



**The Abbey
School**

“Be The Best You Can Be”

Weekly Newsletter

2025/26

Issue Number: 28

Date: 01/05/26



STARS OF THE WEEK

Well done to the following students for collecting the most house points this term!
KEEP UP THE AMAZING WORK!



Marci M
Year 9
19HP



Evie W
Year 10
24HP



Lottie H
Year 9
45HP



Natalie C
Year 10
50HP

#WAKE UP WEDNESDAY

CANTEEN MENU 2025/26

Click the images below to view the canteen menu for Term 5!

At the National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit www.nationalcollege.com.

10 Top Tips for Parents and Educators

MANAGING EXAM STRESS

At some point in their education, most young people will encounter exam stress, which can affect their mental, emotional, and physical wellbeing. Mental health charity YoungMinds estimates that 87% of pupils experience exam-related stress. This highlights the importance of supporting young people to manage exam pressure effectively, maintain perspective, and protect their overall wellbeing during these periods.

- 1 PRACTISE WORKLOAD WISDOM**
The built-up to exams can feel overwhelming, with competing demands on time and energy. Encourage young people to reflect on whether their workload is realistic and allows them time to rest and recharge. Support them in creating a manageable schedule that includes regular breaks and occasional days off. Remind them that stress can be regulated if they feel overwhelmed, helping to reduce the pressure and prevent burnout.
- 2 CLEAR UP THE CLUTTER**
A cluttered workspace can reduce focus and increase stress levels. Encourage young people to keep their study area neat and organized, removing unnecessary items and distractions. A clean, organized space can support concentration and create a more relaxed mindset. Adding colour, mood items, or creative elements can also make revision feel less daunting and more enjoyable.
- 3 MASTER THE MATERIALS**
Revision can feel particularly stressful if young people are unsure where to begin. Help them confirm key dates and resources, ensuring they are using all available revision resources. Encourage them to take control of their learning by identifying what they still need to learn and focusing perfectly on building their understanding over time is essential.
- 4 GET CREATIVE WITH NOTES**
Writing out detailed notes, rather than relying only on bullet points, can strengthen their understanding and retention. Encourage young people to use different colours and highlighters for different topics, and to use mind maps and diagrams to help them feel more in control of their learning. Techniques like mind mapping can help them feel more prepared and less likely to panic under pressure.
- 5 USE VISUAL MEMORY AIDS**
Visual resources can make learning more effective and reduce their frustration when information feels difficult to grasp. Encourage the use of diagrams, tables, sticky notes, and colour coding to reinforce key ideas. Creating unique mnemonics and visual aids can help prevent mental fatigue and keep revision feeling fresh and manageable.
- 6 BUILD A TECH TOOLKIT**
Technology can be a valuable supporting tool during exam preparation when used to supplement traditional written revision materials, and very specific ideas can help explain complicated topics clearly. Reducing the risk of distraction is key. Encourage young people to use these tools to support their learning, but to take regular breaks from their screens to protect their wellbeing.
- 7 KEEP REVISION ENJOYABLE**
Revision is often more effective when it feels engaging and fun. Encourage young people to incorporate humour, real-life examples, or creative approaches into their learning. Making study enjoyable, including light physical activity such as short walks, can also improve their mood and focus. Encourage revision experiences that help reduce stress and make the process feel more positive and sustainable.
- 8 USE ACTIVE STUDY METHODS**
Active revision techniques can help young people feel more confident and in control of their learning. Strategies such as spaced repetition and active recall, including self-testing or explaining concepts aloud, can highlight both their strengths and areas for improvement. This clarity can reduce last-minute panic and support a calmer, more prepared approach to exams.
- 9 USE AI THOUGHTFULLY**
AI tools can support revision by making learning more personalized and manageable. Young people can use them to generate practice questions, summarize information, and break down topics into simpler steps. Used carefully, these tools can reduce overwhelm and save time. Remind young people to check all information with trusted sources to ensure its accuracy and build confidence in their understanding.
- 10 PRACTISE WITH ONLINE TOOLS**
Online revision platforms can help young people test their knowledge and track their progress. Many offer quizzes, flashcards, and practice papers. Encourage young people to use these tools for self-testing, including timed activities, to build up familiarity with exam conditions. Encourage them to contribute with the format of exams can reduce anxiety and help young people approach them with greater confidence.

