



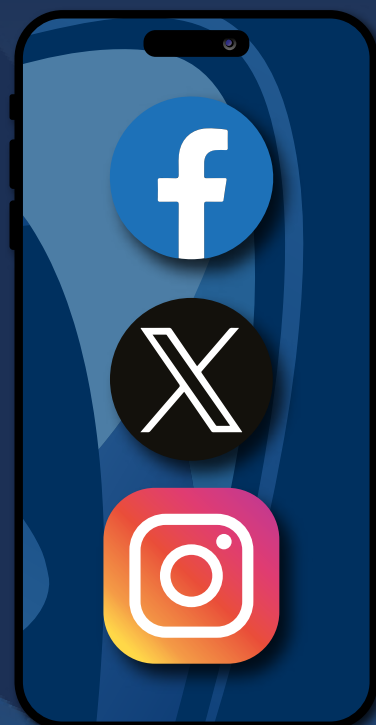
"Be The Best You Can Be"

Weekly Newsletter

2025/26

Issue Number: 36

Date: 03/07/26



STARS OF THE WEEK

Well done to the following students for collecting the most house points this week!
KEEP UP THE AMAZING WORK!



Honor O
Year 7
116HP



Tilie B
Year 7
40HP



Lily J
Year 7
36HP



Sonny-George T
Year 7
105HP

#WAKE UP WEDNESDAY

All The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

MANAGING DIGITAL BOUNDARIES FOR CHILDREN UNDER FIVE

Screens are part of everyday life, but they should not take over early childhood routines. For under-fives, healthy digital habits are built through simple, steady boundaries that protect sleep, play, connection, and development. Current UK guidance advises limiting screen time for children under two – except for shared activities such as video calls – while children aged two to five should ideally have no more than one hour a day.

- ASK A GROWN-UP FIRST**
For under-fives, autonomy is important, but not when it comes to choosing digital content. Establish an age-appropriate 'first rule' early, whether at home or in an early years setting. Adults should choose age-appropriate content and understand that devices are tools to be guided, not toys to control.
- PROTECT SLEEP BUFFERS**
Screens can make it harder for young children to wind down, especially when content is bright, noisy, or fast-paced. Aim for a screen-free time before and after bedtime, with 30 minutes if that feels more realistic. Use this time for settling routines such as stories, bath time, quiet play, or outdoor, helping children recognise that bedtime is approaching.
- CO-VIEW AND CHAT**
Screen time is safer and more meaningful when adults are involved. Sit with children, ask simple questions like 'What can you see?' or 'How does that character feel?' This time provides viewing in shared interaction, supports language development, and helps adults spot potentially unsuitable content, or confusing messages.
- KEEP DEVICES HIDDEN**
Young children are more likely to ask for screens when they can't see or reach them. Keep devices out of sight when they're not being used, and consider creating a 'no screens' rule in bedrooms. This reduces temptation, supports shared viewing, and helps adults stay in control of their support role.
- PLAN THE TRANSITION**
The hardest part of screen time is often stopping. Before the screen goes off, tell the child when it's time to stop and what they can do next, such as looking at a drawing. This provides a sense of agency without removing the screen. A planned next activity prevents a sudden gap, which can quickly become frustration or distress.
- LEAD BY EXAMPLE**
Children notice adult habits long before they understand adult explanations. If they're expected to put their screens away, they need to see adults doing the same thing during meals, play, and conversations. Create a shared 'phone home', such as a basket or shelf, to show that technology has a place in daily life but does not need constant attention.
- MAKE SCREENS PREDICTABLE**
Young children do not always understand minutes, but they quickly learn patterns. When screen time happens at a regular point in the day, it becomes a routine rather than a negotiation. Use the same words and cues each time, such as 'Screen time, goodbye now, or tidy away now', so children know what to expect next.
- CREATE SCREEN ZONES**
Physical boundaries help children understand digital boundaries. Keep screens out of bedrooms to protect their sleep and away from tables to preserve mealtimes. Choose one agreed 'yes space', such as a shared living room area or a designated playroom corner. This makes time feel less personal and more like a clear family or setting routine.
- USE SIMPLE SCRIPTS**
Transitions are easier when children hear the same calm language each time. Use short, repeated phrases such as 'Time to tidy away now' or 'When the time comes, we stop the screen'. Simple explanations during mealtimes help make the rule consistent, and give children clear expectations they can gradually understand and follow.
- PRIORITISE SLOW CONTENT**
Fast screen time feels the same to a young child's brain. Fast-paced clips, loud sounds, and rapid scene changes can make it harder for some children to settle down afterwards. Choose slower content with longer scenes, gentle sounds, and natural pauses. Make digital content slow, with more calm, nourishing choices than fast-paced, digital 'sugar rush'.

