



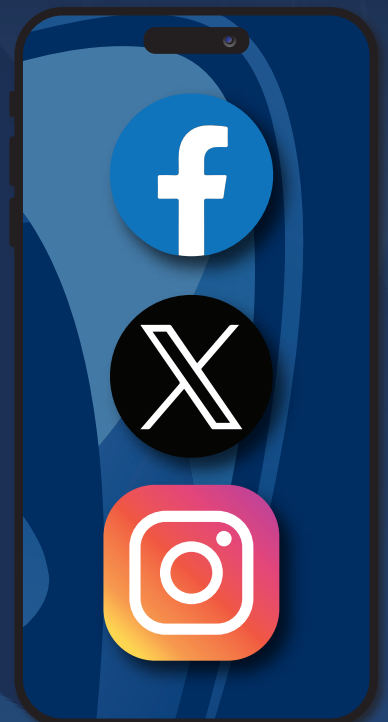
"Be The Best You Can Be"

Weekly Newsletter

2025/26

Issue Number: 3

Date: 19/09/25





**The Abbey
School**

OPEN EVENT

"Be the Best You Can Be"

Open Evening with Principal's Talk:
Wednesday 1 October, 2025

5pm till 8pm

Book your place online



www.theabbey-that.org.uk



WELCOME TO THE ABBEY SCHOOL

Click the image below to view our brand new promotion video!



Warm Return to The Abbey School: Growing Together in Kindness

It has been a welcome sight at school this week seeing all of our students return after that long summer holiday. The school simply isn't the same without the energy in our classrooms, the lively buzz of the canteen, and the purposeful footsteps echoing through our corridors.

With the return of our students, we are reminded of who we are and what we stand for. We are proud to be an integral part of the Faversham community - some of our students' families have roots here going back generations. Though our buildings, uniforms, and staff may have changed over time, our core values remain steadfast and we believe they always will.


We are a school that lives by our motto: "Be the Best You Can Be." As a dedicated team, we strive to nurture in our students a strong sense of character and purpose. We promote values such as aspiration, curiosity, integrity, persistence, altruism, creativity, resourcefulness, and reflection - and, perhaps most importantly in today's world, a deep commitment to community and responsibility.

We teach our students to treat others with respect and compassion, regardless of background. Everyone deserves to feel they belong - no matter their race, nationality, religion, sex, gender, age, disability or any other aspect of their identity.

At The Abbey School, we see diversity and inclusion as strengths to be celebrated. Our aim is to prepare students not only for academic achievement but to become kind, empathetic individuals who make a positive difference in the world. Because in the end, isn't it kindness that matters most - that we look



The Abbey
School



The Abbey School | THE HOWARD Academy Trust

SEND US YOUR CHILD'S ACHIEVEMENTS!

We want to highlight and showcase all the amazing achievements of our students, not only in the classroom, but outside of it as well!

We are asking parents to send us details of the fantastic things your child has achieved. This can be anything from sports, arts, community service, or any other extracurricular activity.

These achievements not only reflect your child's talents and growth, but also provide inspiration to others in our school community.

We will be sharing the achievements on our social media channels and in our weekly newsletter.

Please email info@abbeyschoolfaversham.co.uk and include your child's name, year group, and a good description of the achievement. You can also send us photos if you have any!

Thanks for helping us showcase all the brilliant achievements happening in our school community!

#BeTheBestYouCanBe

SENECA SUCCESS!



Year Group

12
11
10
9
8
7

Time champion

Raphaela V
Ryker D
Liam C
Kieron B
Emily H
James K-F

Score Champion

Raphaela V
Victoria I
Ashley B
Isabella P
Elle M
Grace B

Time Champion is the person who has studied the longest on Seneca this week, Score Champion has the highest average score on all assignments over all subjects.

As a whole the school is ahead compared to other schools in the Howard Academy Trust.