Meet Our Expert
Minda Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of Social Enterprise UK 2019 to World's Best Charity, she provides training and support to education organisations and local authorities. This guide has been written by Adam Chitt, a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.

WakeUpWednesday | **The National College**

See full reference list on our website
#wake_up_weds | www.thenationalcollege.com | @wake.up.wednesday | @wake.up.weds

Stars of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 28.04.2025



SENECA CHAMPIONS

Year Group	Learning Time	Average Score	Time Champion	Score Champion
12 & 13	5h 51min	90%	Oliver S	Oliver S
11	147h 23min	67%	Charlie L-W	Florence A
10	No data - Revision for English Literature Exam			
9	61h 54min	62%	Zhen Ch	Hollie J
8	3h 54min	73%	Maxwell S F	Harry Collins
7	8h 18min	62%	Lola A	Emma P

IN CASE YOU MISSED IT,
CLICK HERE TO SEE OUR PREVIOUS
NEWSLETTER!



“supported”

*“motivated to
succeed”*

“safe”

“calm”

*“inclusive
culture”*

**Ofsted**

*“meaningful
opportunities”*

*“broad range
of enrichment”*

*“significant
positive change”*

*“the curriculum
is ambitious”*

OFSTED RESULTS!

“Pupils feel part of a community that believes in them, challenges them and helps them to succeed.”
The Abbey School is proud to share our latest Ofsted Report, following our January inspection, which took place under the new Ofsted framework.

Inspectors noted that “the school has been through significant positive change”, judging Personal Development and Wellbeing and Post-16 Provision to be Strong Standard, and confirming that Curriculum and Teaching, Attendance and Behaviour, Inclusion, and Leadership and Governance are operating at the Expected Standard.

Particular praise was given to our Pastoral Support Team, with inspectors commenting that “Pastoral support is a strength. Pupils trust staff to help them manage worries, and... feel safe and supported”.

“We are pleased that Ofsted recognised the strength of our work in personal development, safeguarding and sixth-form provision, which reflects the values and culture we work hard to build every day.

Inspectors recognised that pupils are learning well, feel safe, and are prepared for their next stage, including strong sixth-form retention and positive destinations. Our priority now is to continue strengthening key stage 4 outcomes so they fully reflect the learning and progress we see across the school.” - Dr Speller, Principal

“I would like to recognise the commitment of the leadership team and staff who have led this work with determination and care. Together they have focused on ensuring that pupils feel safe, supported and that they truly belong within their school community.” - Owen McColgan, Chief Executive of THAT

Read the full report by clicking the image below!



HOMework HEROES!



EVERY QUESTION. EVERY MINUTE. EVERY POINT COUNTS.

Great homework habits today = better confidence tomorrow!

WHY DOES IT MATTER?



BUILDS SKILLS & CONFIDENCE

Practice makes progress!



STRONGER TODAY, STRONGER TOMORROW

Sparx Maths helps you understand more and achieve more.



COMPETE, CHALLENGE, IMPROVE!

Every XP you earn helps your class, your year group and YOU!



CONSISTENCY IS KEY

Little and often leads to BIG results.



TOP 10 CLASSES FOR XP EARNED

1	9j/Ma1	1,040 XP	★
2	8t/Ma3	952 XP	★
3	8j/Ma1	945 XP	★
4	8j/Ma2	938 XP	
5	9j/Ma2	956 XP	
6	7t/Ma2	829 XP	
7	7j/Ma1	819 XP	
8	8t/Ma1	873 XP	
9	9t/Ma2	712 XP	
10	7t/Ma4	690 XP	



WELL DONE EVERYONE!

So many classes are earning XP and improving every week. Keep up the amazing effort!



KEEP CLIMBING!

Can your class make the top 10 next week? Challenge yourselves to earn more XP!



EVERY XP COUNTS

No matter how many you earn, every XP helps you learn and move forward.



TOGETHER WE SUCCEED

Support your classmates, stay motivated and celebrate progress!

LET'S LOOK AT OUR YEAR GROUPS

YEAR 7



3,873 XP

Amazing effort!
Keep building those skills!

