



# The Abbey School

"BE THE BEST YOU CAN BE"

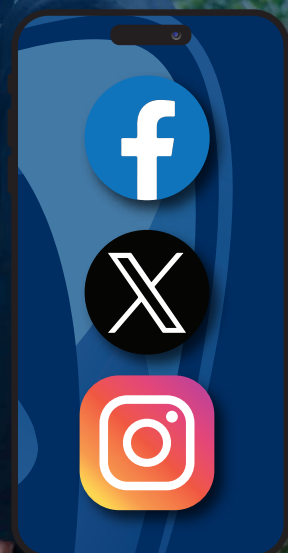
## Weekly Newsletter 2024/25

Issue Number: 31

Date: 13/06/25



THE HOWARD  
Academy Trust



# BOOK A TOUR TODAY!

Choosing the right school for your child is one of the most important decisions you'll make. At The Abbey School, we provide a supportive, inclusive, and high-achieving environment where every student is encouraged to reach their full potential.

## What You Can Expect to See on Your Visit:

- Engaging Lessons & Inspiring Teaching – See our dedicated staff in action, delivering high-quality education.
- Excellent Facilities – Modern classrooms, specialist subject areas, a well-equipped sports hall, and vibrant social spaces.
  - Strong Pastoral Care – A nurturing and inclusive community where every child is supported.
  - Enriching Opportunities – A variety of clubs, trips, and extracurricular activities that enhance learning and personal development.
- A Safe and Welcoming Environment – High expectations, respect, and ambition at the heart of everything we do.

## Accessibility & Inclusivity

We are committed to making The Abbey School accessible for all visitors. Our site offers:

- Step-free access and wheelchair-friendly pathways.
  - On-site parking, including accessible bays.
- Easily accessible location with good transport links.

Come and see The Abbey School in action! Book a tour today and experience firsthand why we are the perfect choice for your child's future.





# EXAM TIMETABLE

Below are all the exams that will be taking place next week!

Exam	Date	Subject	Level	Start Time	Finish Time
Combined Sci Trilogy Physics P2f	Mon, 16 Jun 2025	Science	GCSE	09:00	10:15
Combined Sci Trilogy Physics P2h	Mon, 16 Jun 2025	Science	GCSE	09:00	10:15
Physics Paper 2 Tier H	Mon, 16 Jun 2025	Physics	GCSE	09:00	10:45
Writ. Resp. Works & Trans	Mon, 16 Jun 2025	French	A Level	09:00	11:40
Writing (F)	Tue, 17 Jun 2025	Spanish	GCSE	09:00	10:15
Writing (H)	Tue, 17 Jun 2025	Spanish	GCSE	09:00	10:20
Religious Studies Adv Paper 2b	Tue, 17 Jun 2025	R.S	A Level	13:30	16:30

## EXTRA CURRICULAR PROGRAMME

Click the image below to view the extra curricular programme for term 6.



# SPOTLIGHT ON SCIENCE

## SOMEWHERE TO VISIT NEW SCIENTIST LIVE

*Click the here to book!*



## SOMEWHERE TO VISIT KENT COUNTY SHOW

*4th, 5th, 6th July*



The Kent County Show on 4, 5, 6 July 2025 is the region's showcase event for farming, agriculture and countryside life. For three days a year, animals, horses, vintage vehicles, retail stands and much more converge on the stunning surroundings of the Kent Showground for a celebration of the best in the county.

## STEM Club!

Last week, STEM Club had the opportunity to create their own balloon powered cars. It was brilliant to see the different designs the students created and the fun they had bringing their creations to life!



## SOMETHING TO READ

*Adam Kay books - different books  
suitable for KS3-5*



## SOMETHING TO WATCH

*The Essential Guide to Rocks*



# MENTAL HEALTH TALK

## PC TYLER

Earlier in the year, students focused on techniques to support them during mental health week. As good mental health is so important to everyone, PC Tyler, our police school liaison officer, was very keen to follow up on this. On Thursday 5th June PC Tyler, came to give a talk about mental health, entitled "Mental Health first aid". PC Tyler's talk drew attention to what can cause people to suffer from mental health issues, such as daily stresses, to larger events that can happen, which we have no control over. She used a helpful analogy of a glass or stress container, and how we need to find ways to release the stress in the container, by discovering techniques that work for each person.