Across the region we are in 2nd place:



ATTENDANCE MATTERS



TIME LOST DUE TO LATENESS

AMOUNT	MINS LATE	HOURS MISSED END OF SCHOOL YEAR	SCHOOL DAYS LOST
1 LATE PER WEEK	10	6.5 HOURS	1.3 DAYS
2 LATES PER WEEK	10	13 HOURS	2.6 DAYS
3 LATES PER WEEK	10	19.5 HOURS	3.9 DAYS
4 LATES PER WEEK	10	26 HOURS	5.2 DAYS
5 LATES PER WEEK	10	32.5 HOURS	6.5 DAYS



**The Abbey
School**

YEAR 7 'MEET YOUR TUTOR' EVENING

**Thursday 25th September
3.45pm - 6pm**

- All visitors must sign in at reception
- The 'Meet Your Tutor' Evening will take place in the Main Hall.
- Please park considerately in the Sports Hall car park.
- If you need accessibility support for Meet the Teacher evening, please email or call us. We are happy to assist.

Our 'Meet Your Tutor' Evening offers an important opportunity to speak with your child's tutor, discuss their start to the year and support their ongoing progress and wellbeing.

We look forward to welcoming you.

 01795 532633

 info@abbeyschoolfaversham.co.uk

London Road, Faversham, Kent ME13 8RZ





LET'S CELEBRATE

Scout Gold Award!

Jake B, Year 9, achieved his Scout Gold Award and was awarded his gold volunteer badge for helping at Beavers, Cubs, supporting events, and assisting with maintenance at the Scout Hut. He has volunteered more than 100 hours.

Mandy, Jake's Scout Leader, had some very kind words to say about Jake's achievement:

"It was a great pleasure to award Jake with his Chief Scout Award as he ended his journey with us. Jake followed the Scout values with passion and enthusiasm. Good luck Jake with your next steps, you will be missed."

Everyone at The Abbey School is very proud of you, Jake. Well done!



Top Ranger!

Summer is involved in Guides and is now a Ranger, and this evening she came home proudly with multiple badges, including her Silver Award. She is currently in Year 10.

Great work, well done Summer!

WEEK 2 ATTENDANCE WINNERS

All students who attend school every day of the week will automatically be entered into a draw.

Winners will receive a voucher as recognition of their commitment.

This initiative highlights the importance of being present every day. By attending regularly, students not only maximize their learning opportunities but also have the chance to be rewarded for their dedication.

Well done to all of our winners!

Izzy J
Demid K
Poppy H
Hayden R
Lily P
Jake F
Annabelle B
Dimitar D

Max S
Lenny-Joe B
Amira A
Bobby M
Isaac Tyler C
Louis S
Marley C



2025 /26 CHARITIES

We are pleased to announce that our main charity for 2025-26 will be **Happy Endings Rescue**. We hope to be able to support them in a number of ways, and find out more about their work through a number of visits there.

The charity has asked that in order to initially support them, we could collect certain items that they require:

- Cat Wet Food - Felix only
- Dog Wet Food - Any brand
 - Newspaper
 - Canned peas
 - Canned sweetcorn

If you are able to donate them, every donation will receive house points/golden tickets, and will obviously benefit the animals directly. We will then take the donations to them. Please could donations be given to the office. Thank you so much for your support with our charity.



PASTORAL SPOTLIGHT ON.... PERIODS AND HOW TO COPE

Periods are a part of growing up – approximately half of the population will have periods at some point in their lives. Although natural, periods can be inconvenient and tricky to manage, but with a little planning and support they can be easier to navigate whilst at school.

Many young people suffer with cramps, aches and pains. A painkiller can be taken under parental supervision which may help.

Lots of young people find it helpful to track their period with an app on a smart phone or tablet, meaning they have more awareness of the date their period may start. 'Clue' and 'Flo' are both popular.

Adhesive heat pads are readily available to buy from chemists, and can be a comfort without posing a health and safety risk, as they maintain a low warmth whilst in direct contact with the skin.