YEAR 8



4,971 XP

Fantastic work!
You're leading the way!

YEAR 9



4,897 XP

Brilliant progress!
Let's push for even more!

YEAR 10



1,005 XP

Keep going!
Every bit of effort makes a difference.

YEAR 11



2,376 XP

Stay consistent and keep aiming higher!

OVERALL XP EARNED

17,122 XP

MAKE EVERY QUESTION COUNT!



BE PROUD. KEEP GOING. YOU'VE GOT THIS!

Hard work today. Success tomorrow. ★ You are capable of amazing things!

LOG IN. HAVE A GO. EARN XP. ACHIEVE MORE!

SPOTLIGHT ON PE!

Year 8 Rugby Tournament!

On Wednesday 22nd April, our Year 8 rugby team travelled to Sittingbourne Rugby Club for a fantastic afternoon of competitive rugby against a number of local schools.

The boys competed against Westlands, Sittingbourne School and The Howard in what proved to be a really enjoyable and hard-fought tournament. Throughout the afternoon, the team showed excellent commitment, teamwork and resilience, growing in confidence with every game they played.

The highlight of the tournament came in our match against Westlands, where the boys produced their strongest performance of the day, scoring an impressive seven tries. Their attacking play, support running and determination to keep moving the ball forward were excellent to see.

Overall, the team finished in third place, narrowly missing out on second, which reflected just how competitive the tournament was. A special mention goes to Luke K, who was our player of the tournament, and Isaac Y, who was named most improved player on the day.

It was a great experience for the boys and a really positive afternoon of school rugby. Well done to everyone involved.

Faversham Golf Academy!

Faversham Golf Academy continues to go from strength to strength, establishing itself as a leading environment for developing young golfers both competitively and personally. Over the past year, the academy has delivered an impressive series of performances and experiences that highlight its growing reputation.

A standout achievement has been the opportunity for players to compete at prestigious venues such as The London Golf Club. Playing at such a high-calibre course has provided invaluable exposure to championship-level conditions, helping students elevate their game and confidence. This experience has translated into strong competitive results, with the academy securing multiple top-three finishes in Schools Golf Events—clear evidence of the players' skill, preparation, and determination.

Several academy members have also proudly represented Faversham Golf Club, demonstrating the strength of the programme in producing golfers capable of performing at club level. These opportunities not only showcase individual talent but also reinforce the academy's connection with the local golfing community.

In inter-school fixtures, Faversham Golf Academy has enjoyed a number of successful results against strong opposition. These matches have been crucial in building team spirit and competitive resilience, with players consistently rising to the challenge and delivering impressive performances.

Looking ahead, the future is particularly bright. Recruitment numbers for next year are highly encouraging, reflecting growing interest and confidence in the academy's programme. This influx of new talent will further strengthen the squad and create an even more competitive and dynamic environment.

Adding to the excitement is the upcoming two-night summer golf trip to East Sussex National in July. This trip promises to be a fantastic opportunity for players to develop their skills, bond as a team, and experience another top-class golfing venue.

Overall, Faversham Golf Academy is thriving; combining strong performances, valuable experiences, and a promising future pipeline of talent.

Term 5 P.E. Clubs and Fixtures!

The P.E. Department is pleased to share our extra-curricular programme for Term 5, with a range of clubs, training sessions and fixtures available for students after school.

On Mondays, Year 8 boys can get involved in softball club and fixtures. This is a great opportunity for students to develop their striking, fielding and tactical understanding, while also representing the school in fixtures where selected.

On Wednesdays, students in Years 7, 8 and 9 can attend football club, open to both boys and girls. These sessions will be run by the P.E. staff and provide an excellent chance for students to stay active, improve their football skills and enjoy competitive practice with their peers.

On Thursdays, Year 7 boys can take part in softball club and fixtures. Also on Thursdays, girls in Years 7 and 8 can attend rounders club and fixtures.

All training sessions and clubs are open invite and free, meaning students are welcome to attend without needing to be selected in advance. Clubs will run from 3:30pm to 4:30pm.

Fixtures are closed invite, with teams selected by the member of staff responsible for each activity. Fixtures will take place from 3:30pm onwards. Please note that training will not take place if the team has a fixture that week.

