS POOL TABLE MUSIC
TUCK SHOP CHILL SPACE COMPUTER GAMES

YOUTH @



Stay in the Loop with Youth @ The Hub!
Scan the QR code for the latest updates
& see how you can support us.

The Hub, 51 Faversham Road,
Seasalter, Whitstable, CT5 4AX
T: 07477 493874
E: hannah.rogers@stalphegeseasalter.org



  Youth at The Hub

 St Alphege, Seasalter



YEAR 11 REVISION SESSIONS!

With Year 11 mock examinations just around the corner, don't forget that we have a range of FREE revision and support workshops taking place over the October half term!

Our teachers will be offering additional support to help students revisit key topics, practise their skills and build confidence ahead of their examinations.

Sessions begin Monday 19 October!

There's still time to sign up:

Science – 19 & 20 October

<https://forms.cloud.microsoft/e/73cptYSEFu>

Dance – 19 & 20 October

<https://forms.cloud.microsoft/e/uvSPMu3ZNU>

Media – 20 October

<https://forms.cloud.microsoft/e/p1NbnQiB4B>

ICT – 20 & 21 October

<https://forms.cloud.microsoft/e/5e8wues6sj>

Food Technology – 22 October

<https://forms.cloud.microsoft/e/UfvzC0DL6c>

Spanish – 26 October

<https://forms.cloud.microsoft/e/Z3pusvMEWC>

Photography - 19 October

[October Half-Term Photography Sessions – Sign Up – Fill in form](#)

Maths - 23 October & 30 October

[October Half-Term Maths Sessions – Sign Up – Fill out form](#)

Students are welcome to sign up for sessions across different subjects, depending on where they feel additional support would be most helpful.

Parents and carers can also find full details of the sessions and arrangements on Arbor. Please encourage your child to make the most of these opportunities. A little extra time revisiting key knowledge and practising examination skills can make a real difference as we approach the mock examinations.

Thank you again to our staff who are giving up their time over the holiday to support Year 11.



Faversham Golf Academy

Congratulations to Zack on becoming our Golf Academy Captain for 2026–27!

Zack has made fantastic progress, representing The Abbey in school tournaments and fixtures, as well as competing for Faversham's junior section.

Well done Zack!

WORLD TEACHERS DAY!

On Monday, it was World Teachers' Day and we've celebrated ALL the staff who make The Abbey such a special community.

While World Teachers' Day and National Teaching Assistants' Day recognise our teachers and TAs, we want to say a huge thank you to everyone who supports our students and keeps our school thriving.

From the success of last week's Open Evening to the countless everyday moments of care, encouragement and support – every contribution makes a difference.

Our students wanted to share, in their own words, just how much the people around them mean. Enjoy the video – and thank you, Team Abbey, for everything you do.

Click the image below to be taken to a special thank you video!



Good People
Brighter
Futures

Weekly Extracurricular Clubs

MAKE TODAY COUNT

LEARN
GROW
BELONG

MONDAY

History

The Historical Society
Years 7 - 10
3:30pm - 4:30pm
Canteen
OSR
Bring film snacks



Raising Standards

Homework Club
All Year Groups
3:30pm - 4:30pm
B13
Miss Marsh and Mrs Earls



PE

Mixed Football Club Yrs 7-9
PE Staff
3:30pm - 4:30pm
Sports Hall



TUESDAY

Science

Animal Club
Year 7 and 8
3:30pm - 4:15pm
B6
AOH
WEEK A ONLY



Performing Arts

Dance Club
Year 7, 8 and 9
3:30pm - 4:15pm
Dance Studio
SRN



Raising Standards

Homework Club
All Year Groups
3:30pm - 4:30pm
B13
Miss Marsh and Mrs Earls



Creative Arts

Gardening and Craft
All years welcome
SBA
C11
3:30pm - 4:30pm



WEDNESDAY

Performing Arts

School Production Rehearsals
All Year Groups
3:30pm - 4:30pm
PA1
SRN / CWA / GLB



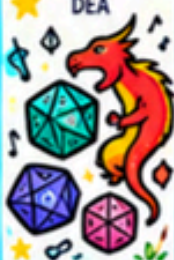
Business

Future CEO
Year 8 and 9
3:30pm - 4:30pm
B3
EJU



Recreational

D&D Club (invite only)
All Year Groups
3:30pm - 4:30pm
B18
DEA



Raising Standards

Homework Club
All Year Groups
3:30pm - 4:30pm
B13
Miss Marsh and Mrs Earls



PE

Mixed Badminton
Yrs 7-9
3:30pm - 4:30pm
Sports Hall
PE Staff



Reading

Book Club
All Year Groups
3:30pm - 4:15pm
Library
Mr Mitchell



Raising Standards

Homework Club
All Year Groups
3:30pm - 4:30pm
B13
Miss Marsh and Mrs Earls



Respect
Kindness
Opportunity

Keep going - you've got this!