We understand the issues and complications around using the school toilets, and we will always do our best to help a student who needs an adjustment whilst on their period. Please let the pastoral team know if your child needs help, or they can pop in to see us.

Periods can be expensive, and in a world where many families are under financial pressure, we will do our best to help. If you need a care pack or sanitary supplies, please let the pastoral team know, or ask your child to pop in to see us. We also have spare items of clothing for emergencies, and we encourage students to bring in spare clothes if needed, which they are welcome to leave with us in a named bag.

We understand, and we are here to help. The important thing is that students are in school, learning to manage with our help.

If you have any questions or requests for support, please get in touch at
pastoralhub@abbeyschoolfaversham.co.uk

Craft, Textiles and Gardening Club – Tuesday 3:30-4:30 in C11

We warmly invite you to come to craft, textiles and gardening club. We meet in C11, and, depending on the weather, we decide what we want to do in the session. As you can see from the pictures, we have had great rewards from our planting of tomatoes and potatoes – and hopefully students had a tasty meal from them!

This term we are getting crafty, and we are making different types of poppies, in the hope of making a craft wreath for Armistice day. We would really love to see you at the club!



EXTRA CURRICULAR PROGRAMME TERM 1

This term, our extracurricular programme is full of exciting opportunities, with something to suit everyone's interests. There are sports, creative clubs and new activities to try out. Joining in is not just about fun, it's also a chance to discover new talents, meet different people, and grow in confidence.

Trying new things is especially valuable because it helps you step outside your comfort zone. You may uncover hidden skills you didn't know you had, or find a passion that could shape your future. It also teaches resilience, problem-solving, and teamwork skills that are useful both in and out of school.

Most importantly, extracurricular activities bring balance to your life. They give you a break from classroom learning while still helping you develop in meaningful ways. Whether you continue with something familiar or try something completely new, you'll gain experiences and memories that will last well beyond this term.

Click the image below to see what is happening this term!



ATTENDANCE MATTERS

TOTAL NUMBER OF DAYS ABSENT IN A SCHOOL YEAR	ATTENDANCE RATE %	ACTUAL ATTENDANCE	LESSONS LOST
0	100%	190 DAYS	0
10	95%	180 DAYS	50
20	90%	170 DAYS	100
30	85%	160 DAYS	150
40	80%	150 DAYS	200



ABOVE 95% ATTENDANCE =
VERY GOOD CHANCE OF 5 GCSEs

ABOVE 94% ATTENDANCE =
GOOD CHANCE OF 5 GCSEs

ABOVE 92% ATTENDANCE =
FAIR CHANCE OF 5 GCSEs

ABOVE 90% ATTENDANCE =
LESS THAN 50% CHANCE OF 5 GCSEs

88% ATTENDANCE =

LESS THAN 35% CHANCE OF 5 GCSEs

LESS THAN 85% ATTENDANCE =
LESS THAN 30% CHANCE OF 5 GCSEs

Abbey School Sixth Form

It's not too late to join our Sixth Form!

If you're still considering your next steps, we'd love to welcome you into our vibrant Sixth Form community. Our dedicated Sixth Form block provides a modern, supportive environment designed to help students thrive with spaces for independent study, collaboration, and socialising.

We offer a wide range of courses to suit different interests and career goals ensuring every student can follow a route that's right for them. Whether you want to continue with subjects you enjoy or explore something new, there's still time to secure your place.

But don't wait too long, you have until 3rd October to join us.

Get in touch today to find out more and begin your journey with us.

Email our Director of Sixth Form to get more information!

ncrouch@abbeyschoolfaversham.co.uk

[Click the box below to watch The Sixth Form Promotion Video](#)



Supporting Student Wellbeing

A message from Mrs Blythe – Specialist Intervention Practitioner

I'm Mrs Blythe, the school's Specialist Intervention Practitioner. My role is to support the emotional well-being of our students, helping them feel safe, understood, and ready to thrive.