We look forward to seeing lots of students getting involved during Term 5 and making the most of the sporting opportunities available.

Girls' Football Team!

The U14 Girls' Football Team have delivered an exceptional and highly commendable season, finishing their campaign undefeated. This achievement reflects both their quality and consistency throughout the year.

From the outset, the squad demonstrated a clear sense of purpose, combining technical ability, tactical awareness and a disciplined approach to each fixture. Their defensive organisation provided a solid foundation, while their midfield and attacking play consistently created opportunities.

Particularly notable were the closely contested fixtures against strong opposition in Simon Langton Girls', Herne Bay High, and St Anselm's. These matches, which all ended in draws, tested the team's resilience and composure to secure positive results against well-matched teams. Beyond the results, the team has represented the school with great sportsmanship with their conduct at these fixtures which the students involved should be commended for.

An unbeaten season is a significant accomplishment, so a massive well done to all those involved this season.



Dover Athletic Football Academy

The 2025/26 season has been a hugely successful and progressive year for Dover Athletic F.C. Academy, highlighted by outstanding player development and strong team performances across all levels.

A major milestone for the programme has been the progression of players into both domestic and international pathways. Five academy players have secured scholarships in the United States, reflecting the academy's growing reputation and ability to open global opportunities. Closer to home, ten players have stepped into senior football across Kent, collectively making over 100 first-team appearances, a clear indicator of the academy's ability to prepare players for the demands of men's football.

Individual success has also been evident, with Eny making his debut in the National League South, a significant achievement and a testament to the development pathway in place. Looking ahead, two academy players are set to sign for the Dover Athletic first team for the 2026/27 season, further strengthening the connection between the academy and senior squad.

On the team side, the Dover Athletic Whites enjoyed an excellent campaign. They reached the semi-finals of the National Cup, demonstrating consistency and competitiveness at a high level. The season was capped off in style as they were crowned National Youth Alliance Division B champions, securing the title with an impressive 4-1 victory over Folkestone Invicta F.C.

Overall, this season reflects a thriving academy environment, one that continues to produce talented players, deliver silverware, and create clear pathways into both senior football and international opportunities.



STAYING CALM AND PREPARED: EXAM SEASON TIPS!

As exam season approaches, it's completely normal to feel a mix of pressure, nerves, and anticipation. Whether you're sitting your GCSEs or A-levels, these next few weeks are important, but how you approach them can make a big difference to both your performance and your well-being.

One of the most valuable things you can do is stay calm. Stress can build up quickly, especially when exams feel high-stakes, but keeping a clear head helps you think more effectively and avoid burnout. Simple habits like getting enough sleep, taking short breaks, and stepping away from your desk when needed can really improve your focus.

Equally important is having a good revision schedule. Instead of cramming everything at once, try to plan your time across the weeks ahead. Break subjects into smaller topics, set realistic goals for each session, and rotate subjects to keep things fresh. A structured plan not only helps you cover everything you need, but also gives you a sense of control and progress.

Finally, don't forget that exams are just one part of your journey. Do your best, stay organised, and look after yourself along the way. Good luck to everyone, you've got this!

Please see the link below which will take you to the exam timetable.

[Exam Timetable 2025/26](#)

From the 5th May, we will be putting daily reminders about the exams that will be happening taking place the next school day!

SUPPORT OUR STUDENTS PODCATS!

Support Our Students!

Our Year 12 & 13 students created powerful Online Harms podcasts — and now it's time to vote!

Vote daily: Thurs 7 May (7am) – Wed 13 May (5pm)

[Listen here](#)

[Vote here](#)

Students, staff, families — everyone can vote once a day!

Let's get behind them

#BeTheBestYouCanBe



STUDENT VOICE IN ACTION PUPIL PARLIAMENT UPDATE!

This week, our students represented the school at the Trust's Pupil Parliament, contributing to discussions that will help shape future catering provision across all schools.

We are incredibly proud of how they conducted themselves. They spoke with confidence, clarity and honesty, and came well prepared with feedback gathered from their peers. In particular, their reflections on our current catering offer were overwhelmingly positive. Students spoke about the quality, variety and value of the food available, describing it as "streets ahead" and something they are genuinely proud of.