PC Tyler focused particularly on different techniques and activities that students can use to look after their own mental health. Some of the students felt able to share some of their own techniques and means of addressing mental health, ranging from activities such as stroking pets, listening to music, going out for fresh air, to holidays, youth groups and socialising with friends.

Most importantly, PC Tyler drew attention to the various organisations that students can reach out to for support, such as Kooth and Young Minds, as well as the importance of reaching out to adults - parents, carers, or the pastoral team in school, who do a fantastic job in supporting all students in the school. We are grateful to PC Tyler for giving up her time to come in and drawing more awareness to the importance of mental health.





# CELEBRATING YOUR ACHIEVEMENTS

We're incredibly proud to celebrate the musical talents of Jaxon in Year 7, who is already making waves as a DJ at just 12 years old! Jaxon first got behind the decks at the age of 8, inspired by his dad, who is also a DJ, and by the energetic sets of DJ James Hype. His mum's deep love for music has also been a huge influence, fuelling his passion and drive. What started as a hobby has quickly grown into something truly special—Jaxon (AKA DJ RAZER) now DJs at parties for all ages, bringing joy and energy to dancefloors with his expert sense of rhythm and infectious enthusiasm.

Most impressively, for the past two months, Jaxon has held a regular Saturday morning slot on Galaxy FM Spain from 10–11am, where he shares his brilliant UK Garage sets with an international audience. His understanding of beats and lyrics is far beyond his years, and his passion comes through loud and clear in every mix. One member of staff is such a fan that their whole family now tunes in while cleaning the house—Jaxon's music really gets everyone moving! He's certainly one to watch, and we encourage everyone to take a listen on Saturday mornings.

Keep up the amazing work, Jaxon!



# WE ARE RECRUITING!

## APPLY NOW

The Local Academy Board at The Abbey School is seeking to recruit new parent governor, preferably with experience or knowledge in education, safeguarding, careers, or other public sector organisations.

We welcome applications from individuals with a genuine interest in school improvement, and training will be provided.

Local Academy Board members are typically involved in monitoring activities aligned with the School Development Plan and current improvement priorities.

The Board meets four times per year, with a mixture of face-to-face and virtual sessions. Meetings focus on key areas such as student progress and attainment, attendance and engagement, well-being, teaching and learning, community links, finance, personnel, and site management.

In addition to attending meetings, Local Academy Board members are encouraged to support the school through formal and informal visits, with opportunities to participate in events throughout the academic year.

If you would be interested in being a Local Academy Board member, please contact the school on 01795 532633 or email Clair Foskett, PA to Principal [cfoskett@abbey-school-faversham.co.uk](mailto:cfoskett@abbey-school-faversham.co.uk) for more information.



**The Abbey  
School**





# Abbey School Sixth Form

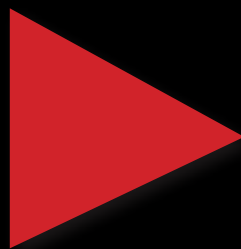
Are you ready to take the next step in your academic journey?

At The Abbey School, our Sixth Form offers an outstanding opportunity for you to thrive, not just in your studies, but as an individual.

We are a vibrant and inclusive community which supports our young people to develop the knowledge and skills necessary to make the successful transition to the next stage of their education or employment.

Find out more about our Sixth Form here:

<https://www.theabbey-that.org.uk/sixthform>





# PASTORAL SPOTLIGHT ON.... HEALTHY CHOICES

## Sleep Routines

We all lead busy and stressful lives, and young people in particular can spend a significant amount of time using screens and technology.

Many of our students are studying for exams which can have an effect on the downtime they have in the evenings and weekends.