How I Support Students

I offer a range of gentle, therapeutic interventions tailored to individual needs, including:

- Walk and Talk Therapy with Freddy, our friendly therapy dog
- Sand Tray Work – a creative, non-verbal way to explore emotions
- Drawing and Talking – one-to-one and small group sessions
- Talk Time – a quiet, confidential space where students can speak freely, feel heard, and begin to process their thoughts
- Bereavement Support – for those coping with loss
- Emotional Nurture Groups – to build confidence and coping strategies.

Emotional Wellbeing Groups

These small, nurturing sessions help students:

- Understand and express emotions
- Build resilience and self-awareness
- Learn healthy coping strategies

Activities may include:

- Emotion-focused worksheets
- Play-based emotional card work
- Short educational videos

How You Can Help at Home

Your support is invaluable. You can help by:

- Encouraging open conversations
- Creating calm, consistent routines
- Noticing changes in mood or behaviour
- Reaching out if you feel your child may benefit from support

Together, we can help every child feel safe, supported, and ready to move forward.

*Warmest wishes,
Mrs Blythe
Specialist Intervention Practitioner*

Work Experience Programme for Year 10 Students 2026

We are pleased to announce that our Work Experience Programme for Year 10 students, taking place from Monday 29th June to Friday 4th July 2026. This compulsory, week-long placement gives students the opportunity to step away from their usual school timetable and gain invaluable first-hand experience in the world of work.

To introduce the programme, we will be holding an assembly for all Year 10 students, where they will receive clear guidance on how to source, apply for, and follow up on work placements. This session will also offer practical advice on approaching employers and making the most of this experience.

Why Work Experience Matters

At this important stage of their education, work experience plays a vital role in helping students:

- Explore potential career paths and industries of interest
- Build independence and confidence through real-world experience
- Enhance CVs and future applications for sixth form, college, apprenticeships, or university
- Develop transferable skills, such as communication, teamwork, and problem-solving

Students are expected to arrange their own placement, ideally in a field that interests them. This process not only gives students a sense of ownership over their future, but also helps them develop essential skills for future job searches and applications.

Supporting Your Child

We ask for your support in encouraging your child to actively pursue a placement that aligns with their interests or future aspirations. Whether it's in healthcare, business, the arts, engineering, education, or another field, every experience will help broaden their understanding of the working world.

Students will be guided through the process in school, and I will be available to offer support and advice as needed.

This is a fantastic opportunity for our students to gain meaningful insight into the world beyond school, and we look forward to seeing the positive impact it will have on their confidence, motivation, and future goals.

Mrs Priestley
Careers Support Co-ordinator

CAREER SPOTLIGHT OF THE WEEK: DANCE THERAPIST

Welcome to our brand-new Careers Spotlight series! Each week, we'll be uncovering exciting jobs that connect directly to the subjects your child loves. This week, we're diving into a truly inspiring career that blends art, science, and heart — Dance Therapy.

So, what's a Dance Therapist all about?

Imagine using dance and movement not just to express yourself, but to heal and help others feel better — physically, emotionally, and mentally. That's exactly what dance therapists do! They guide people through movement to boost their wellbeing, support mental health, and even help recover from injuries.

Why Dance Therapy Makes a Difference

If your child is passionate about dance, this career shows just how powerful their skills can be. It's not just about performing on stage — it's about making a real difference in people's lives by combining creativity, science, and empathy. Dance therapy draws on everything from body awareness and psychology to communication and compassion.

Here's why Dance Therapy is a career worth knowing about:

- It's a unique and growing field in health and wellbeing
- It turns passion into a profession that helps people every day
- It combines physical activity with emotional healing
- It opens doors to careers in healthcare, counselling, arts, and beyond

This spotlight is just one example of how the subjects your child studies can lead to exciting, meaningful jobs. Who knows — maybe your future Dance Therapist is already in one of our classrooms!