Their contributions didn't go unnoticed. The session brought together students from across the Trust, and it was great to see our students sharing their views so clearly and enthusiastically, generating real interest in what we offer here.

Importantly, they were also able to think carefully about next steps, offering thoughtful and balanced suggestions around affordability, healthy options, sustainability and how student voice can continue to shape provision moving forward. Their input will directly inform the Trust's catering tender process, ensuring that student voice plays a meaningful role in future decision-making.

A huge thank you goes to our catering team, led by Mr Brown, whose work was so strongly recognised and appreciated by the students. It is clear that their commitment and consistency are making a real difference to the daily experience and health of our young people. Well done to all involved.

YEAR 7 PARENTS' EVENING!

Thank you to all Year 7 parents who attended our Parents' Evening yesterday. It was great to see so many of you there and to have the opportunity to discuss your child's progress and achievements.

It was a fantastic evening all round, and we really appreciate your continued support.



ATTENDANCE REWARDS TERM 5!

This term's attendance rewards are here!

Sony headphones – 1 winner per year group
100% attendance this term to be in with a chance

Attendance Golden Tickets
Attend 1 full week = 1 golden ticket
Attend 2 full weeks = 2 golden tickets (and so on!)

Golden tickets place students' names into the draw, with 50 students selected to take part in our end-of-term quiz.

It's a short term, so every single day matters.

Turn up. Take part. Be the best you can be.

Students with long-term medical conditions who need time off for hospital or medical appointments will still be included in our attendance rewards.

STUDENT SHOUTOUTS!

Huge shoutout to our Year 7 football stars!

Massive well done to:

Zachary M
Lenny-Joe B
Ollie K
Dillian C
Mason S

An incredible achievement from all five of you, winning your league and staying unbeaten with just two matches left is seriously impressive! Your teamwork, effort, and determination have really paid off.

Let's see if you can finish the season in style and hold onto that unbeaten record!

Well done lads!



Save The Date!

DANCE SHOWCASE

A celebration of students' class work which will be performed at
The Gulbenkian Theatre!

Friday 26th June 2026



STUDENT SHOUTOUT!

Busy over the Easter Break? We'd love to know what you get up to.

We love celebrating our amazing students and their achievements! Parents and carers, we'd love to hear from you! If your child has achieved something they're proud of (big or small!), send it in and we will share this with our school community.

Achievements could include:

- Academic successes
- Sporting achievements
- Creative talents
- Personal milestones
- Acts of kindness or resilience

To take part, simply email us with:

- Your child's achievement
- Their name
- A photo (optional)

info@abbey-school-faversham.co.uk

Let's work together to celebrate our students and recognise their hard work!



PERSONAL DEVELOPMENT TERM 5 UPDATE!

A huge thank you to all of the students at The Abbey School, who make the delivery of Personal Development so inspiring. Week in, week out, we are blown away by the questions that are asked, the discussions that take place, the way students support each other, and the thoughtful, ongoing debate we see across the school.

We are incredibly proud of the continued strength of Personal Development, and we were particularly pleased with the positive feedback received in our recent Ofsted inspection.

Inspectors recognised that we provide a “well-planned, coherent personal development programme”, alongside “rich opportunities for all pupils.” It was also noted that “pastoral support is a strength” and that pupils “show great care for each other.”

These comments reflect what we strive for every day: a thoughtful, responsive and inclusive Personal Development curriculum that supports every student to grow into confident, respectful and informed young people.

What Students Will Be Learning:

This term, students across all year groups will explore a wide range of important themes:

Year 7 – Relationships & Sex Education

- Different types of families
 - Positive parenting
- The changing adolescent body
 - Body changes during puberty
 - Sexual consent
- Building healthy relationships

Year 8 – Relationships & Sex Education

- Understanding consent
 - Power dynamics & consent
 - Contraceptive essentials
- Discussing pornography (age-appropriate, safeguarding focus)
 - Assessing the trustworthiness of others
 - Introduction to FGM

Year 9 – Health & Wellbeing

- The positivity mindset
- Healthy food choices
- Evaluating eating habits
- Character strengths in focus
- Understanding eating disorders
 - Organ donation



