

The Abbey School

"Be The Best You Can Be"

Weekly Newsletter

2026/27

Issue Number: 10
Date: 20/11/2026

THE HOWARD Academy Trust



"supported"

"the curriculum is ambitious"

"inclusive culture"

"significant positive change"

"meaningful opportunities"

"broad range of enrichment"

"calm"

"motivated to succeed"

"safe"

OFSTED RESULTS

"Pupils feel part of a community that believes in them, challenges them and helps them to succeed."

The Abbey School is proud to share our latest Ofsted Report, following our January inspection, which took place under the new Ofsted framework.

Inspectors noted that "the school has been through significant positive change", judging Personal Development and Wellbeing and Post-16 Provision to be Strong Standard, and confirming that Curriculum and Teaching, Attendance and Behaviour, Inclusion, and Leadership and Governance are operating at the Expected Standard.

Particular praise was given to our Pastoral Support Team, with inspectors commenting that "Pastoral support is a strength. Pupils trust staff to help them manage worries, and... feel safe and supported."

"We are pleased that Ofsted recognised the strength of our work in personal development, safeguarding and sixth-form provision, which reflects the values and culture we work hard to build every day.

Inspectors recognised that pupils are learning well, feel safe, and are prepared for their next stage, including strong sixth-form retention and positive destinations. Our priority now is to continue strengthening Key Stage 4 outcomes so they fully reflect the learning and progress we see across the school."

Dr Speller, Principal

"I would like to recognise the commitment of the leadership team and staff who have led this work with determination and care. Together, they have focused on ensuring that pupils feel safe, supported and that they truly belong within their school community."

Owen McColgan, Former Chief Executive of THAT

Read the full report by clicking the image below!

STARS OF THE WEEK

Well done to the following students for collecting the most house points this week!

AMAZING WORK EVERYONE!

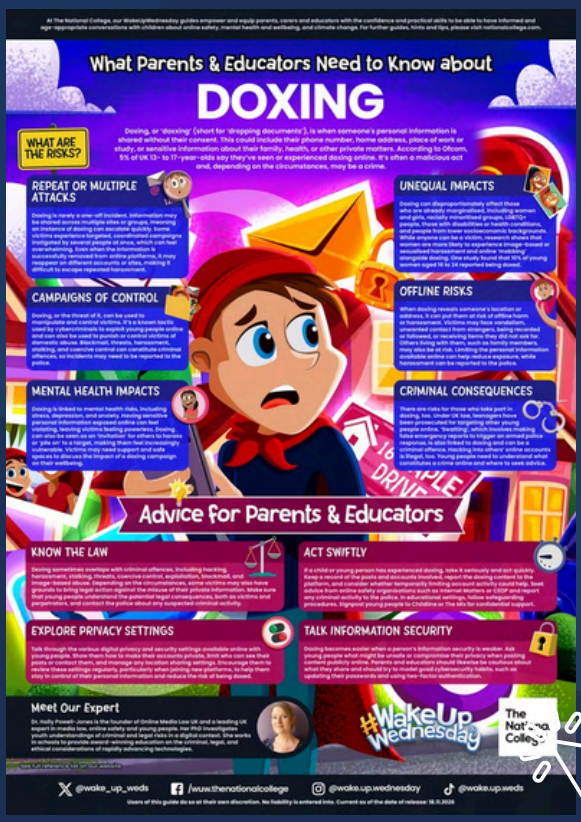
Matthew R
Year 9
46HP

Andrew D
Year 9
52 HP

Riley C
Year 9
55HP

Ralph A
Year 7
32HP

#WAKE UP WEDNESDAY



SENECA CHAMPIONS

Year Group	Learning Time	Average Score	Time Champion	Score Champion
12 & 13	4h 46m	78%	Freddie C	Oliver R
11	99h 38m	62%	Destiny W	Josh J
10	168h 1m	66%	Isabella P	Jacob F
9	137h 43m	68%	Sophie H	Izzy P, Jack R, Phoebe P, Arabella S, Victory M, Martyna E, Libby S
8	45h 51m	67%	Alexander P	Ava R, Olivia de H, Elsie H-G
7	40h 5h	59%	Maka D	Lora G

IN CASE YOU MISSED IT, CLICK HERE TO SEE OUR PREVIOUS

NEWSLETTER





CANTEEN MENU TERM 2

CLICK HERE TO VIEW OUR LUNCH MENU!



FREDDIE CALENDAR!

Introducing our FIRST EVER Freddie Calendar!

Our favourite four-legged friend is taking centre stage in his very own calendar!

Featuring Freddie throughout the year, it's the perfect little keepsake for anyone who loves our very special Abbey School therapy dog.