There is a great deal of evidence to show that some time spent relaxing, and away from screens, can be beneficial for good quality sleep. Stress is disruptive to sleep, and the blue light and brain stimulation from screens and devices disrupts the chemicals in the body – melatonin in particular – which then disrupts the natural circadian rhythms of the body.

Sleep deprivation can lead to a range of difficulties such as poor focus, low energy, poor cognition and recall, and physical health problems.

There are things we can all do to ensure good quality sleep.

- Try to keep to a routine involving switching off devices
  - Spend some time relaxing away from devices
    - Listen to music
    - Read a book
  - Gentle exercise such as walking or yoga
    - Journaling or drawing
  - Avoiding stimulants such as caffeine
- Use a mindfulness app such as Headspace

Making small adjustments to your routine can lead to improvements in wellbeing, setting us up for a positive day.

Online help can be found at –

[www.nhs.uk](http://www.nhs.uk)  
[www.calm.com](http://www.calm.com)  
[www.headspace.com](http://www.headspace.com)



# ATTENDANCE REWARDS

## WHAT DO I NEED TO DO TO BE IN WITH A CHANCE TO WIN?

BE IN 100% OF THE YEAR. BE IN 100% FROM 03/03/2025. ATTENDANCE GOLDEN TICKETS. YEAR 11 BE IN 100% UNTIL END OF TERM 5. YOU COULD BE ENTERED INTO ALL OF THESE IF YOU MEET EVERY ONE OF THE ATTENDANCE LEVELS! YOU'VE GOT TO BE IN TO WIN!

### THE LINK BETWEEN ATTENDANCE & ATTAINMENT

THE IMPACT ABSENCE HAS ON YOUR ATTENDANCE RATE:

TOTAL NUMBER OF DAYS OFF IN A SCHOOL YEAR	ATTENDANCE RATE %	ACTUAL ATTENDANCE	LEARNING HOURS LOST
0	100%	190 DAYS	0
10	95%	180 DAYS	475
20	90%	170 DAYS	95
30	85%	160 DAYS	142.5
40	80%	150 DAYS	190



**ABOVE 95% ATTENDANCE =**

VERY GOOD CHANCE OF 5 GCSEs

**ABOVE 94% ATTENDANCE =**

GOOD CHANCE OF 5 GCSEs

**ABOVE 92% ATTENDANCE =**

FAIR CHANCE OF 5 GCSEs

**ABOVE 90% ATTENDANCE =**

LESS THAN 50% CHANCE OF 5 GCSEs

**88% ATTENDANCE =**

LESS THAN 35% CHANCE OF 5 GCSEs

**LESS THAN 85% ATTENDANCE =**

LESS THAN 30% CHANCE OF 5 GCSEs



# CELEBRATING YOUR ACHIEVEMENTS

We are pleased to share some news the Luci K in Year 8 has qualified to compete in the IDO Disco World Championships in the next few weeks. Luci will be competing for world title in three different categories.

Everyone at The Abbey School wishes Luci all the best!

Your hard work, passion, and dedication have truly paid off. This is a fantastic achievement and a well-deserved opportunity to shine.

Keep dancing your heart out — the stage is yours!

## SCHOOL CALENDAR TERM 6

There is a lot happening this term, please see some key dates below:

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District Athletic Championships **Tuesday 10th June**

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DoE Bronze (Year 9) **Friday 13th - Saturday 14th June**

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Year 7 & 8 Internal Exams **Monday 16th - Friday 20th June**

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Year 10 Mock NEA **Monday 16th June - Thursday 19th June**

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Year 9, 10 & 12 Internal Exams **Monday 23rd - Friday 27th June**

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FA Spain Trip **Saturday 21st - Friday 27th June**

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Year 13 Prom **Friday 27th June**

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Year 8 HPV Vaccinations **Monday 31st - Tuesday 1st July**

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Sports Personality of the Year Assembly **Wednesday 2nd July**

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Sports Day **Friday 4th July**

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Year 11 Prom **Friday 4th July**

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End of Year Prizegiving **Thursday 10th July**

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Fare / Last Day of Term **Friday 18th July**



# Easy Fundraising Initiative

## Supporting our Schools Together

The Howard Academy Trust has launched a new fundraising initiative to benefit all schools within the Trust, including The Abbey School. The Easy Fundraising platform provides an effortless way for parents, carers, staff, and the wider community to raise funds simply by shopping with participating retailers.