Year 10 – Health & Wellbeing

- Unrealistic online world
 - Online radicalisation
 - Extremism
- Violence and exploitation by gangs
- Fake news & misinformation
 - R.E.S.P.E.C.T



Year 11 – Exams Focus

- Exam preparation and support

Year 12 – Health & Wellbeing

- Values in action
- Problem-solving framework
- Building agency & finding purpose
- Moving towards your ideal self
 - Impulse control
- Organisation & efficiency

Year 13 – Exams Focus

- Exam preparation and support

Additional Assemblies & Events

As part of our wider Personal Development offer, we are also hosting impactful external speakers and partnerships:

Charlie's Promise (Knife Crime Awareness)

Monday 18th May
All of Year 8 and Year 9

A poignant and impactful assembly, helping students to understand the real-life consequences of knife crime and the importance of making safe, informed choices.

Violence Against Women and Girls (VAWG) Student Leadership Project

Tuesday 28th April
Student representatives

We are pleased to be welcoming Kent Police – PS Carli Deakin and PC Amy Tyler back into school to lead our second VAWG session. This work continues to empower our students to engage with important societal issues, develop their understanding, and contribute to meaningful change within our community.



Building the “Personal Development Backpack”

At The Abbey School, we talk to students about their “Personal Development Backpack.” Every lesson, assembly and experience adds something to this knowledge, skills and values that students can carry with them throughout their lives.

We remain committed to ensuring that all content is:

- Clear
- Broad
- Balanced
- Relevant to the world our young people are growing up in

Support for Students

We consistently remind students that support is always available.

If anything covered raises questions or concerns, students are encouraged to:

- Speak to a trusted adult in school
 - Access the pastoral team
- Use external services such as Kooth or Childline (0800 1111)
 - Talk to parents or carers at home

Working in Partnership with Parents & Carers

We understand that some topics may prompt important conversations at home.

If you would like further information, guidance, or support regarding any of the content in Term 5, please do get in touch:

alebrunn-healey@abbeyschoolfaversham.co.uk

Together, we will continue to ensure that every student develops the knowledge, confidence and character they need—not just for school, but for life.

Be the best you can be.

YEAR 11 TERM 5&6 ARRANGEMENTS

Please see the attached letter, by clicking the arrow below, that has been sent home to all Year 11 Parents/ Carers explaining the arrangements that will be happening this term!

It is a lengthy letter, so please persevere to the end to get all the information.



What is student finance?

Student Finance England (SFE) provides financial support on behalf of the UK Government to students from England entering higher education in the UK.

The two main costs you'll have while studying are tuition fees and living costs. There's student finance available to help you with both. Depending on your circumstances, you could also get extra financial help while you study.



There are two types of loans you can get from SFE: (You can apply for and receive both loans)



Tuition Fee Loan. This currently is a maximum of £9,790 per academic year (most universities charge this amount per year)

Maintenance Loan. This varies depending on whether you live at home whilst studying, study in London and don't live at home, or don't live at home and study outside London.

Find out if you're eligible

Which student finance you qualify for depends on:

- your university or college
- your course
- your age
- whether you've studied a higher education course before
- your nationality or residency status

You can [visit GOV.UK](https://www.gov.uk) for the [most up-to-date information to understand your eligibility](https://www.gov.uk).



What to expect on your student finance journey?

The typical student finance journey is:

1. You apply for student finance and give us your parents' or partner's details.
2. We ask your parents or partner to support your application by confirming their income.
3. We'll work out how much you can get and let you know in your online account when your application is approved.
4. You register on your course, and your university or college lets us know so we can start paying you.
5. We pay your tuition fees to your university or college, and we pay you any loans or grants at the start of each term.
6. You need to re-apply for student finance for every year of your course.
7. After your course ends, you'll start repayments in the April after you finish or leave. These are handled by the Student Loans Company (SLC).

It's important to keep all your details up to date. If anything changes, you can let us know using your online account.



Tuition Fees

You will need to repay your loans, but not until after you finish your course and are earning over £25,000 a year. Your monthly repayments depend on what you earn, not what you owe. Student Loans Company (SLC) will manage your repayments.

How much could you get?