A stronger
brighter
future together



LUNCHTIME CLUBS!



MONDAY



Sparx Drop-in
Mr McCormack
Week B only
B15 / P3A

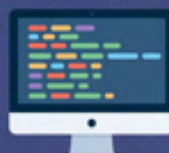


David Attenborough /
Geography
Miss Hutchins
S11 / P3A

Dance Rehearsals
Miss Nunn
Dance Studio
P3A



Coding/Gaming
Mrs Kusi
C16 / P3B



Sparx Drop-in
Mr McCormack
Week A only
B15 / P3B

TUESDAY



Coding/Gaming
Mr Kusi
Week B
C16 / P3A



Games Club
Miss Wilsom
B17 / P3A

Dance Rehearsals
Miss Nunn
Dance Studio / P3B



Creative Writing Workshop
Mr Crewe
A14 / P3B



Y7 Choir
Mrs Ward
ODC / P3B

WEDNESDAY



The Royal Shakespeare
Company YB
Mrs Ward & Mrs
Head-Rapson
A15 / P3A



Production Dance Rehearsals
Miss Nunn
Dance Studio / P3A

Games Club
Miss Wilsom
B17 / P3B



Drama Club
Miss Bevan
PA1 / P3B

THURSDAY



Crochet
Miss East
B18 / P3A



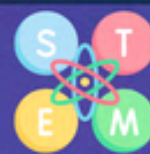
Y7 Choir
Mrs Ward
ODC / P3A



Beyond Boundaries
Mrs Slack
C5 / P3A



Coding/Gaming
Mr Kusi
Week A
C16 / P3A



STEM Club
Mr Hollands
B6 / P3B



David Attenborough /
Geography
Miss Hutchins
S11 / P3B

FRIDAY



Sparx Drop-in
Mr McCormack
Week B only
B15 / P3A



Creative Writing Workshop
Mr Crewe
A14 / P3A



STEM Club
Mr Hollands
Week A Only
B6 / P3B



GCSE Rehearsal
Mrs Ward
ODC / P3B

Beyond Boundaries
Mrs Slack
C5 / P3B



Crochet
Miss East
Week A Only
B18 / P3B

EVERYDAY



Library -
Reading/
Homework
Mr Mitchell



Football (Weather
Dependent)
Playground Staff
Pitch next to C Block



Table Tennis
Playground Staff
Starting Term 2

THE ABBEY SCHOOL'S

FIND OUT MORE ON OUR
JUST GIVING PAGE

£21,000 CHALLENGE



Charlie's Promise



THIS YEAR, WE'RE STANDING BEHIND
CHARLIE'S PROMISE

Chosen by our students and staff 

*A safer tomorrow
for young people.*



TAKE ON A
CHALLENGE



RAISE
MONEY



MAKE A
DIFFERENCE



HONOUR
CHARLIE

**MAKE YOUR
£21 PLEDGE**
TO RAISE AT LEAST £21 EACH

Everyone will play a part.



Have an idea about
how you'd like to get involved?
Email: [alebrunn-healey@
abbeyschoolfaversham.co.uk](mailto:alebrunn-healey@abbeyschoolfaversham.co.uk)

*All for you
Cheeks*



**Be The Best You Can Be
by being an Active Citizen**

Charlie's Promise Charity Number: 1207246

FREE SCHOOL MEAL CHECKER!

Check if Your Child Could Receive Free School Meals!

We encourage all parents and carers to take a few moments to see if their child is eligible for Free School Meals.

You can complete the quick online eligibility check here:

<https://fsm.lgfl.net/app>

The process only takes a couple of minutes, and you'll just need your National Insurance number. Recent changes to the eligibility criteria mean that some families who were not previously entitled to Free School Meals may now qualify. Even if you've applied before, it's worth checking again.

Registering for Free School Meals could provide valuable support for your family and also helps The Abbey School receive additional funding, allowing us to continue providing extra resources and opportunities for our students.

Thank you for taking the time to complete the check and for your continued support

STUDENT SHOUTOUT!

We love celebrating our amazing students and their achievements!

Parents and carers, we'd love to hear from you! If your child has achieved something they're proud of (big or small!), send it in and we will share this with our school community.

Achievements could include:

Academic successes

Sporting achievements

Creative talents

Personal milestones

Acts of kindness or resilience

To take part, simply email us with:

Your child's achievement

Their name A photo (optional)

info@abbeyschoolfaversham.co.uk

Let's work together to celebrate our students and recognise their hard work!



SUPPORT INFORMATION



It is okay not to be okay



Everyone responds differently to difficult situations and emotions.