Every penny raised from calendar sales will be donated to Charlie's Promise, helping us support our chosen school charity.

Want to get your paws on one? Calendars can be purchased via Arbor under the School Shop.

Thank you for supporting this fantastic cause!

Since September, our school community has been busy supporting some fantastic fundraising activities, and we're delighted to share that we have raised

£1,728

so far from our just giving page!

A huge thank you to all our students, parents, carers and staff who have contributed, taken part in events and supported our fundraising efforts. Every donation, big or small, makes a difference, and it's wonderful to see our Abbey community coming together to support such worthwhile causes.

We're incredibly proud of what we've achieved so far and look forward to seeing how much more we can raise together!



ANTI BULLYING WEEK!

Breaking the silence means having the confidence to speak up when something isn't right, recognising bullying and unkindness, and knowing when to ask for help.

At The Abbey School, we want our students to be upstanders, not bystanders. This means finding safe ways to challenge unkind behaviour, support others and report concerns to a trusted adult.

We know speaking up isn't always easy. Students may worry about making things worse, losing friendships or being labelled a 'snitch'. We want to challenge this thinking. Reporting bullying is not telling tales; it is showing courage, kindness and responsibility.

Our message is clear: If you see something, say something. If something is happening to you, tell someone. You will be listened to.

Working together to tackle bullying

Bullying and unkindness can happen both inside and outside school, including through social media, group chats and online interactions.

We encourage families to talk about what bullying looks like, the difference between friendship disagreements and bullying, and the importance of treating others with respect.

If you have any concerns about unkindness, friendship difficulties or bullying, please contact your son or daughter's form tutor in the first instance. We would always rather know about concerns early so that we can work together to address them.

Support beyond school

Bullying does not only affect children. Adults can experience bullying too, whether at work, online or within their communities. Nobody should feel they have to manage this alone.

The following organisations offer advice and support:

Anti-Bullying Alliance – Guidance and resources for families: www.anti-bullyingalliance.org.uk

Kidscape – Support for children and parents affected by bullying: www.kidscape.org.uk

Family Lives – Advice and support for families: www.familylives.org.uk

Childline – Free, confidential support for young people: 0800 1111 or www.childline.org.uk

ACAS – Advice for adults experiencing workplace bullying: www.acas.org.uk

Our Abbey School message

Anti-Bullying Week is an important reminder, but our commitment to kindness, respect and safety extends far beyond one week in November.

Every student deserves to feel safe, valued, included and heard. We all have a responsibility to make that happen. Let's celebrate our differences, challenge unkindness and work together to Break the Silence.

Thank you for your continued support.

Please click the links below to view the videos made Anti Bullying Week by our students!

Put the I in Kind!

Stamp out bullying!

The Abbey School

A GUIDE FOR PARENTS & CARERS

KEEPING SAFE AS THE EVENINGS GET DARKER

Practical advice to help children and young people stay safe when travelling and spending time in the community

As the days get shorter, students may be travelling home, meeting friends or taking part in activities in lower light. A few simple conversations and an agreed plan can help them make safer choices and feel confident about what to do if something does not feel right.

1. AGREE A PLAN



- Know where your child is going, who they are with and when they
- are expected home.
- Ask them to let you know if plans or travel arrangements change.
- Agree what to do if they miss a bus, run late or cannot contact you.

2. STAY CONNECTED



- Encourage your child to keep their phone charged and accessible.
- Agree when and how they will check in with you.
- Discuss location sharing as a family where appropriate, including when it will be used.

3. CHOOSE SAFER ROUTES



- Use well-lit, busy routes and public places. Avoid isolated shortcuts, parks and alleyways after dark.
- Where possible, travel with a friend or in a group.
- Do not accept lifts from people they do not know or go somewhere private with someone they have just met.

4. BIKES & SCOOTERS



- Check bikes have working front and rear lights and reflectors.
- Wear a correctly fitted cycle helmet.
- Use appropriate cycle paths and well-lit routes, follow road rules and stay alert to traffic.
- Check the bike or scooter is in good working order before setting off.

IF SOMETHING DOESN'T FEEL RIGHT

Encourage your child to trust their instincts. They do not need to be certain that someone intends harm before moving away and asking for help.

Talk through these steps:

- Move towards a busy, well-lit place such as a shop or staffed public building.
- Do not confront the person. If they think they are being followed, do not go home; go somewhere safe and ask for help.
- Call you or another trusted adult and explain where they are.
- Tell a trusted adult as soon as possible, even if they are unsure or feel embarrassed.
- Call 999 if they are in immediate danger or need urgent police assistance.

KEEP THE CONVERSATION OPEN

Ask: "What would you do if your phone ran out of battery?" "Where could you go for help on your route?" "Which trusted adults could you contact?" Practise the plan together and remind your child that they can always call you for help. You can talk through what happened afterwards

Thank you for working with us to help our students stay safe, make sensible choices and look out for one another.