This depends on where you're living during your course, your household income and other factors. You can check how much student finance you could get using the [GOV.UK Student Finance Calculator](https://www.gov.uk) which will give you an estimate of how much:

- Tuition Fee Loan
- Maintenance Loan
- Extra financial help

This is an estimate based on the information you've provided. You'll be told your exact amount, including any extra funding, after your application is approved.

What is household income?

We assess household income to work out how much Maintenance Loan you can get.

If you apply for the higher amount of Maintenance Loan and any grants, we'll need to assess your household income.

This means we'll ask your parents (who you live with or depend on financially) or your partner to support your application by confirming their income.

Applying for student finance

It is straightforward to apply and usually takes around 30 minutes.

When you apply, you'll need to create an account and complete an online application.

What you'll need:

- Your valid passport details (if you're a UK national)
- Email addresses for your parents or partner – if you're applying for the full Maintenance Loan (not just the basic amount), we'll email them to ask about their income. This helps us work out how much you can get. Their income won't affect your Tuition Fee Loan.
- Your National Insurance number (if you have one)
- Details of your course and university – you can apply before you have a confirmed place

If you need any more information about student finance, head over to [Your guide to Student Finance England](https://www.gov.uk) which is linked below!

<https://studentfinance.campaign.gov.uk/understanding-sfe/>

We have worked with you
listened to your ideas and made lots of changes
over the last few years.



You asked.....

"Do we have to go to form before assembly?"

We did.....

"You were right, this took up too much time so now you will go to your HOY assembly or PD session straight from the playground."



THE WORRY BOX

Checked daily during school hours

www.theabbey-that.org.uk/worrybox

Not checked at the weekends or evenings. For urgent help, contact NSPCC, Action for Children or Childline



SchoolHire 



The Abbey
School

HIRE OUR FACILITES

CLICK THE QR CODE TO BOOK NOW!



NO EXCUSE FOR ABUSE



At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.



Secondary School of the Year

Recognising the exemplary use of STEER to proactively safeguard children and young people, and your role in supporting proactive safeguarding across your sector.

2025

A handwritten signature in black ink, appearing to read 'S Walker'.

Simon Walker
STEER Founder



**The Abbey
School**

A handwritten signature in black ink, appearing to read 'J Walker'.

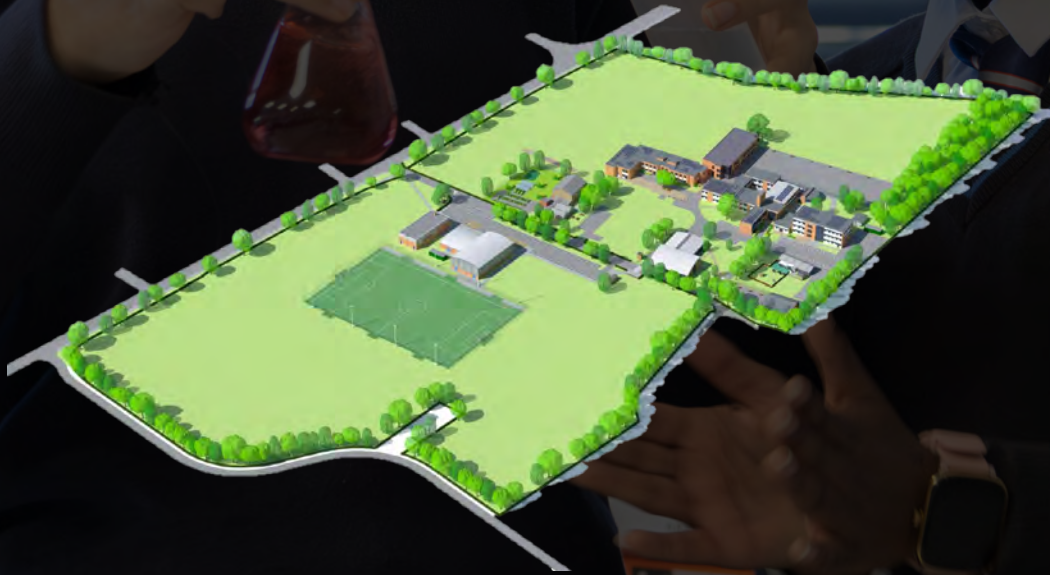
Jo Walker
STEER Founder





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The Abbey
School