For any questions relating to Careers

Please contact spriestley@abbeyschoolfaversham.co.uk





The Abbey
School

HIRE OUR FACILITIES

CLICK THE QR CODE TO BOOK NOW!



Consideration In The Community

Most of you are wonderful ambassadors of the school through your kind and considerate actions towards others in our local community, especially when travelling to and from school.

Remember its **not fair** for anyone to be allowed to deliberately make life miserable for others. **We will never tolerate nasty behaviour or bullying towards those in our school community.** Always ask an adult for help if you are being treated unkindly or if you feel frustrated about the ways others are treating you.

DO

Move aside on the pavement to allow to use it.

Speak using appropriate tone and at a sensible level to those you are with, using language that is not offensive or swearing.

Cross roads safely, using the bridge to navigate the A3 and by looking up and checking the traffic for all other streets where there are no pedestrian crossing facilities

DO NOT

Monopolise the whole pavement space by walking in a group forcing elderly, those with prams or indeed anyone from the community into the road.

Shriek, shout, threaten or swear to those around you, be they friends, members of the public or students who attend other schools - this is intimidating behaviour brings our school into disrepute and this will be followed up and dealt with.

Run across the A3, this is a busy road with TWO speed cameras on it for a reason - the number of accidents. **DO NOT** become a statistic (injured or worse). Do not walk out directly in front of cars and expect them to stop.

CANTEEN MENU 2025/26

Click the images below to view the canteen menu for Term 1!



POETRY LIVE

Mrs Head-Rapson had the pleasure of speaking to year 10 in assembly this week about the special opportunity to go on the Poetry Live! Trip. She explained the value of this trip for exam preparation and how engaging and inspiring performance poetry really is. This is a trip to remember. Tickets are selling fast.

Apollo Victoria Theatre, London, on Thursday 13th February 2016.

This inspiring event brings GCSE poets to life – students will hear live readings, gain insight into exam texts, and take part in a Q&A with some of the UK's most celebrated contemporary poets.

Tickets: £38.33 (available from Monday 15th September via Arbor)
Spaces are limited – book early to secure your place!

Don't miss this unforgettable opportunity to boost GCSE Literature skills and enjoy poetry in a whole new way!

#PoetryLive #AbbeyEnglish #GCSEReady #LoveLiterature

The Poets appearing on the day



Simon Armitage



John Agard



Carol Ann Duffy



Imtiaz Dharker

STARS OF THE WEEK

Well done to the following students for collecting the most house points this week!
KEEP UP THE AMAZING WORK!



Kuna M
Year 10
87HP



John G
Year 10
100HP



Lucas T
Year 8
85HP



Autumn J
Year 10
103HP

#WAKE UP WEDNESDAY

Celebrating Your Achievements



Email us your child's achievement
info@abbeyschoolfaversham.co.uk

IN CASE YOU MISSED IT,
CLICK HERE TO SEE OUR PREVIOUS
NEWSLETTER!



Staggered Dismissal Times

Each year will then be dismissed one at a time in no particular order. In the event of wet weather, afternoon line up will be cancelled and we will revert to dismissing each year group one at a time from their classrooms.

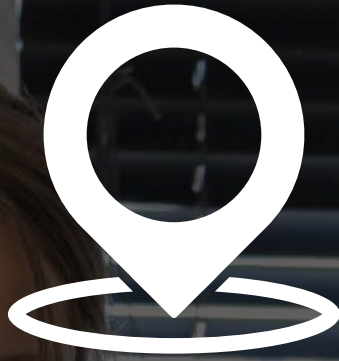


NO EXCUSE FOR ABUSE

At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.





The Abbey School
Faversham
Kent
ME13 8RZ

www.theabbey-that.org.uk
info@abbeyschoolfaversham.co.uk
01795 532634



Attendance Office

01795 542477

attendance@abbeyschoolfaversham.co.uk

“BE THE BEST YOU CAN BE”



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