The Safeguarding Team



POLICING SURVEY!

The Office of the Police and Crime Commissioner is inviting people across Kent to take part in its Annual Policing Survey.

This is your opportunity to share your views on policing and community safety and help shape the future of policing across our county.

Parents, carers and students aged 16 and over are encouraged to take part.

The survey is anonymous and takes approximately five minutes to complete.

Have your say before Monday 7th December!

Survey Link - Annual Policing Survey 2026

MOCK EXAMS!

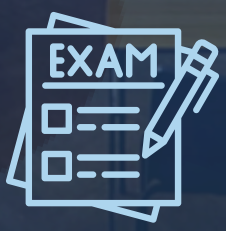
A huge well done to all our students for the hard work, effort and commitment they have shown over the past couple of weeks during their mock exams. We are incredibly proud of the determination and resilience they have demonstrated throughout.

Mock exams are an important part of the learning journey, giving students the opportunity to experience real exam conditions, put their revision techniques into practice and identify areas where they may need a little extra support ahead of their final GCSEs.

They also help students build confidence, develop exam skills and understand what to expect when the real examinations arrive. Teachers can use the results to recognise progress, celebrate strengths and help students focus on the next steps in their learning.

We know how much preparation goes into this period, so well done to everyone for giving it their best.

Keep up the fantastic work!



The Abbey School

12 DAYS OF CHRISTMAS

ATTENDANCE REWARDS

KINDNESS
OPPORTUNITY
ACHIEVEMENT

Be here
Belong
Succeed

3 – 18 DECEMBER

Thursday 3rd Dec
Golden Elf Treasure
Gold chocolate coin



For golden ticket winners

Friday 4th Dec
Candy canes



For all students

Monday 7th Dec
2 for 1 golden tickets



Plus a festive chocolate treat for golden ticket winners

Tuesday 8th Dec
Form time breakfast pastries



Wednesday 9th Dec
Candy canes



For all students

Thursday 10th Dec
Christmas Jumper Day



For all students who have donated

Friday 11th Dec
Festive Frosting Friday
Mini cakes



For students with 100% attendance from the start of the event

Monday 14th Dec
Haribo-ho-ho



For 100% attendance and no C3s from the start of the event

Tuesday 15th Dec
Festive Accessory Day



Wednesday 16th Dec
Disco Christmas music



During Christmas lunch

Thursday 17th Dec
Mini selection box



For 100% attendance and no C3s from the start of the event

Friday 18th Dec
Festive non-uniform



For all students

PLEASE REMEMBER

- Usual non-uniform rules apply.
- Festive Accessory Day: ONE festive item only (socks, tie, jumper, hat etc.).
- 100% attendance is measured from the start of the event: Thursday 3rd December.

POETRY LIVE!

The English Department is delighted to offer Year 10 students the opportunity to attend Poetry Live! at the Emmanuel Centre, London, on Friday 26th February 2027.

As you are aware, students will sit their GCSE English Literature examination in May 2027. This exciting event is specifically designed to support students with their preparation for Literature Paper 2, helping to deepen their understanding of the poetry they will study as part of the GCSE course.

Poetry Live! is a unique and inspiring educational experience that brings together some of the UK's leading contemporary poets whose work features on the GCSE English Literature syllabus. Students will have the invaluable opportunity to hear the poets read and discuss their own work, gaining first-hand insight into the themes, ideas and inspirations behind the poems. The event also includes sessions led by experienced examiners, offering expert guidance on how to approach poetry analysis and examination questions successfully.

Tickets are now available to purchase via Arbor at a cost of £35.93. We have secured 69 places, which will be allocated on a first-come, first-served basis, so we encourage you to book early to avoid disappointment.

Further information, including details of travel arrangements and the itinerary for the day, will be shared next term.

We are confident that this will be a memorable and highly beneficial experience, enhancing students' appreciation of poetry while providing valuable support for their GCSE studies.

Any questions regarding the trip, please contact the trip lead Mr Crewe!

FORSTERS BLACK FRIDAY DEAL!

Please see a message from Forsters:

We are delighted to inform you of our Black Friday offer for this year. The 10% discount is available in both our school shops as well as online and it runs for a week period only (17th November to 30th November). The code that they can use online is BLK26.

If parents simply enter this code into the basket before checkout the discount will be applied.



ABBEY SCHOOL SIXTH FORM
OPEN EVENING

WHERE AMBITION MEETS OPPORTUNITY
BROAD RANGE OF SUBJECTS
ENDLESS POSSIBILITIES

The Abbey School Sixth Form Open Evening

Thursday 26 November
5:00pm - 7:00pm

Discover our subjects, meet expert teachers, explore our facilities and find out where Sixth Form can take you.