Meet Our Expert
Helen Agnew is the founder of Cyber Vet Kids, an innovative educational initiative that introduces computer cybersecurity concepts into engaging, age-appropriate adventures for children aged 3-10. With her unique background leading cybersecurity services for corporations and serving as a expert panel member on national media, Helen brings corporate-grade cybersecurity expertise to the early years world.

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CANTEEN MENU 2025/26

Click the images below to view the canteen menu for Term 6!



SCHOOL UNIFORM

As we come close to the end of another school year, please click on the linked image below, which will take you to Forster's School Outfitters price sheet.



IN CASE YOU MISSED IT,
CLICK HERE TO SEE OUR PREVIOUS
NEWSLETTER!



"supported"

*"motivated to
succeed"*

"safe"

"calm"

*"inclusive
culture"*

*"broad range
of enrichment"*



*"meaningful
opportunities"*

*"significant
positive change"*

*"the curriculum
is ambitious"*

OFSTED RESULTS!

"Pupils feel part of a community that believes in them, challenges them and helps them to succeed."
The Abbey School is proud to share our latest Ofsted Report, following our January inspection, which took place under the new Ofsted framework.

Inspectors noted that "the school has been through significant positive change", judging Personal Development and Wellbeing and Post-16 Provision to be Strong Standard, and confirming that Curriculum and Teaching, Attendance and Behaviour, Inclusion, and Leadership and Governance are operating at the Expected Standard.

Particular praise was given to our Pastoral Support Team, with inspectors commenting that "Pastoral support is a strength. Pupils trust staff to help them manage worries, and... feel safe and supported".

"We are pleased that Ofsted recognised the strength of our work in personal development, safeguarding and sixth-form provision, which reflects the values and culture we work hard to build every day.

Inspectors recognised that pupils are learning well, feel safe, and are prepared for their next stage, including strong sixth-form retention and positive destinations. Our priority now is to continue strengthening key stage 4 outcomes so they fully reflect the learning and progress we see across the school." - Dr Speller, Principal

"I would like to recognise the commitment of the leadership team and staff who have led this work with determination and care. Together they have focused on ensuring that pupils feel safe, supported and that they truly belong within their school community." - Owen McColgan, Chief Executive of THAT

Read the full report by clicking the image below!



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YEAR 6 TRANSITION WEEK!

This week, we were delighted to welcome our Year 6 pupils for Transition Week as they begin preparing for the exciting move to secondary school.

The first day started on Monday, with pupils meeting lots of new faces, including teachers and classmates, while getting familiar with their new surroundings. There was a real sense of excitement throughout the day as students began settling into school life.

The pupils enjoyed a busy and engaging schedule, starting with Science and English lessons in the morning. These sessions gave them a great opportunity to experience learning in a secondary school environment and explore new subjects. In the afternoon, students headed to the sports centre, where they took part in a range of fun activities. It was a fantastic chance for everyone to build confidence, make new friends, and enjoy working together as a team.

Tuesday was another busy day, with pupils taking part in lots of new lessons, including subjects that many of them had not experienced before. This gave them an exciting insight into the wider range of opportunities available in secondary school.

Wednesday was Performing Arts Day, where pupils enjoyed a variety of sessions focused on dance, drama, and music. The students showed great enthusiasm, creativity, and confidence as they got involved in each activity.

To finish Transition Week on Thursday, Year 6 had an amazing time taking part in the Colour Run. It was a fantastic way to end the week, with lots of laughter, energy and excitement!

Overall, Transition Week was a huge success. It was wonderful to see the Year 6 pupils growing in confidence, making new friends, and embracing all the opportunities on offer. We look forward to welcoming them again in September.