Getting involved is easy:

Visit the Easy Fundraising page for The Abbey School:

<https://www.easyfundraising.org.uk/causes/the-abbey-school-faversham/>  
or click the QR code below.



Register and select The Abbey School as your cause.  
Shop as usual with participating retailers, and donations will be made automatically.

We would also greatly appreciate your help in spreading the word about this initiative to your networks. Every contribution, no matter how small, makes a real difference across the Trust.

If you have any questions about this initiative, please visit the link below which will take you to a FAQ page.





# HIRE OUR FACILITIES

CLICK THE QR CODE TO BOOK NOW!



## Consideration In The Community

Most of you are wonderful ambassadors of the school through your kind and considerate actions towards others in our local community, especially when travelling to and from school.

Remember its **not fair** for anyone to be allowed to deliberately make life miserable for others. **We will never tolerate nasty behaviour or bullying towards those in our school community.** Always ask an adult for help if you are being treated unkindly or if you feel frustrated about the ways others are treating you.

### DO

**Move aside** on the pavement to allow to use it.

**Speak using appropriate tone and at a sensible level** to those you are with, using language that is not offensive or swearing.

**Cross roads safely**, using the bridge to navigate the A2 and by looking up and checking the traffic for all other streets where there are no pedestrian crossing facilities

### DO NOT

**Monopolise the whole pavement** space by walking in a group forcing elderly, those with prams or indeed anyone from the community into the road.

**Shriek, shout, threaten or swear to those around you**, be they friends, members of the public or students who attend other schools - this is intimidating behaviour brings our school into disrepute and this will be followed up and dealt with.

**Run across the A2**, this is a busy road with TWO speed cameras on it for a reason - the number of accidents. DO NOT become a statistic (injured or worse). Do not walk out directly in front of cars and expect them to stop.



Please click on what year group you are in below to access all of the Knowledge Organisers for Term 6!

Year 7



Year 8



Year 9



Year 10





# STARS OF THE WEEK

Well done to our Stars of the Week for w/c 9<sup>th</sup> June 2025!

KEEP UP THE AMAZING WORK!



Charlie G  
Year 9  
97HP



Ellie-May A  
Year 10  
30HP



Callum B  
Year 7  
103HP



Ralph W  
Year 7  
39HP

## #WAKE UP WEDNESDAY

## Celebrating Your Achievements



Email us your child's achievement  
[info@abbeyschoolfaversham.co.uk](mailto:info@abbeyschoolfaversham.co.uk)

IN CASE YOU MISSED IT,  
CLICK HERE TO SEE OUR PREVIOUS  
**NEWSLETTER!**



## Staggered Dismissal Times

Staggered dismissal times have now been replaced with afternoon line up on the playground. Each year will then be dismissed one at a time in no particular order. In the event of wet weather, afternoon line up will be cancelled and we will revert to dismissing each year group one at a time from their classrooms.



# NO EXCUSE FOR ABUSE

At The Abbey School, we strive to create a **safe and secure** environment for the school community. Our school is a **welcoming and inclusive place** where we all show one another respect and look out for each other.

We will not tolerate any **threatening, abusive or violent** behaviour and action will be taken when necessary.







The Abbey School  
Faversham  
Kent  
ME13 8RZ

[www.theabbey-that.org.uk](http://www.theabbey-that.org.uk)

[info@abbeyschoolfaversham.co.uk](mailto:info@abbeyschoolfaversham.co.uk)

01795 532733



Attendance Office

01795 542477

[attendance@abbeyschoolfaversham.co.uk](mailto:attendance@abbeyschoolfaversham.co.uk)

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