Subjects on Offer:

- Physics
- History
- Geography
- Media Studies
- Criminology
- English Language & Literature
- Business Studies
- Sport Science
- Medical Science
- Philosophy & Ethics
- Psychology
- Mathematics
- Level 2 Fitness Instruction
- Digital Systems (Pending Approval)
- Accounting & Finance (Pending Approval)





Scan the QR Code to Book your place!

YEAR 10
STEP UP EVENING

What should Year 10 be revising, and how can families help?

Come to our Year 10 Step Up Evening on Wednesday 9 December at The Abbey School. We'll share guidance on preparing for GCSE English Literature, alongside sessions in Maths, Biology, Chemistry and Physics. During the welcome, we'll also cover planning revision and managing exam pressure.

Every Year 10 student who attends will receive a free revision pack. Parents and carers who complete the workshop route and hand in their ticked postcard can enter the draw for one of four £50 Love2shop vouchers.

If you're unable to attend, your child is still welcome. They can come with a friend's parent or carer if agreed at home, or attend independently if you let the school know in advance and they have safe travel arrangements.

Doors open at 5:00pm. Come along early to collect your workshop postcard and watch our welcome video. Please be seated in the Hall by 5:15pm. Workshops begin at 5:30pm and the evening finishes at 7:30pm.

Scan the QR code to book. Please submit one response per Year 10 student. Our pastoral team is calling families this week and can book places over the phone. If you're having difficulty signing up, please contact the school as soon as possible.

Thank you to everyone who has already booked. We look forward to seeing you!

Sign up here: https://forms.cloud.microsoft/e/2X0UuTEJzv



ODD SOCK DAY!

On Monday, students and staff across The Abbey School, from Year 7 through to Sixth Form, are wearing their odd socks to mark the start of Anti-Bullying Week 2026!

Odd Socks Day is a simple but powerful reminder that we are all different, and that those differences are something to celebrate.

This year's theme, 'Break the Silence', encourages us all to speak up, challenge unkindness and make sure nobody feels they have to face bullying alone.

At The Abbey School, we want every young person to feel safe, valued, respected and confident that their voice will be heard.

Different socks. Different people. One Abbey community.


DANCEATHON
Come dance with us!
PERIOD 4 AND 5
TUESDAY 15 DECEMBER
LOCATION: SCHOOL HALL
SIGN UP WITH MISS NUNN
DANCE LEADERS WILL COME ROUND YOUR FORM ROOMS TOO!
Party dances, singalongs to our favourite songs,
Christmas songs too!
A bit of fun to get us in the Christmas spirit all whilst trying to raise money.
ALL MONEY SHOULD BE UPLOADED TO ARBOR BY TUESDAY 15 DECEMBER
ALL PROCEEDS WILL GO TOWARDS
CHARLIE'S PROMISE
AND SUPPORTING OUR SCHOOL PRODUCTION OF
HIGH SCHOOL MUSICAL
NON STOP MOVING!

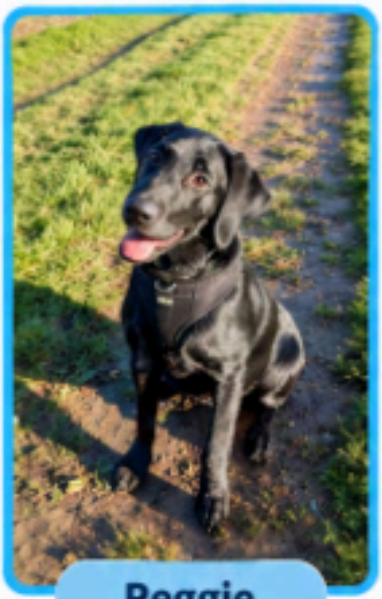

The Abbey School
THE HOWARD Academy Trust
Winter Festival
Save The Date!
THE ABBEY SCHOOL ANNUAL WINTER FESTIVAL
Parents and carers are warmly invited to join us for The Abbey School's Annual Winter Festival!
Year 7
Friday 4th December,
1:30–2:30pm
The Abbey School Hall
Years 8 & 9
Thursday 10th December,
1:30–2:30pm
St Mary's Church,
Faversham
More details to follow.
We look forward to celebrating the festive season with you!