SPOTLIGHT ON GEOGRAPHY!

Heatwave Across the UK and Europe

Geographers have had plenty to talk about this week as an exceptional heatwave has affected much of the UK and Europe. On 24 June, the UK recorded its highest June temperature on record, reaching 36.1°C in Hampshire, while many parts of Europe experienced temperatures above 40°C. Heat-health warnings have been issued across several countries as authorities respond to the impacts of extreme heat on people, transport and infrastructure.

This provides a timely link to the work that Year 7 students have been completing on the climate of the UK. In lessons, students have been exploring the factors that influence our climate, including latitude, prevailing winds and air masses. The current heatwave offers a real-world example of how weather patterns can produce extreme conditions and helps students understand how climate change may increase the frequency and intensity of heatwaves in the future.



Year 12 NEA Research Begins

Our Year 12 geographers have also begun their Non-Examined Assessment (NEA) journey. Students are currently developing research questions and considering how geographical theories can be investigated through independent fieldwork.

Over the summer holidays, students are encouraged to start exploring potential study locations, collecting background information and refining their ideas. Successful projects often begin with careful planning, and the summer provides an excellent opportunity to observe places, identify geographical issues and think critically about the data they may wish to collect in the autumn. We look forward to seeing the exciting and diverse investigations that emerge from this first stage of the NEA process.

YEAR 10 WORK EXPERIENCE!

Year 10 have been out on work experience this week and we hope they have all had a great week!

Work experience is an important because it gives students the chance to explore the world of work before leaving school. It helps young people understand different careers, develop useful skills, and prepare for their future.

One of the biggest benefits of work experience is that it allows students to gain real-life experience in a professional environment. Instead of learning only in the classroom, students can see how businesses and workplaces operate on a daily basis. This gives them a better understanding of responsibilities, teamwork, and workplace expectations.

Work experience also helps students develop valuable skills. During placements, students improve communication, time management, problem-solving, and confidence. These are skills that are useful not only in future jobs but also in school and everyday life.

Another important advantage is career exploration. Many students are unsure about what they want to do in the future. Work experience allows them to try different industries such as healthcare, business, engineering, retail, or education. This can help students discover careers they enjoy and even rule out jobs that may not suit them.

In addition, work experience helps students build independence and responsibility. Being in a workplace means following rules, arriving on time, completing tasks, and working professionally with others. These experiences help students become more mature and prepared for adult life.

Overall, work experience is a valuable opportunity for Year 10 students. It provides practical learning, builds important life skills, and helps students make informed decisions about their future careers. By taking part in work experience, students gain knowledge and confidence that will benefit them for years to come.

WORK EXPERIENCE SHOUTOUT!

Chloe - Rose M & Laci - Rose B

The girls have done very well during their work experience. They have been enthusiastic in every task they were given and have shown a genuine interest in the beauty industry. This placement has provided them with valuable experience of a working environment that closely reflects the type of career they may wish to pursue after leaving school.



They are both polite, friendly, and have demonstrated a positive attitude towards work throughout their placement. It has been a pleasure to have them with us, and we wish them every success in their future studies and careers.

Beautiful Nails

WORK EXPERIENCE SHOUTOUT!

Autumn

Autumn has been really helpful during her time with us this week. She is punctual, polite, appropriately dressed, interested, willing to help and willing to learn. She was more than happy to watch all the operations and did not faint, which is always good!! A pleasure to have around.

Bobbing Hill Veterinary Surgery

SPOTLIGHT ON TECHNOLOGY!

Below are some examples of the fantastic work students have been creating.

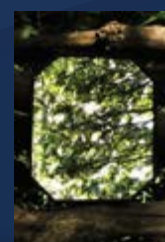
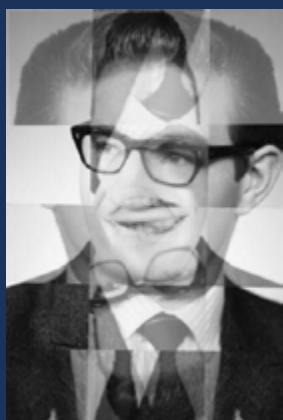
The KS3 Sea Creature Toy Project showcases students' creativity and practical skills, including hand-sewing techniques. The project also encourages engagement with important environmental themes, such as plastic pollution and its impact on marine life.