Whatever you are feeling, support is available,
and you do not have to cope on your own.

Please reach out and access the support that feels right for you.



ONLINE SUPPORT



Kooth

www.kooth.com

Free online mental health and wellbeing support for young people.



YoungMinds

www.youngminds.org.uk

Information, advice and support for young people.



Child Bereavement UK

www.childbereavementuk.org/Listing/Category/teenagers

Specialist support and guidance for teenagers affected by bereavement and loss.



TELEPHONE HELPLINES



Cruse Bereavement Support

0808 808 1677

Support for anyone experiencing bereavement.



TEXT SUPPORT



SHOUT

Text 85258

Free, confidential support available 24 hours a day via text message.



SUPPORT IN SCHOOL

Support is available through:

- Form Tutors
- Heads of Year
- Pastoral Support Team
- Safeguarding Team
- any Trusted Adult



There will also be drop-in opportunities available if you would like to talk to someone informally.



IN AN EMERGENCY

If you feel unable to keep yourself safe, or are in immediate danger:



Call 999



Attend your nearest Accident & Emergency (A&E) Department



Tell a trusted adult

You do not need to manage a crisis on your own.



REMEMBER



You are not alone.



Support is available.

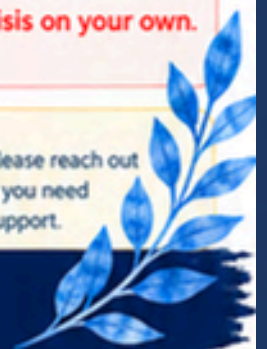


There are people who care and want to help.



Please reach out if you need support.

The Abbey School ♥



HALLOWEEN FILM AFTERNOON

An end-of-term treat for Year 7
Celebrating amazing attendance!

More Information to follow!





The Abbey
School

HIRE OUR FACILITIES!

Scan the QR Code to book!



THE WORRY BOX

Checked daily during school hours

www.theabbey-that.org.uk/worrybox

Not checked at the weekends or evenings. For urgent help, contact
NSPCC, Action for Children or Childline



We have worked with you
listened to your ideas and made lots of changes
over the last few years.

You asked.....

*"Can we wear PE kit on PE lesson days so
we can spend more time in the lesson and
less getting changed?"*

We did.....

*"You can wear your PE kit on PE days all
year round."*



NO EXCUSE FOR ABUSE

At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.

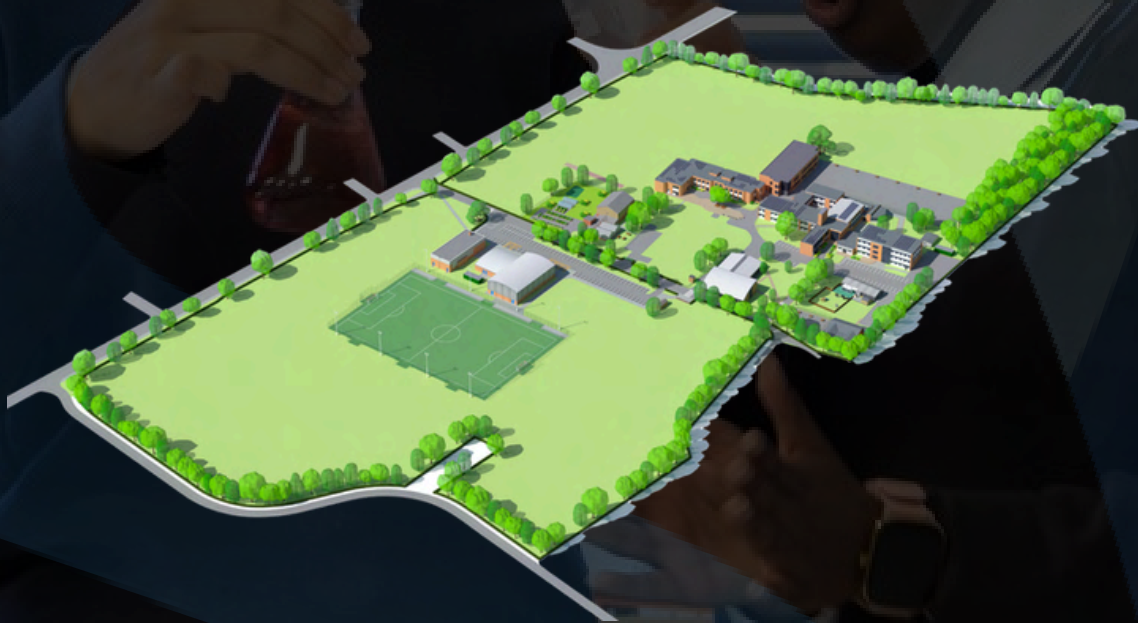


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"BE THE BEST YOU CAN BE"



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School