The Abbey School

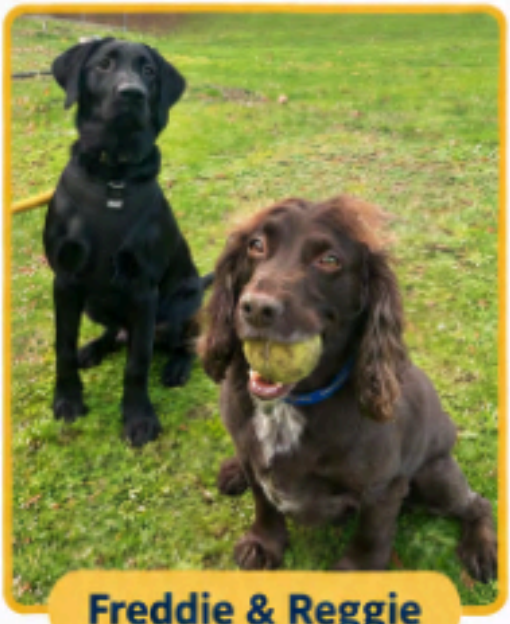
WELCOME TO REGGIE!

Freddie's friend joins us at school

Our attendance therapy dog in training



Reggie



Freddie & Reggie



Freddie

We are excited to welcome Reggie, a new classmate for Freddie! They are already great pals, and Freddie will be showing Reggie the ropes while he is in training.

Please give Reggie space

Reggie is still a puppy and is getting used to new surroundings, smells and people. Students are reminded not to crowd him and to give him plenty of space while he learns.

WEDNESDAYS ONLY

Reggie will be in school on Wednesdays only for the time being, to help him settle in.

We are delighted that Freddie will be helping Reggie become a great therapy dog, just like him!

Every great therapy dog starts somewhere!



ATTENDANCE DUCK CHALLENGE!

A huge well done to all our students who achieved 100% attendance last week!

They've collected their very first mini resin duck as part of our attendance rewards challenge. Well done to Charles O for winning the £10 voucher!

Keep up the fantastic effort and let's see how many ducks you can collect throughout the term!

Two Fridays, Two Prize Draws!

There's even more reason to keep your attendance at 100%!

We're holding two special prize draws - one this Friday and another next Friday!

If you achieve 100% attendance this week, you'll automatically be entered into this week's draw for the chance to win a fantastic Love2shop voucher. This is the same for next week as well!

So, keep coming to school and don't miss out and you could be our lucky winner!

Good luck everyone!

KENT CHOICES APPLY TODAY!

Thinking about your next steps? Kent Choices is now open!

Applications are officially live, and we're looking forward to meeting the students who may be joining us next year.

At The Abbey School, you'll be part of a supportive community that helps you achieve your ambitions, develop new skills, and prepare for your future.

Apply now through Kent Choices and start your Abbey journey today.



West Faversham Community Newsletter

Invicta Community & Leisure

November 2026

01795 537321

westfavershamca.org

November is here, and as the festive season begins to gather pace, there's already plenty happening at West Faversham Community Centre. We're looking forward to another exciting month, from the return of our ever-popular Big Bingo nights to preparations for a fantastic New Year's Eve celebration. Christmas is arriving in style too, with our Comedy Night proving so popular that tickets are selling fast. Alongside all of this, you'll find the usual mix of community activities, events, and opportunities to get involved. We hope you'll join us for what promises to be a busy, festive, and fun-filled season ahead!



GOOD LUCK!

We will be running our Christmas community raffle, to purchase tickets scan the QR Code. We will pulling the winners at our Christmas Funday on the 19th December

Dates for the diary November

- 5th Fireworks Night
- 7th - Comedy night staring Stephen K. Amos
- 13th - BIG Bingo
- 28th - Christmas Craft Fair









SAFEGUARDING CONCERNS

We want to remind you about how to seek help if you have a safeguarding concern about a child, particularly outside of school hours.

Our Safeguarding and Pastoral Team are available from 8.30am to 4.30pm, Monday to Thursday & Friday until 3.30pm, during term time. We are always happy to listen, support families and respond to concerns raised with us during these hours.

Please be aware that school email inboxes are not monitored outside of these hours, particularly during evenings and weekends. If you email the school with a safeguarding concern after 4.30pm or over the weekend, your message may not be seen until the next working day. This means that emailing the school should not be relied upon where a child may need immediate help or protection. If you are worried about a child's immediate safety or welfare, please contact the appropriate service directly:

If a child is in immediate danger or there is an immediate risk of serious harm: please call 999 and ask for the Police. For a non-emergency concern requiring Police assistance: please call Kent Police on 101.

For concerns about a child's safety or welfare: contact Kent Children's Services (The Front Door) on 03000 41 11 11.

Outside normal hours, including evenings and weekends: Kent Children's Services can be contacted on 03000 41 91 91.

We appreciate that knowing who to contact can sometimes feel difficult, particularly when you are worried about a child. Our priority is to make sure that concerns reach the right professionals as quickly as possible, so please use the appropriate service rather than waiting for the school to respond to an email.