Please take a look at the fantastic food created during the Year 10 summer mock exam. I think you'll agree that it looks delicious.



Below is some of the work from our Year 9's in thier photography lessons!



COME IN YOU WORLD CUP WARRIORS!

MONDAY IS WORLD CUP FUN DAY!

Get yourself up and into school Monday morning
(whether England win or lose!) and enjoy a
WORLD CUP THEMED DAY!

1



WEAR YOUR FOOTBALL SHIRT TO SCHOOL.

This can be a World Cup team shirt, your favourite football team shirt, a local team shirt for the side you may play for – the choice is yours. Wear with your PE kit shorts, leggings or tracksuit bottoms.

2



PICK UP YOUR WORLD CUP COMPETITION ENTRY CARD

as you arrive and during line up. In your lessons your teachers will 'hide' random world cup facts for you to write down if you hear them! The highest goal scorer, the quickest penalty, the oldest player, the goal of the tournament, the age of the world cup, where the competition will be next time...it could be anything so listen out!

3



WORLD CUP ANTHEMS LUNCH TIME SINGALONG in the canteen!

4



HAND IN YOUR COMPETITION ENTRY CARDS

in afternoon line up for a sweet treat and entry to a fabulous prize draw at the end of the week.

5



WORLD'S LARGEST SCHOOL PENALTY SHOOT OUT!

Every student....one shot....will you score?
Prize for the form and house with the most goals!

COME IN AND BE PART OF OUR
WORLD CUP ABBEY TEAM!

SPOTLIGHT ON MFL!

Día de Muertos (Day of the Dead), a vibrant tradition celebrated on 1st and 2nd November in Mexico and other Latin-American countries. It is a celebration that honours the lives of family members and friends who have passed away through colourful altars, marigold flowers, music, food, and shared memories.

Carnival de Nice, one of the world's oldest and most spectacular carnivals, held each year in the beautiful city of Nice on the French Riviera. Famous for its colourful parades, giant artistic floats, lively music, and the traditional Bataille de Fleurs (Battle of Flowers), the carnival is a celebration of creativity, culture, and community.

The year 6s showed curiosity and learnt some new words in French and Spanish as well as decorated some carnival masks and Death of the Death skulls and Catrinas. We are proud of their enthusiasm!



Homework Stars!

Year 7 French
Michael H, Janet Z, Abiola O

Year 8 French
Ellie M, Savanna D, Jayden G

Year 9 French
Mustaqeemah A, Oscar D

Year 7 Spanish
Jemimah N, Lenny-Joe B

Year 8 Spanish
Evelyn T, Millie A, Maisie J

Year 9 Spanish
River E, Aiden B

WHATS HAPPENING IN TERM 6

19th
JUNE

**SIXTH FORM
PROM**



6th
JULY

**SIXTH FORM
INDUCTION DAY**



26th
JUNE

**DANCE
SHOWCASE**



6th - 8th
JULY

**YEARS 7, 8 & 9
REWARD TRIP**



29th - 3rd
JULY

**YEAR 6
TRANSITION WEEK**



9th
JULY

**END OF YEAR
PRIZEGIVING**



3rd
JULY

**SPORTS
DAY**



15th - 16th
JULY

**COMMUNITIES
DAYS**



3rd
JULY

**YEAR 11
PROM**



17th
JULY

**END OF TERM
SCHOOL FETE**



FETE DONATIONS!

We are planning to hold our Rewards Fete on the final day of the Summer Term. This is one of our main opportunities to reward students for their efforts and achievements throughout the academic year.

One of the stalls we will be running at this year's fete is a tombola, and we are looking for donations of prizes for our students. If you have any spare items that you would be willing to donate, it would be greatly appreciated.

Examples of suitable items include:

Toys and games
Clothes and fashion accessories
Toiletries

This is not an exhaustive list, and any items suitable for children aged 11–14 would be gratefully received. We kindly ask that all donations are clean and in good condition.

If you are able to donate, please place the items in a bag clearly marked "Fete" and send them in with your child for the attention of the Main Office. Alternatively, you are very welcome to drop them off at the Main Office yourself.