Of course, if your concern is not urgent and you would like to speak to a member of our Safeguarding or Pastoral Team, please contact us during our normal school hours. We are here to listen and support you.

Thank you for working with us to help keep our children and young people safe.

Safeguarding and Pastoral Team 8.30am to 4.30pm, Monday to Thursday & Friday until 3.30pm, during term time only


DOVER
ATHLETIC
FOOTBALL ACADEMY
IN PARTNERSHIP WITH THE ABBEY SCHOOL SIXTH FORM
FOOTBALL ACADEMY TRIALS
Tuesday 16th February 2027
IF YOU ARE INTERESTED IN ATTENDING THE TRIAL OR WANT TO FIND OUT MORE INFORMATION, PLEASE SCAN THE QR CODE BELOW AND FILL OUT THE FORM.
• Excellent coaching from UEFA A Licence Coaches
• Full time training whilst studying a full range of A Level or BTEC Courses
• Full Fixture Schedule played on Wednesday afternoons
• Represent Dover Athletic Football Club
• Play in the FA Youth Cup
• Compete in International Tournaments
• Excellent progression route
If you have any questions, please contact Academy Manager Mike Sandmann
msandmann@abbeyschoolfaversham.co.uk
The Abbey School

LUNCHTIME CLUBS!

MONDAY

Sparx Drop-in
Mr McCormack
Week B only
B15 / P3A

Film Club
Miss Hutchins
S11 / P3A

Dance Rehearsals
Miss Nunn
Dance Studio
P3A

Coding/Gaming
Mrs Kusi
C16 / P3B

Sparx Drop-in
Mr McCormack
Week A only
B15 / P3B

TUESDAY

Coding/Gaming
Mr Kusi
Week B
C16 / P3A

Games Club
Miss Wilsom
B17 / P3A

Dance Rehearsals
Miss Nunn
Dance Studio / P3B

Creative Writing Workshop
Mr Crewe
A14 / P3B

Y7 Choir
Mrs Ward
ODC / P3B

WEDNESDAY

The Royal
Shakespeare
Company Y8
Mrs Ward & Mrs
Head-Rapson
A15 / P3A

Production Dance Rehearsals
Miss Nunn
Dance Studio / P3A

Games Club
Miss Wilsom
B17 / P3B

Drama Club
Miss Bevan
PA1 / P3B

THURSDAY

Crochet
Miss East
B18 / P3A

Y7 Choir
Mrs Ward
ODC / P3A

Beyond Boundaries
Mrs Slack
C5 / P3A

Coding/Gaming
Mr Kusi
Week A
C16 / P3A

STEM Club
Mr Hollands
B6 / P3B

Film Club
Miss Hutchins
S11 / P3A

FRIDAY

Sparx Drop-in
Mr McCormack
Week B only
B15 / P3A

Creative Writing Workshop
Mr Crewe
A14 / P3A

STEM Club
Mr Hollands
Week A Only
B6 / P3B

GCSE Rehearsal
Mrs Ward
ODC / P3B

Beyond Boundaries
Mrs Slack
C5 / P3B

Crochet
Miss East
Week A Only
B18 / P3B

EVERYDAY

Library -
Reading/
Homework
Mr Mitchell

Football (Weather
Dependent)
Playground Staff
Pitch next to C Block

Table Tennis
Playground Staff
Starting Term 2

THE ABBEY SCHOOL'S

£21,000 CHALLENGE

FIND OUT MORE ON OUR JUST GIVING PAGE

Charlie's Promise

THIS YEAR, WE'RE STANDING BEHIND CHARLIE'S PROMISE

Chosen by our students and staff

A safer tomorrow for young people.



TAKE ON A CHALLENGE

RAISE MONEY

MAKE A DIFFERENCE

HONOUR CHARLIE

MAKE YOUR £21 PLEDGE

TO RAISE AT LEAST £21 EACH

Everyone will play a part.

All for you Cheeks

Have an idea about how you'd like to get involved?
Email: alebrunn-healey@abbeyschoolfaversham.co.uk

Be The Best You Can Be by being an Active Citizen

Charlie's Promise Charity Number: 1207246

FREE SCHOOL MEAL CHECKER!

Check if Your Child Could Receive Free School Meals!

We encourage all parents and carers to take a few moments to see if their child is eligible for Free School Meals.

You can complete the quick online eligibility check here:
https://fsm.lgfl.net/app

The process only takes a couple of minutes, and you'll just need your National Insurance number. Recent changes to the eligibility criteria mean that some families who were not previously entitled to Free School Meals may now qualify. Even if you've applied before, it's worth checking again.