We would also love to hear from any local businesses that may be willing to support the fete through a prize donation. If so, please contact sdannell@abbey-school-faversham.co.uk.

Thank you very much for your continued support.



FORSTERS DISCOUNT!

Just a reminder that we're offering parents a 10% discount on all orders over £20 until 100th July.

To redeem the offer, simply enter the code FORSTERS10 at the online checkout or visit us in store.



COMMUNITIES DAYS 2026



COMMUNITIES DAYS 2026 ARE LOADING...

Something different is coming this July.

On Wednesday 15th and Thursday 16th July, students in Years 7–10 will step beyond their normal timetable and take part in two days packed with opportunities, experiences and challenges designed to inspire, surprise and maybe even change the way they see the world.

Expect new faces, new ideas and experiences you won't find in a classroom.

Over the two days, students will have the chance to:

- **Meet people with incredible stories to tell**
- **Discover organisations making a real difference in our communities**
- **Take on exciting challenges and projects**
- **Explore future opportunities, careers and interests**
- **Develop new skills, confidence and connections**
- **Try something new and step outside their comfort zone**
- **Have fun with friends and make new memories**

We're keeping some of the details under wraps for now, but trust us when we say...

THIS YEAR HITS DIFFERENT.

And the excitement doesn't stop there...

Communities Days will be followed by The Abbey School Fete on Friday 17th July, bringing our school community together for a fantastic celebration and a memorable way to round off the academic year.

Keep an eye out over the coming weeks as we reveal more about what's in store.

Communities Days 2026: Loading...

MORE INFORMATION COMING SOON...

ATTENDANCE REWARDS TERM 6!

We are excited to share the fantastic attendance rewards available for students in Term 6!
There are three amazing rewards up for grabs!

Wingham Wildlife Park Trip

Students who receive an Attendance Golden Ticket during Term 6 will be entered into a prize draw to attend a trip to Wingham Wildlife Park.

For every full week of attendance, students will receive an additional entry into the draw — so the more they attend, the greater their chance of winning!

VIP Access at the Summer Fete

All students who achieve 100% attendance during Term 6 will receive exclusive VIP access to one of our hired inflatables at the Summer Fete on the last day of term.

These students will enjoy the inflatable exclusively for the first 40 minutes of the fete!

100% Attendance Grand Prize Draw

Students who achieve 100% attendance for the entire school year will be entered into our grand prize draw, with the chance to win one of these

fantastic prizes:

A brand-new PS5

A 32" Smart TV

Two tablets

A laptop

Best of all, entry into all of these rewards is completely free — students simply need to attend to have the chance to win!

☀️ YOUNG CARERS GROUP ☀️

Do you help care for someone at home?

Why not come along to our Young Carers Group and meet other young carers from different year groups in school?

 Wednesdays

 Period 4 (1:30 pm)

Join Ms Bowden for:

 Friendly conversations

 Gentle activities

 A chance to connect with others who understand

No pressure, no expectations – just a relaxed space to chat, take part in activities, and spend time with other young carers.

 Drop-In Session

 Thursdays

 2:30 pm

If you'd prefer, you can also drop in and see Ms Punt for a chat.

Interested in either session?

Please speak to a member of the Pastoral Team for more information.

 You are always welcome.

YEAR 9 VACCINATION INFORMATION!

Recently, the Immunisation Service visited school to offer the TdIPV and MenACWY vaccinations to our Year 9 students. While many pupils received their vaccinations, overall uptake was 59%, which is below the national target of 90%.

We would like to remind parents and carers that appointments are still available through local community clinics.

Community Clinic Appointments Available

The Immunisation Service runs community clinics during weekends and school holidays to ensure that no child misses their routine immunisations.

If your child missed their TdIPV and MenACWY vaccinations during the recent school visit, you are encouraged to book an appointment at one of the community clinics.

Parents and carers who previously gave consent but whose child was not vaccinated should have received an automated email containing a booking link.

Alternatively, families can contact the Immunisation Service directly on 0300 123 5205 for more information about clinic availability and booking appointments.

Further information can also be found on the [Immunisation Service website](#)

STUDENT SHOUTOUT!