Registering for Free School Meals could provide valuable support for your family and also helps The Abbey School receive additional funding, allowing us to continue providing extra resources and opportunities for our students.

Thank you for taking the time to complete the check and for your continued support

STUDENT SHOUTOUT!

We love celebrating our amazing students and their achievements!

Parents and carers, we'd love to hear from you! If your child has achieved something they're proud of (big or small!), send it in and we will share this with our school community.

Achievements could include:
Academic successes
Sporting achievements
Creative talents
Personal milestones
Acts of kindness or resilience

To take part, simply email us with:
Your child's achievement
Their name A photo (optional)

info@abbeyschoolfaversham.co.uk

Let's work together to celebrate our students and recognise their hard work!



SUPPORT INFORMATION

It is okay not to be okay

Everyone responds differently to difficult situations and emotions.
Whatever you are feeling, support is available,
and you do not have to cope on your own.

Please reach out and access the support that feels right for you.

ONLINE SUPPORT

Kooth
www.kooth.com
Free online mental health and wellbeing support for young people.

YoungMinds
www.youngminds.org.uk
Information, advice and support for young people.

Child Bereavement UK
www.childbereavementuk.org/Listing/Category/teenagers
Specialist support and guidance for teenagers affected by bereavement and loss.

TELEPHONE HELPLINES

Cruse Bereavement Support
0808 808 1677
Support for anyone experiencing bereavement.

TEXT SUPPORT

SHOUT
Text 85258
Free, confidential support available 24 hours a day via text message.

SUPPORT IN SCHOOL

Support is available through:

- Form Tutors
- Heads of Year
- Pastoral Support Team
- Safeguarding Team
- any Trusted Adult

There will also be drop-in opportunities available if you would like to talk to someone informally.

IN AN EMERGENCY

If you feel unable to keep yourself safe, or are in immediate danger:

- **Call 999**
- Attend your nearest Accident & Emergency (A&E) Department
- **Tell a trusted adult**

You do not need to manage a crisis on your own.

REMEMBER

- You are not alone.
- Support is available.
- There are people who care and want to help.
- Please reach out if you need support.

The Abbey School

The Abbey School

HIRE OUR FACILITIES!

Scan the QR Code to book!

SchoolHire

THE WORRY BOX

Checked daily during school hours

www.theabbey-that.org.uk/worrybox

Not checked at the weekends or evenings. For urgent help, contact NSPCC, Action for Children or Childline

The Abbey School



We have worked with you

listened to your ideas and made lots of changes

over the last few years.



You asked.....

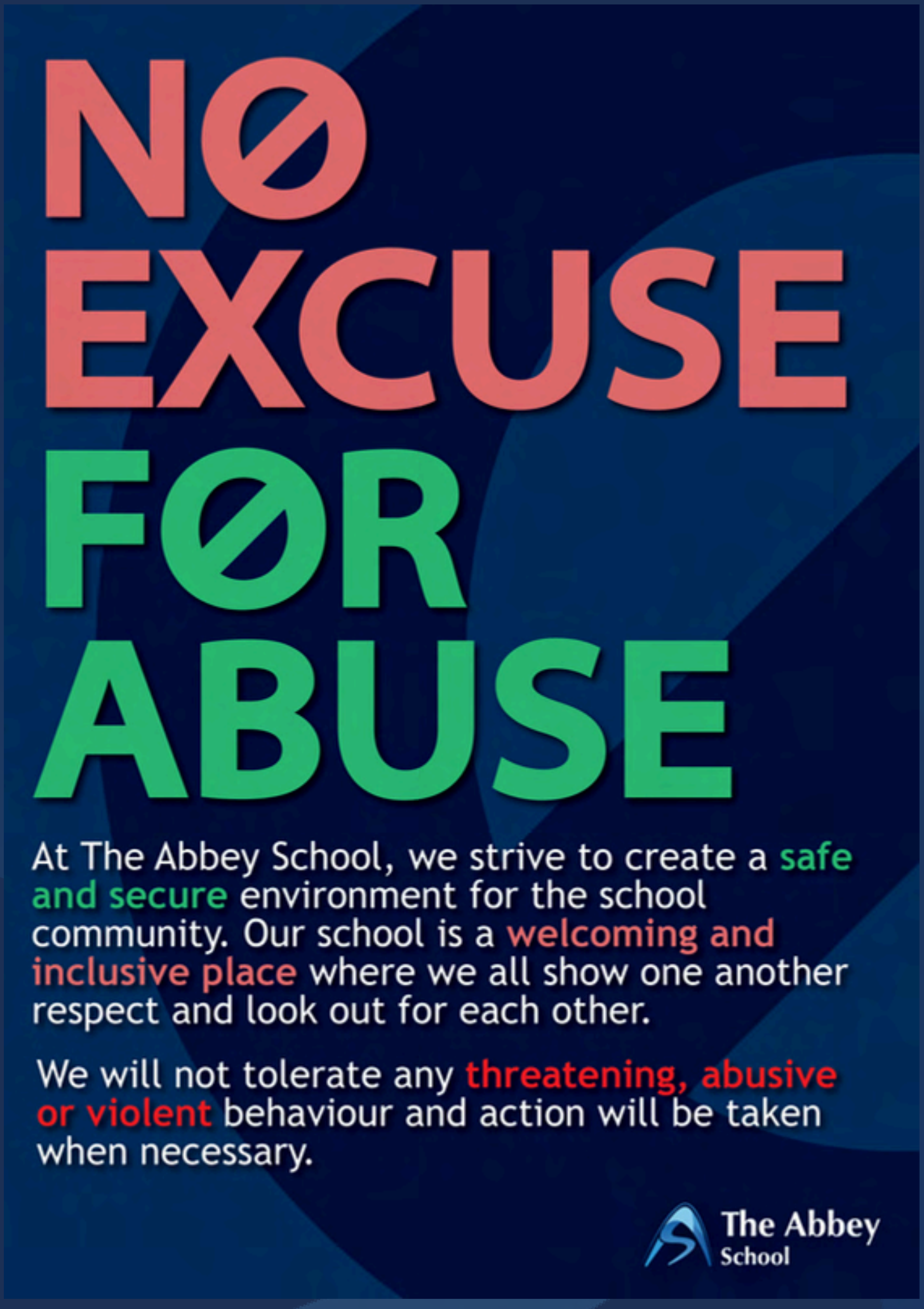
"We don't like folding our arms in STAR, do we really need to do this?"

We did.....

"We want you to feel comfortable when listening to your teachers, so we took away folded arms in STAR. Some of you asked if you could still fold your arms as it helps you to concentrate – of course you may if you prefer to do this."

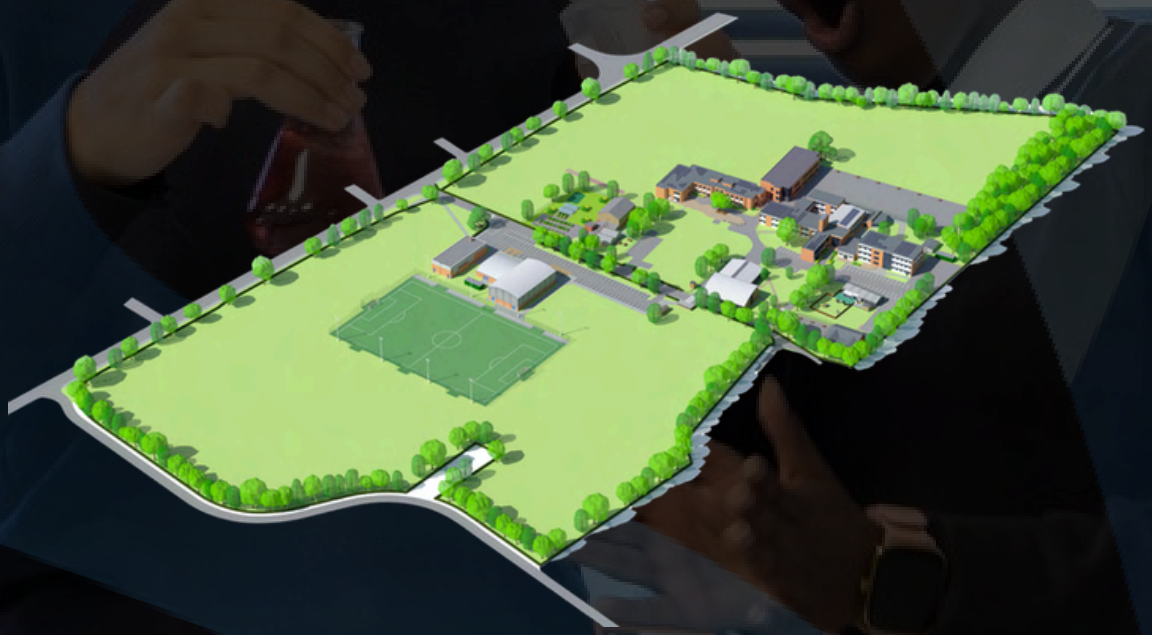
The Abbey School




NO EXCUSE FOR ABUSE
At The Abbey School, we strive to create a safe and secure environment for the school community. Our school is a welcoming and inclusive place where we all show one another respect and look out for each other.
We will not tolerate any threatening, abusive or violent behaviour and action will be taken when necessary.
The Abbey School

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"BE THE BEST YOU CAN BE"

The Abbey School