We love celebrating our amazing students and their achievements!

Parents and carers, we'd love to hear from you! If your child has achieved something they're proud of (big or small!), send it in and we will share this with our school community.

Achievements could include:

- Academic successes
- Sporting achievements
- Creative talents
- Personal milestones
- Acts of kindness or resilience

To take part, simply email us with:

Your child's achievement

Their name

A photo (optional)

info@abbeyschoolfaversham.co.uk

Let's work together to celebrate our students and recognise their hard work!

#BeTheBestYouCanBe



We have worked with you
listened to your ideas and made lots of changes
over the last few years.

You asked.....

"Why do we have to wait outside the canteen before lunch for so long?"

We did.....

"We have now got some good walkie talkies, so your HOY only calls you over to the canteen when it is virtually time for you to go in, so you get more time outside"



THE WORRY BOX

Checked daily during school hours

www.theabbey-that.org.uk/worrybox

Not checked at the weekends or evenings. For urgent help, contact
NSPCC, Action for Children or Childline





The Abbey
School

HIRE OUR FACILITIES

CLICK THE QR CODE TO BOOK NOW!



NO EXCUSE FOR ABUSE



At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.



Secondary School of the Year

Recognising the exemplary use of STEER to proactively safeguard children and young people, and your role in supporting proactive safeguarding across your sector.

2025

A handwritten signature in black ink, appearing to read 'Simon Walker'.

Simon Walker
STEER Founder

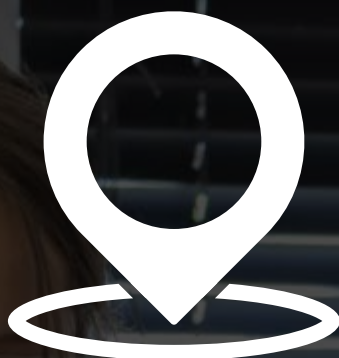


**The Abbey
School**

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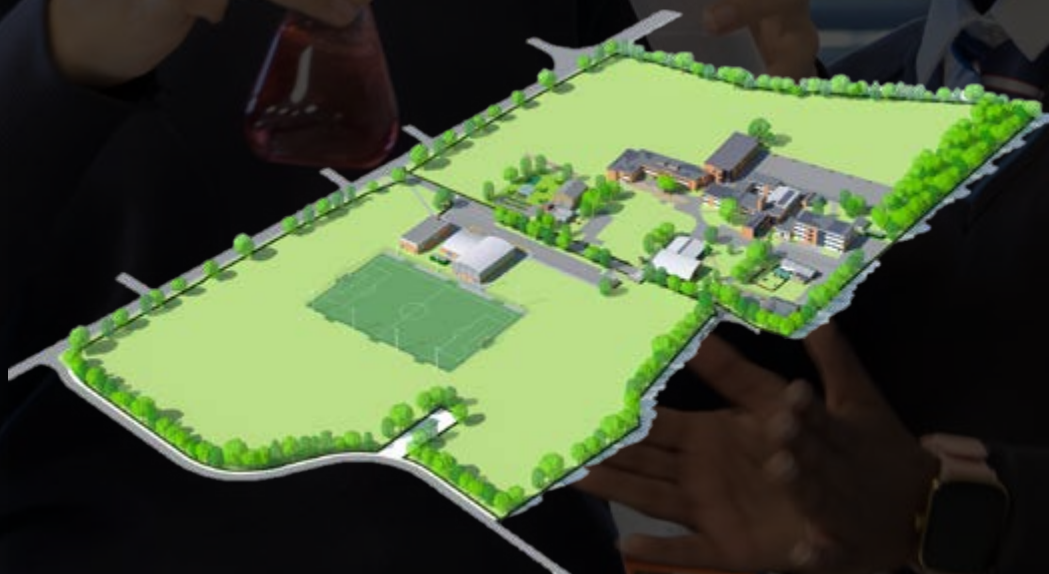
Jo Walker
STEER Founder





The Abbey School
Faversham
Kent
ME13 8RZ

www.theabbey-that.org.uk
info@abbeyschoolfaversham.co.uk
01795 532633



Attendance Office
01795 542477
attendance@abbeyschoolfaversham.co.uk

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